GSU View, 2014-08-18

Office of Marketing and Communications

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Friday is Trans4mation Day

It’s all coming together. Years of planning and Big Ideas are taking shape. This Friday, August 22, Governors State becomes a four year university.

Between now and a week from Friday there are some key dates you don’t want to miss:

Aug. 21  Transfer/Grad. student orientation*  noon – 5 p.m.
Aug. 21  New international student seminar*  9 – 11:30 a.m.

TRANS4MATION DAY – AUGUST 22

Final freshman orientation  9 a.m. – noon
Dual Degree Program BBQ**  11:30 a.m. – 12:45 p.m.
President’s Lunch for freshmen and their families  11:30 a.m. – 12:45 p.m.
Ice Cream Social  1 p.m.
Convocation  2 – 3:30 p.m.
Prairie Place ribbon cutting and reception  4:15 – 5:15 p.m.

*students only
**invitation only

Library Nearing Completion

The GSU Library is in the final phase of construction. As you walk by the library on the second floor of the D Building, you will see that the glass floor-to-ceiling windows have been installed, and there are large desks for the future information, research and circulation areas in place.

"This is a very exciting time for the GSU Library," said Lydia Morrow Ruetten, Dean of the GSU Library. "With new group study rooms that are fully equipped with technology, a small training room, recharging station, comfortable new furniture and much more, the library will be a great place to study, collaborate..."
about projects and relax. There is more to go and it is likely that from time to time some of the library services might not be available. We ask for your patience and understanding and look forward to our grand opening very soon. Please feel free to contact me with any questions, concerns or requests. I can be reached at lruetten@govst.edu”, she said.

Professor Kresse Provides Help in the Face of Hacking

Last week's compromise of Jewel-Osco customer credit card information was one more in a growing number of threats to our online security. Fortunately for all of Chicagoland, GSU Professor William Kresse is on the case. As a nationally recognized expert on fraud and identity theft, he has become the "go to" advisor for regional media. Visit these URLs to watch his interviews – and then be sure to follow his advice to protect your information.

- WBBM-TV
- WMAQ-TV

GSU Road Construction Update
MAIN ROAD
The contractor has finished the majority of the main road construction, but there will still be intermittent single-lane closures to complete necessary work.

INNER ROAD IMPROVEMENTS (near GMT building & West Lots 1&2)
Beginning today, this area will have intermittent closures for three days. Access to C entry accessible parking will be maintained, but only from the east.

A NORTH ENTRY
Sidewalks are being poured this week with asphalt to be installed next week. Door replacement will also occur at that time. We are anticipating a re-opening of the area on Monday, August 25th, if weather cooperates with the construction schedule.

GRANTS OFFICE / ALUMNI PATH
Substantial work has yet to be done. Parking and pedestrian travel will continue to be significantly affected.

You may notice some asphalt odor as paving comes closer to the main building. Please use patience and extra caution when traversing on campus. For further information, please contact Facilities Development & Management at Ext. 4515.

Fore! Scholarships
GSU Foundation's Scholarship Scramble is September 7th
Calling all golfers, and those who prefer to watch from the gallery – the GSU Foundation's Scholarship Scramble Golf Outing is rapidly approaching! Join us at University Golf Club on Sunday, September 7th for a day of supporting, networking and enjoying! Proceeds from the Scholarship Scramble will provide merit and financial need scholarships to deserving GSU undergrads. Golf will be followed by a dinner buffet and awards presentations, including the Dave Drechsel Award to the member of the GSU Golf League with the most outstanding score for the league season. Then break open your piggy bank for the chance to win some fabulous raffle prizes:

- 2 roundtrip airline tickets anywhere Southwest Airlines flies
- An overnight stay and dinner at the Hyatt Regency Chicago
- A foursome at Crystal Tree Country Club
- 2 weekly admission passes to the 115th U.S. Amateur Championship at Olympia Fields Country Club
- and much more!

$120/individual golfer (tax deductible portion - $37)
$480/foursome (tax deductible portion - $148)
$50/person – dinner only (tax deductible portion - $7)

Details and registration form at [www.govst.edu/golfouting](http://www.govst.edu/golfouting). Or secure your spot by calling Gina Ragland at extension 7559.

**Welcome Mat is out at the Academic Resource Center**

The staff at the GSU Academic Resource Center has grown by two.

Amy Comparon comes to GSU from Calumet College of St. Joseph, IN where she was the Director of Academic Support Programs. In her 14 years of experience in higher education, she has worked in many facets such as Enrollment, Teaching, Academic Support and Retention. At GSU she is the Director of Tutoring and Academic Support. Amy earned a B.A. in English from Calumet College of St. Joseph and a M.A. in English from Governors State University.

Emily Petkus is a Licensed Clinical Professional Counselor and comes to GSU from the Bolingbrook...
area, where she worked with a community mental health agency and the local school district. There she helped build the Alternative to Suspension program for at-risk middle and high school students. She was also part of a grant-funded program to provide counseling and career services for underemployed and unemployed adults in Will County who were survivors of domestic violence and sexual assault. Emily is now the Counseling Center’s clinical mental health counselor and looks forward to serving the growing GSU community. Emily attended Lewis University where she earned her undergraduate degree in Psychology and her Master's degree in Counseling Psychology; she is also working toward her Doctorate in Counselor Education and Supervision.

**Know Someone in Distress?**

As another academic year begins and the GSU community comes alive with both fresh and familiar faces, changes are sure to come our way. With a growing student population and ever-diverse community come unexpected and sometimes sensitive student issues that faculty and staff might not feel confident addressing. The Counseling Center has created a quick reference guide for all who interact with students. This handbook is an introductory tool to provide support and information to assist faculty and staff to decide if, when and how to intervene with a student in apparent distress. Below you will find a link to the e-book version of the "Helping Students in Distress" handbook.

