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GSU View

University Newsletters

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Office of Public Affairs

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## News and Events

### **Free Depression Screening**

As part of National Depression Screening Week, the Academic Resource Center's Counseling Center will host informal seminars, provide information, and offer free, confidential depression screening. All Depression Screening Week events and services are free and open to the public.

Free depression screening is available from October 6 through 9, in the Academic Resource Center, B1215. The screening involves completing a brief questionnaire and a conversation with a mental health professional. The questionnaire results are anonymous and confidential. The mental health professional will offer next step suggestions if they are warranted.

In addition, information about depression will be available on October 6 through 8, from noon to 4:30, in the Hall of Governors.

The Center will also offer seminars on mental health conditions, in room B1215. On October 6, from 6 to 7 p.m., the discussion will be on Bipolar Disorder. On October 7, from 6 to 7 p.m., the topic will be Generalized Anxiety Disorder. And on October 8, from 5 to 6 p.m., the seminar will be on Post-Traumatic Stress Disorder.

For more information, contact [Tamekia Scott](#) at 773.235.2228.

### **Online Education - In Person Workshop**

As part of GSU's continued faculty development, the first of several hands-on technology workshops, *Teaching with Tech Workshop 1: Customizing Your Course*, will be held on October 8, from 10:30 a.m. to noon, in room D2438.

The workshop is specifically designed for faculty new to the Blackboard CE-6 interface. This session will introduce the CE-6 tools available for use in your web-enhanced course. During this workshop you will learn how to customize the course home page and make your syllabus available online for your students.

To register contact [Barbara Mandel](#) at ext 4940.

This workshop will be offered again on Thursday, November 6, from 1:30 to 3 p.m., in room D2438 and Friday, December 5, from 10:30 a.m. to 12 p.m., in room D2438.

### **Brother to Brother**

Brother to Brother will meet on Thursday, October 9, from 2 to 4 p.m. in Engbretson Hall. The guest speaker is Dr. "Gebe" Ejigu, Executive Vice President of GSU. Everyone is welcome.

For more information about Brother to Brother, contact Dr. Rupert Evans at x 2131.

### **Get Shot, Not the Flu**

Employees and retirees of GSU or the State of Illinois, who are enrolled in either the Quality Care Health Plan (QCHP) administered by Cigna or a managed care plan (HMO), are eligible to receive an annual free flu shot. Flu shots will be available on Tuesday, December 2, from 9 a.m. to 1 p.m., in the Center for Performing Arts lobby. No appointment is needed.

Employees are required to show verification of employment (GSU or State ID Card) and their health (medical) insurance card from Cigna or the HMO. Retirees are required to show their health (medical) insurance card from Cigna or the HMO and another form of identification.

Dependents, spouses, students, and contractual workers (employed by an outside employer and not GSU) are not eligible for this annual free flu shot.

### **Conflict Mediation Workshop**

A three-day Conflict Mediation Workshop will be offered at GSU for everyone who works with youth in the home, at school, and in the community. The workshop will help develop the skills and strategies needed to implement and apply conflict mediation and restorative justice practices.

Workshop instructor, Dr. Jane Nicholson, presents the process of peaceful problem resolution to be applied in a variety of settings utilizing circle training and peer jury components.

The workshop is on Saturdays, October 25 and November 1 and 8, from 8:30 a.m. to 4 p.m. Lunch is included. There is a limit of 50 participants. The registration fee is \$250 or GSU tuition and fees for two credit hours.

Sponsors of the workshop include the Metropolitan Institute for Leadership in Education (MILE), the College of Arts and Sciences, and the School of Extended Learning. For more information or to register, call (800) 478-8478, ext. 6979.

## **Friends of the Library Website**

With so many events, from a bake sale to a silent auction, the Friends of the GSU Library would like to direct everyone's attention to the Friends' website ([www.govst.edu/library/friends](http://www.govst.edu/library/friends)). Information about future and past meetings, volunteer opportunities, and a list of items to be sold at the silent auction is available. The auction is scheduled for Wednesday, October 15 from noon to 7 p.m. in the Hall of Governors. Get a look at items early on the website so you are prepared to make the winning bid.

## **Shop for the Holidays**

The Civil Service Senate is sponsoring a Holiday Shopping Fair on November 19 and 20, from 10 a.m. to 7 p.m., in the Hall of Governors. All proceeds from this event are used for the Civil Service Senate Educational Assistance Fund. The event is free and open to the public.

Vendors are also needed for the fair. Fees are \$33 for one table, \$53 for two, and \$73 for three. The selling of any and all goods suspected of copyright restriction violations are strictly prohibited.

For more information or to register, contact Blondia Jasper at 708.534.4360.

