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Student Services

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Free Jazz Concert

On Thursday, February 3, 1977, at Governors State University, the College of Cultural Studies - Music Department will present a "FREE JAZZ CONCERT" under the direction of Dr. Warrick L. Carter. The Recital Hall will be opened and filled with sounds starting at 7:30 p.m. All are invited to attend and bring a friend or two.

Guatemalan Earthquake Revisited

Guatemala - Governors State University's Project Guatemala will present its first comprehensive media exhibit on the aftermath of the devastating Guatemalan earthquakes, in Freedom Hall, 410 Lakewood, Park Forest on Friday, February 4.

"Guatemalan Earthquake in Retrospect" will be a special program a year after the first quake that shook the Central American country to its core in the worst natural disaster in Central American history. Featured will be slide-tape presentations, a photography exhibit, video displays, and an American doctor who has become world famous for his work over the last fifteen years in the highland areas of Guatemala.

Dr. Carroll Behrhorst will be introduced by GSU's new President, Dr. Leo Goodman-Malamuth II during a program in Freedom Hall's Nathan Manlow Theater at 8 p.m. A slide-tape presentation dramatizing the effects of the earthquake will be part of the program. Other exhibits will be on display beginning at 6 p.m. The events will be free to the public.

Dr. Behrhorst has earned a world wide reputation through this clinic in Chimaltenango, Guatemala. The clinic which provides on-site medical services for the region's largely Indian population also is the center of a network of health, agricultural and community services that stretches far into the remote areas of the highlands.

After studying medicine at Washington University in St. Louis, Dr. Behrhorst practiced privately in Kansas before migrating as a medical missionary to Guatemala 15 years ago. He was reported to be the only foreign physician to remain in Guatemala throughout the hundreds of aftershocks and tremors following the February 4 quake.

In 37 seconds in the middle of the night of February 4, 1976, a twisting turning earth jarred the Richter scale to 7.5 and reduced entire villages in the Guatemalan highlands to rubble. Most of the victims were Indians, descendents of the Maya, whose adobe homes buried them alive.

Two days later, in the afternoon, another quake jolted the land of eternal spring. More than 1,700 tremors, some severe enough to kill, followed the major earthquakes. In all, more than 22,000 died, another 73,000 were reported injured, and more than a million were left homeless.

A team of media professionals and students from Governors State University took part in an ambitious series of media projects last Spring, just three months after the initial earthquake. The team spent two intensive weeks studying and recording visually, in sound, and in writings one of the worst natural disasters in history.

Continue on page 7
No Apostle's Please!

Thanks to assists from writers, editors, and proof readers, Governors State University is a hell of a lot better than the property of its name. Only a few publications still incorrectly use an apostrophe in the university’s name. But many were making the error eight years ago when the school was established.

Governors State University is named in honor of all past Governors of Illinois. However, it does not belong to them or to the current Governor: Thus, no possessive apostrophe anywhere in its title.

The first 35 Governors of Illinois are at GSI, as individual plaques of likenesses are displayed in the Hall of Governors inside the main university entrance.

In addition, a plaque of former Governor Dan Walker is being made and a picture of Gov. James R. Thompson is being installed.

Governor Walker was principal speaker, and Gov. William Stratton and a descendant of Shadrach Bond, Governor 1818-1822, were present when Governors State University was dedicated. April 20, 1971, Mr. Walker, great grandson of Governor Bond, traveled from Coral Gables, Fla.

And that’s the way it was...

A Plea for Help

Gary Mark Gilmore is dead. His life ended in a volley of bullets from a firing squad on January 17, 1977. By his death he proved what we all feared when our Founding Fathers foresaw that the government could be so disposed to kill the innocent.

He wanted death, courted it, and pleaded for it. The courts finally granted him his wish, with the condition of a public execution.

What right does a country have to take a man to be executed in 10 years. What price a man’s life? The story of Gary Gilmore has had a profound effect on me. I have been roiled heinous crimes and deserved to be punished. I am not arguing against that or answer.

Gary Gilmore was a human being, a creature of God, with a God-given spirit; he had feelings, desires, needs. He had been living all his life, and it had all been salvaged, he could have received an education and perhaps made a monumental contribution to the world. Somewhere along the way his life began going wrong, but it could have been turned around. As a prisoner he would have received help. But he is dead now, just forever to this world, his potential destroyed in a matter of seconds.

