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Marketing and Communications

8-14-2020

Governors State Supports Students with SNAP Benefits During COVID

Office of Marketing and Communications

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University Park, IL, August 14, 2020

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CONNECTING STUDENTS TO SUPPORT SERVICES

Governors State University (GSU)

now partners with mRelief to provide a screening tool to help students determine if they are eligible for SNAP benefits in as little as 10 minutes.

mRelief is a Chicago-based nonprofit that helps connect students to food resources such as SNAP benefits (also known as food stamps) through an easy-to-use platform on text, web, and voice.

Additionally, to help families during the COVID-19 pandemic, the Pritzker administration has extended the deadline to apply for nutrition benefits to August 31, 2020.

Under SNAP, households can receive up to \$342 per eligible school-aged student. To learn more about the P-EBT program, visit the <u>Illinois Department of Human Services</u> website.

GSU Students can learn more about mRelief and/or find out if they are eligible to receive SNAP benefits by visiting www.govst.edu/mrelief or one of the following GSU websites:

- GSU4U Student Assistance website
- GSU Food Pantry website

"We hope this resource is a useful tool in addressing the holistic needs of our students," said Kelly Grab, Director of Community Standards and Student Advocacy.

For more information about P-EBT and other resources available to assist students, visit the <u>GSU4U website</u>. Please check back regularly, as new resources are added frequently.