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**GUIDE Lines** 

College of Health and Human Services

Spring 4-2020

#### GUIDE Lines Vol. II, Issue 2 - April 2020

College of Health and Human Services

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## **Governors State University**



# **GUIDE Lines**

## **Advancing Health Equity in the Southlands**

Vol. II, Issue 2

#### **APRIL 2020**

#### **ANNOUNCEMENTS**

As all of us contend with the unprecedented consequences of the COVID-19 pandemic, for information that you need, such as how to stay healthy, what to do if you get sick, and ways you can find and give help during this this pandemic please visit the Centers for Disease Control and Prevention (CDC) website <a href="https://www.cdc.gov/coronavirus/2019-ncov/index.html">https://www.cdc.gov/coronavirus/2019-ncov/index.html</a> or call 1-800-232-4636.

Illinois Action for Children has a website that assists essential workers with finding emergency childcare services: <a href="http://covid19.actforchildren.org/essential-workers/finding-child-care">http://covid19.actforchildren.org/essential-workers/finding-child-care</a> There is additional information for child care providers as well as state, local and national policy and advocacy information on the main page of the site as well: <a href="http://covid19.actforchildren.org/home">http://covid19.actforchildren.org/home</a>

#### Virtual Services Offered by GSU Counseling and Wellness Center

COVID-19 is a stressful experience for us all. Many of us are struggling to adjust to the daily changes and challenges we are faced with during the crisis. If you or a peer need support please contact GSU's Counseling and Wellness Center to explore virtual options at (708) 235-7334.

GSU Research Day scheduled on April 3, 2020 was cancelled.

**April is National** Minority Health Month External. Learn what you, your family, and community can do to get active and stay healthy.

**GSU GUIDE Fellows** – That you should know and what are they up to now!

**Richa Patel,** GSU alumna, and former GUIDE Summer Research Fellow, was recently admitted to medical school. She shares about her GUIDE experience:

"My goal, from ever since I can remember, is to become a physician. I was aware of my goal before I started my undergraduate studies at Governors State University (GSU) and it became my motivation in designing my own path towards medical school. GUIDE internship was an important step in this path. It exposed me to various research methods and what roles they play in public health, provided amazing opportunities for networking, and helped me improve my leadership skills that were crucial in advocating for and establishing Pre-Health Club at GSU. Overall, GUIDE internship was a great opportunity that brought me closer to my goal of becoming a physician. My advice to future GUIDE fellows would be to be open-minded and be willing to learn. This internship, set up by amazing and talented people, provides great opportunity for networking and to hone your communication and leadership skills so I highly advise participating in this internship if you are able to!"

#### Gone, but not forgotten!

*Dr. DeLawnia Comer-HaGans* is now working as a Policy Analyst at the Texas Department of Health. "In my new role, I've been working to develop a health equity vision for our agency. I'm also still working with colleagues to write manuscripts focused on health disparities. The first 2 articles listed below are my first 2 publications related to the RWJF grant that I received (2015-2017). Please let me know if you need any additional information."

**Comer-HaGans, D**, Austin, S, Ramamonjiarivelo, Z, Matthews, AK. (2020). Diabetes Standard of Care among Individuals who have Diabetes with and without Cognitive Limitation Disabilities. *The Diabetes Educator*, 46(1):84-107.

**Comer-HaGans, D**, Weller, BE, Story, C, Holton, J. (2020). Developmental Stages & Estimated Prevalence of Coexisting Mental Health and Neurodevelopmental Conditions and Service Use in Youth with Intellectual Disabilities, 2011-2012. *Journal of Intellectual Disability Research*, 64(3):185-196.

Sherman, LD, **Comer-HaGans, D,** Pattin, AJ. Experiences with Stress among African American Men Living with Type 2 Diabetes: A Qualitative Inquiry. *In press.* 

### **CONGRATULATION MESSAGE**

On behalf of GUIDE, we would like to congratulate Nadia Barerra on being selected as a new Schweitzer Fellowship Graduate Student. We acknowledge her on her significant and well-deserved achievement. Wishing her success in her professional life as a leader in service and improving the health and well-being of under- served Chicago communities. We will share more of her success story in the May 2020 newsletter.

#### **UPCOMING WEBINARS**

#### Register for this webinar

In this third installment of the *Perspectives on Cancer and Aging: Arti Hurria Memorial Webinar Series*, Dr. Luigi Ferrucci of the National Institute on Aging will discuss the connection between the biological and phenotypic markers of aging, and Dr. Morgan Levine of the Yale School of Medicine will discuss findings related to DNA methylation profiles in aging and disease. Please submit questions in advance to <a href="https://www.ncip.edu.nih.gov">NCIDCCPSAgingWebinar@mail.nih.gov</a>.

**Date: April 9, 2020** 

Time: Noon - 1 p.m. EDT

#### **FUNDING OPPORTUNITIES**

University Research Grants

Please find below the links to the ARCC seed grants:

https://www.feinberg.northwestern.edu/sites/cch/funding/seed-grants/arcc/index.html

https://www.feinberg.northwestern.edu/sites/cch/funding/seed-grants/arcc/arcc-2020-seedgrant-rfa--pd-cycle-2.pdf

## Send your announcements for next month's issue to:

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