But I do need to know that you are going to be dead in a given number of hours. What are your rights as he lay in his cell through the endless nights waiting? Did he break it out in the most sweet and become such a stomach? Did he wonder what it would feel like to not to be able to breathe again, or touch something soft, to look at the sky, hear rain falling.

Ick of night did his hand steel up to his chest wondering where the bullets would hit his body. No one will ever know these things. Gary Mark Gilmore is dead now. He no longer exists on this earth.

As a final act Gary Gilmore donated his body to medicine requesting that his eyes and kidneys be given to others that may need them. Is it any wonder, what he was able to do in life. Does this not speak of what Gary Gilmore might have become if he had been allowed to live? We will never know for he is dead, killed by an act of his fellow man acting in the name of justice.

This is a plea for help from a student and citizen who is very worried about the school reputation, which is so strongly emphasized at Governors State University in Park Forest South. I am a thirty-four year-old father of five, who has returned to college to finish my education. In the past five years I have worked as a business and management consultant. My primary management control technique.

The administrative precepts and man­
agement consultant. My primary
agement, lack of communication and
agement control technique.

It's only proper to put the letter bearing
the bi-centennial stamp in the bi-
centennial mailbox.

I am speaking specifically of the Univer-
sity Police Department. As a work study

Linda Hinker

Self Instructional Blues

One can only offer a sigh of relief when thinking about the past year, a year that was by far, too commercialized.

In the bi-centennial year, the 200th birthday of our country, but how many people made it through the day without seeing the slightest bit of symbolic representation, a constant reminder that this was indeed, a bi-centennial year?

A day in the life of an individual subject to the bi-centennial blues may have gone something like this:

You wake up in the morning with ex-

The police department that should be above

In this department the only com-

My only hope is that there is someone in the school or in a university or in authority somewhere who is sin-
cerely concerned, as I am, about equal op-

George E. Fainley

A Need to Organize

Is THE Student Government YOUR Student Government?

An action taken by the Washington Supreme Court might give Governor State University some reason to think about their student government and where its money goes.

Three students, members of the Young Americans for Freedom, who disagreed philosophically with the student government at the University of Washington thought about such questions and won a ruling that they should not be forced to belong to an organization such as the student government.

They can, however, be required to pay activity and service fees provided the University oversteps the exposures of such fee funds to insure that a balanced, education program results.

These students and the Court, by establishing the right of non-association, thus set a precedent for students everywhere with grievances about their student government.

The ruling also puts pressure on administrations to be attentive to the matters of student government and to assure that the university provides "an arena for competing ideas."

Editors Note: THE INNOVATOR management has wondered about the question of student government and have realized that most of us are not at all sure who or what is to be a need to care one way or the other. It is a very bad sign if this line of thought prevails much longer. May your informational news item will give them something to think about.
Chicago Media Lab Students Busy

Recently a group of GSU students, were all over Chicago participating in the Chicago Media Lab, a module designed and headed by Professor Mel Muchnik, instructor in the College of Cultural Studies. The students of the lab took part in several informal visits to a number of media organizations in and around the Chicago area. Among some of the places visited were an advertising agency, commercial photography studio, and the CBS and WGN television studios. While visiting these different organizations the students had an opportunity to speak with some influential people in the advertising agency as well as renowned journalists from the Broadcast media. The students while at CBS had an opportunity to speak with such greats as Bill Curtis, Harry Porterfield, Warner Saunders and Walter Jacobson.

While at the Commercial Photography Studio the students got a chance to go behind the scenes as they were allowed to visit other organizations, in order to help develop a working knowledge of the steps and procedures necessary before that monthly magazine or seasonal catalog is delivered to mail boxes and news stands.

How English teachers help youngsters evaluate advertising persuasion is discussed in a major national advertising weekly by a Governors State University professor.

In Advertising Age, Hugh Rank writes at length of the consumer having some knowledge of the techniques of advertising persuasion; knowing the nature of advertising may help the buyer analyze and decide on his purchase.

Dr. Rank tells how he and a group of his peers are tackling the problem, concentrating on those budding consumers—school children.

