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GUIDE Lines

College of Health and Human Services

Fall 9-2020

GUIDE Lines Vol. II, Issue 6 - September 2020

College of Health and Human Services

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Recommended Citation

College of Health and Human Services, "GUIDE Lines Vol. II, Issue 6 - September 2020" (2020). *GUIDE Lines*. 17.

https://opus.govst.edu/chhs_guidelines/17

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GUIDE Lines

Advancing Health Equity in the Southlands

Vol. II, Issue 6

September 2020



“The summer ended. Day by day, and taking its time, the summer ended. The noises in the street began to change, diminish, voices became fewer, the music sparse. Daily, blocks and blocks of children were spirited away. Grownups retreated from the streets, into the houses. Adolescents moved from the sidewalk to the stoop to the hallway to the stairs, and rooftops were abandoned. Such trees as there were allowed their leaves to fall - they fell unnoticed - seeming to promise, not without bitterness, to endure another year. At night, from a distance, the parks and playgrounds seemed inhabited by fireflies, and the night came sooner, inched in closer, fell with a greater weight. The sound of the alarm clock conquered the sound of the tambourine, the houses put on their winter faces. The houses stared down a bitter landscape, seeming, not without bitterness, to have resolved to endure another year.”

— James Baldwin, [Just Above My Head](#)



In this month's newsletter you will find:

- **Announcements**
- **September National Health Observances**
- **Individuals Recognitions**
- **Events**
- **Grant opportunities**
- **How to share your stories**

A new podcast from the Center for Community Media In partnership

with the College of Health and Human Services



The Southland Health and Wellness Hour

The Southland Health and Wellness Hour is not the traditional health and wellness podcast nor is it intended to provide medical advice. This is a community-engaged podcast for residents of south Chicago and the Chicago Southland, where individual and community stories and situations serve as a foundation for a discussion. This is where we can begin to address unanswered questions about health inequities and concerns, and where we might find possible solutions to these issues. Hosted by Tonya Roberson, Director of Community Outreach and Program Development, this biweekly culturally tailored podcast breaks down health and wellness information, demystifies science concepts, connects Southland community talk to actionable community resources, and weaves together an inspirational listening experience. The first episode will be aired on Monday, October 5, 2020.

GSU Offers It's 4th Cohort of Contact Tracing Certification Course

Governors State University is offering a new certificate program in response to the COVID 19 pandemic: COVID-19- Contact Tracing: Changing the face of the Public Health Workforce.

The effects of COVID-19 on the health of racial and ethnic minority groups is still emerging. This unique and innovative investigation course was developed by a multi-disciplinary team of Public Health Experts with over 70 years of experience in providing assistance to the underserved population. It is vital to provide training to a workforce of individuals to deal with this population because it takes a special skill. The first day of class begins Oct 12th with a registration fee of \$265. CEDA is offering grants for those students who meet income requirements. Upon verification of your completion of the course you will receive a certificate of completion from Governor's State University. Additionally, the University of Illinois Chicago Great Lakes Center is offering 20 hours continuing education credits for the COVID – 19 CONTACT TRACING online course in conjunction with Project Brotherhood and Governors State University. Below is the link to registration:

<https://www.enrole.com/govst/jsp/session.jsp?sessionId=PU20CITCO&courseId=CTIC&categoryId=10009>



APHA 2020
ANNUAL MEETING & EXPO
SAN FRANCISCO • OCT. 24 – 28

The APHA Annual Meeting is just six weeks away. The abstract entitled: Organizational alliances: Increasing the capacity of a minority serving institution (MSI) to conduct cancer disparities research through a community-engaged approach, that was submitted to the [APHA 2020 Annual Meeting](#) by members of the GUIDE has been accepted and will be presented in the **Session Title:** Novel Efforts to

Improve the Health Status of African Americans on **Session Date/Time:** Tuesday, October 27, 2020, 12:00 p.m.

COVID-19 UPDATES - Testing Facilities

As our state is now in Phase 4 of the Restore Illinois plan, we anticipate less frequent updates and new guidelines. Since we can't connect in person, we would like to now provide monthly updates. There are many COVID-19 testing facilities located throughout the Chicago Southland region. To view a map, list of facilities and testing requirements, please click [here](#).

UNIVERSITY OF CHICAGO

Participate in COVID-19 Vaccine and Prevention Research

The Registry is free and open to all participants, whether you:

- Have tested positive or negative for COVID-19
- Think you may have or had COVID-19
- Have never had COVID-19 or symptoms

Join in minutes using our secure form. Opt-out at any time.