If you need assistance or support with challenging issues that may arise throughout the school year, the professionals in The Counseling Center (located in The Academic Resource Center B1215) are always
Student Employment Job Fair

August 27 – 3 to 6 p.m.
Hall of Governors
Earn While You Learn. Don't miss the chance to meet on-campus and off-campus employers, interview, network and find student employment or a federal work-study job*. You'll find all of that and more at the Job Fair on Wednesday, August 27.

For more information, call 708.534.4480
Please bring your GSU myONECARD (required) and resumes (highly recommended).
Sponsored by the GSU Office of Financial Aid and Office of Career Services

*The Federal Work-Study program provides opportunities for students to work part time to assist with education costs.

Get Ready to Get Fit

It's time to sign up for your favorite fitness or swim program. GSU students and children have priority registration until August 22. The open registration for the public will be Aug. 25 – 30.

Fall 2014 FITNESS PROGRAMS

The Total Water Exercise Class
Days: Monday – Friday
Time: 10:00 a.m. – 11:00 a.m.
Dates: September 2 – November 21, 2014
Fee: $25.00
Description: Tired of the same old boring routine? Then this is the exercise class for you! Everything from stretching, toning, resistance, cardiovascular and flexibility are incorporated in this water based program.

**Chi Waves**  
Days: Wednesday  
Time: 11:15 a.m. – 12:00 p.m.  
Dates: September 3 – November 19, 2014  
Fee: $15.00  
Description: Chi Waves utilizes water buoyancy to assist balance. Deep breathing and stretching will be incorporated as well as Tai Chi, Yoga and various dance style moves. Float on in.

**Zumba**  
Days: Tuesday and Thursday  
Time: 5:30 p.m. – 6:30 p.m.  
Dates: September 2 – November 20, 2014  
Fee: $10 GSU Student. $40 Recreation and Fitness Center Member. $100 Non-Member.  
Description: Are you ready to dance away those unwanted pounds? Zumba involves dance and aerobic elements and is at the leading edge of the fitness industry. Getting fit has never been this much fun!

**Personal Fitness Training**  
Days, times and dates must be scheduled through the Recreation and Fitness Center sales office.  
Fee: $100 for 5 hours of instruction.  
Description: Personal Training offers one on one instruction with a certified personal trainer. Our trainers will customize a fitness program specifically for your individualized goals and guide and motivate you to success.

**Nutrition and Personal Training**  
Days, times and dates must be scheduled through the Recreation and Fitness Center sales office.  
Fee: $100 for 5 hours of instruction.  
Description: Personal Training offers one on one instruction with a certified personal trainer. In addition, the trainer will help you understand how fitness, proper nutrition with expert guidance can help you reach your goals.

*All class sizes are limited.*
Register at the Recreation and Fitness Center Sales office (A1106) or call Ext. 4556 for more information.

Fall 2014 SWIM INSTRUCTION PROGRAMS
August 30 – November 15, 2014

The goal of these classes is to help you develop you aquatic potential and enjoyment while absorbing the principles of swimming technique and water safety. You’ll learn about safety and rescue skills at each class level.

**Child-Beginner 1**
Day: Saturday  
Time: 9:45 a.m. - 10:30 a.m.  
Fee: $20 GSU Student. $25 Recreation and Fitness Center Member. $60 Non-Member. Course includes 12 sessions.  
Description: The beginner child course is intended to teach basic swimming and safety skills for children under the age of sixteen who have little or no swimming ability.

**Child-Beginner 2**
Day: Saturday  
Time: 11:00 a.m. - 11:40 a.m.  
Fee: $20 GSU Student. $25 Recreation and Fitness Center Member. $60 Non-Member. Course includes 12 sessions.  
Description: The beginner child course is intended to teach basic swimming and safety skills for children under the age of sixteen who have little or no swimming ability.

**Child-Beginner 3**
Day: Saturday  
Time: 11:40 a.m.-12:20 p.m.  
Fee: $20 GSU Student. $25 Recreation and Fitness Center Member. $60 Non-Member. Course includes 12 sessions.  
Description: The interim child swim course teaches water competency and stroke refinement to students with basic swimming skills.
Child-Advanced
Day: Saturday
Time: 12:20 p.m. - 1:00 p.m.
Fee: $20 GSU Student. $25 Recreation and Fitness Center Member. $60 Non-Member. Course includes 12 sessions.
Description: The advanced child swim program develops solid swimming mechanics as well as introduces Jr. lifeguarding skills to students with competent swimming abilities.

Adult level 1
Day: Saturday
Time: 9:00 a.m. - 9:45 a.m.
Fee: $20 GSU Student. $25 Recreation and Fitness Center Member. Course includes 12 sessions.
Description: Adult level 1 is a beginner adult swim program. This course teaches basic swimming skills to adults with little or no swimming ability.

All class sizes are limited.
Register at the Recreation and Fitness Center Sales office (A1106) or call Ext. 4556 for more information.

All courses are restricted to GSU students and Recreation and Fitness Center members, unless otherwise noted.
Current GSU students receive a $5 discount per fee based course unless otherwise noted.

GSU Faculty Member Published

Dr. Mary Bruce, Associate Professor of Public Administration, is the author of an article appearing in the Illinois Political Science Review. In "Training for Disaster Management" Bruce discusses a topic important to OEM and Tier One companies that require supply chain and key suppliers to have such plans in documented procedures. To read the full article visit http://castle.eiu.edu/ipsa/IPSRI20Fall%202013.pdf