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GSU View

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News and Events

Emotional Wellness Workshop

While we may take a vitamin a day, try to eat a balanced meal, and get some exercise, taking care of our emotional health often takes a back seat to the demands of daily living.

To address this tendency, and in recognition of Emotional Wellness Month in October, the College of Arts and Sciences is sponsoring an Emotional Wellness Workshop on October 28, from 5 to 7 p.m., in E-Lounge at GSU. The workshop will be led by Dr. Sharon Hudson, adjunct faculty in communications.

Workshop topics include nurturing a positive attitude, reducing stress, balancing work and family life, and relaxation, laughter, and fun.

The workshop is free and open to the public. For more information, contact [Sheree Sanderson](#) at x3956.

Election Day is Nigh

A Community Forum on the 2008 Election will be held on Tuesday, October 28, from 2 to 4:30 p.m., in the Hall of Honors. The goal of the forum is to empower the community and provide an opportunity to voice concerns about the issues facing the country and to share. The focus will be issues and not candidates.

A panel of four faculty members will begin the event with brief overviews of the major issues of the election. The panelists include Prof. Larry Levinson (Political and Justice Studies), Prof. Donald Culverson (Political and Justice Studies), Prof. Chelsea Haring (Political and Justice Studies), and Prof. Anthony Andrews (Business and Health Administration).

An open microphone will be available for community members to participate in the discussion. Everyone is welcome.

Harrowing Halloween Happening

The Civil Service Senate and Student Life invite students, staff, and faculty to the Second Annual Halloween Bash on Friday, October 31, from 1 to 3 p.m., in the Cafeteria Annex. The bash includes refreshments while they last. Come in costume, enter a decorated pumpkin in the contest, decipher the word scrambles, or be frightened by a ghost story or two. You might even win a prize.

Student Demographics

According to a new ruling by the U.S. Department of Education, all institutions of higher education must report differently on student demographics, specifically race/ethnicity information, starting with students in the graduating class of Spring/Summer 2008. One of the primary reasons for this new ruling is to allow people to indicate that they belong to more than one racial or ethnic group. Another reason is to enable better identification of persons of Hispanic or Latino heritage.

To comply with this ruling, faculty will receive paper questionnaires to be completed by students currently enrolled in Fall 2008 courses. Faculty are asked to assist in the distribution and collection of these questionnaires before the end of the trimester.

This will be the only time faculty will be asked to assist in this process. In future, questionnaires will be presented to students electronically during registration.

For more information, contact [Linda Buyer](#) at x 4991.

Two Sculptures Discussed

NMSP director and curator Geoff Bates will present an informal, lively half-hour discussion comparing and contrasting two of the sculptures in the Nathan Manilow Sculpture Park, on November 4, at 12:30 p.m. and again at 3:45 p.m., in room D-1497.

The discussion of Clement Meadmore's *Spiral*, and James Brenner's *Passage* involves no walking or prior knowledge. Bring lunch or a snack, enjoy the conversation, and learn about the artwork that surrounds GSU.

The full schedule of Two for Tuesday topics and other sculpture park events can be found [online](#).

Enjoy the Taste of BSU

The Taste of BSU embodies the essence of African American culture, struggle, and spirituality. The main ingredient is "soul," which is the most important characteristic of all dishes. Get ready to let your taste buds savor flavor enhanced with culture.

BSU caters to the soul experience with delicious sweets, slammin' side dishes, and, of course, slowly cooked meats - prepared with love. The Taste of BSU will be on Wednesday, November 12, from noon to 4 p.m., in the cafeteria annex. For more information, call x 3969.



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