[Join the Registry](#)

<http://covidvaccinestudies.uchicago.edu/>

[Learn more](#)

PSA- Public Service Announcement

COVID-19 | Donate Blood Plasma and Help Save Lives | Dr. Hahn

I'm Dr. Steve Hahn, Commissioner of Food and Drugs. If you have recovered from COVID-19, confirmed by a positive test, you're in a special position to help us fight the virus. Your plasma has antibodies that may help others fight COVID. Please donate plasma now. You can literally help save lives. There are locations across the country that have safe ways for you to donate. Find a site to donate your plasma at coronavirus.gov.

September is National Childhood Obesity Month

According to Center for Disease Control and Prevention (CDC), September is National Childhood Obesity Month. CDC strives to raise awareness of the prevalence and the risks of childhood obesity every September. About 19% of children in US have obesity. Childhood obesity increases the risk for having other chronic diseases like asthma, sleep apnea, bone/joint problems and type 2 diabetes. These children

are also said to be more at risk for high blood pressure and high cholesterol, not to mention the mental toll from bullying, social isolation which lead to lower self-esteem and depression.

Childhood obesity can be impacted by many factors, hereditary and environmental, such as diet, lack of exercise, lack of sleep, genetics, family/home environment, and community/social factors. Everyone has a role to play to address this issue and it can start from home. Parents/caregivers can monitor children's diet to ensure it is nutritious with adequate fruits and vegetables and reduced sugars and solid fats. Physical activity should be encouraged, which can improve physical health and regulate sleeping habits. Controlling the use of electronic devices can help improve sleep habits as well. At the community and government level, neighborhoods should have adequate parks, trails, and community centers for physical activity. Policies promoting healthy eating, physical exercise and reduced use of electronic devices should be adopted. If everyone takes active measures to do their part, the issue of childhood obesity can be tackled and/or prevented more effectively.

For more information, visit [here](#).

Individual Recognition

Janice A. Knox

We want to give a special thanks to our Community volunteer, Ms. Janice A. Knox for all of your help and support during the summer pandemic months. Thanks for helping to pass out PPE, administering surveys, recruitment for special activities and much more. Ms. Knox is the Mobile Unit Coordinator in the Institute of Population and Precision Health (IPPH) at the University of Chicago. She is responsible for procuring, managing community relationships & securing locations for University two mobile units and team to conduct site visits for completion of research study activities.

Events

APHA 2020 — Creating the Healthiest Nation: Preventing Violence

The APHA Annual Meeting and Expo is the largest and most influential yearly gathering of public health professionals, bringing the public health community together to experience robust scientific programming, networking, social events, poster sessions and more. Save on Registration Fees - Register before Oct. 13 to save up to \$59 (savings vary by membership category). You **must be registered** to access live and on-demand sessions on the Virtual Meeting Platform. [Register now to save.](#)

Grant Opportunities

[Basic Cancer Research in Cancer Health Disparities \(R01 Clinical Trial Not Allowed\)](#)

Due Dates: November 19, 2020, February 8, 2021

[Exploratory/Developmental Grants Program for Basic Cancer Research in Cancer Health Disparities \(R21 Clinical Trial Not Allowed\)](#)

[Dr. Tiffany Wallace](#)
240-276-5114

Due Dates: November 19, 2020, February 18, 2021

Supports basic research pilot and feasibility studies on the biological/genetic causes and mechanisms of cancer health disparities.

[Dr. Tiffany Wallace](#)
240-276-5114

Supports basic research innovative studies designed to investigate biological/genetic bases of cancer disparities.

*Note: Early-stage investigators who receive an R01 award are eligible to have their grant transitioned to an R37 award and, as a result, have the opportunity to have their funding extended by up to two years. Learn more about the [R37 award](#).

[Exploratory Grant Award to Promote Workforce Diversity in Basic Cancer Research \(R21\)](#)

[Dr. John Ojeifo](#)
(240) 276-6186

Due Dates: November 19,2020

Supports eligible investigators from underrepresented groups to conduct research projects focused on the basic biology of cancer.

- [Fact Sheet](#)

[Feasibility and Planning Studies for Development of Specialized Programs of Research Excellence \(SPOREs\) to](#)

Due Dates: October 18, 2020

Supports feasibility and planning activities to develop translational research programs focused on cancer health disparities research with the

[Investigate Cancer Health Disparities \(P20 Clinical Trial Optional\)](#)

[Dr. Tiffany Wallace](#)
240-276-5114

[Download Technical Assistance Webinar Slides](#)

expectation that the research programs will become competitive for a full [Specialized Programs of Research Excellence \(SPORE\)](#) award.

Send your announcements for next month's issue to:

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