Original chairman of the Committee on Public Double speak of the National Council of the Teachers of English (180,000), he writes:

"At present, very few of the 60 million kids in school get any kind of aid in helping them learn how to cope with contemporary language manipulation. Most English departments give more attention to minor 19th century poets than to major 20th century developments in communication and language."

Dr. Rank produced a new classification schema, which is a simple, accurate, and flexible way of analyzing human communication; persuasion, and propaganda. To encourage widespread dissemination, the basic core of the schema has been made freely available to teachers, but especially to writers and textbook editors.

Dr. Rank is university professor of English Literature in the College of Cultural Studies.

PUBLISHING SCHEDULE

The Governors State University Student Learning Project: INNOVATOR, is published bi-weekly and will be mailed to all GSU students and alumni upon request. To our general readership and possible advertiser, we print our deadline for submitting material and publishing schedule. We will be looking forward to any contacts, responsible groups or individuals who might wish to advertise in the pages of the INNOVATOR. Interested persons can contact our office at 534-5000 extension 2260 or write to us at: Governors State University/c/o INNOVATOR, Park Forest South, Illinois, 60466. We look forward to seeing you in print.

Deadline
Feb. 8-77
Feb. 22-77
Mar. 8-77
Mar. 22-77
Apr. 5-77
Apr. 19-77
May 3-77
May 17-77
May 31-77
June 14-77

Publications
Feb. 14-77
Feb. 28-77
Mar. 14-77
Mar. 28-77
Apr. 11-77
Apr. 25-77
May 9-77
May 23-77
June 6-77
June 20-77

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Prof. Wm Berry’s Journalism classes
And all grateful volunteers

Norma Allen
Cynthia Budrik
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Hershel Williams
Duane Jackson

Photos
by VOC

Questions and Answers

The recently conducted INNOVATOR image survey proved that there is a need for a question and answer column. There were many people who asked questions about life here at GSU that we could not address on our survey. We therefore present for our readers an opportunity to ask any question on any subject pertaining to units persons or procedures which serve the GSU community. In order that this idea may become relevant and a worthwhile opportunity we invite the community to actively utilize this service and test the INNOVATOR’s capacity to serve your informational needs. Remember that the question asks may provide answers for someone else who might be too shy to ask it. Send your questions and/or comments to: QUESTIONS and ANSWERS, c/o The INNOVATOR, Governors State University, Park Forest South, Illinois 60466. Again, the success of this idea depends upon active participation; so let’s have your questions. GSU. We will get the facts for you.

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The Credit Game Part I

Got Insomnia? Relax
by Lisa Vogel

PERRY NICASSI0 has many sleepless nights—but they're not his own.

Nicassio, a professor of behavioral studies at Governor's State University in Park Forest, South, Illinois, has finished a project last month that may lead to the development of a new cure. The potential cures involve muscle relaxation techniques. Nicassio thinks that they will alter increasing interest because they offer alternatives to sleeping pills.

"PILLS, SUCH AS INSOMNIAC," he said, "because they induce psychological dependencies, without the pills, the sleeping problem becomes worse."

"THE INSOMNIAC is out of touch with his body," Nicassio said. "He is unable to control the falling-asleep process that most people control intuitively, and we try to teach him that control."

And most insomnia is self-perpetuating. Nicassio said. "You can accentuate insomnia by thinking about insomnia and worrying about it. The fear of insomnia is a condition that may worsen it."

NICASSIO TERMINED himself a behavioral psychologist, or he who "centrates on the problem itself, and not on its deep-rooted causes, as a Freudian psychologist would do."

"We see insomnia, not as a set of symptoms that reflects some underlying physiological disturbance, but as a behavior that acquires a life of its own, and that needs to be reversed," Nicassio said.

The relaxation techniques are the answer to that reversal, and they can answer to other types of unwanted "behaviors" such as smoking, snarling, or drug addiction, Nicassio said.

Also it is undertaken to undertake a study of alter sufferers that will incorporate these relaxation techniques.

"W.H. HYMAN teaches them stress management techniques that will slow the secretion of the acids that give the ulcers," he explained.

"In general, we hope to offer a kind of therapy to insomniacs and other individuals with anxiety-related problems that will make the people aware that the things that touch off the problem, and that can be consciously controlled," Nicassio said.

What Do You Tell This Student?

"Counseling for Children of Divorce," a six week group counseling program for children whose parents are divorced, will begin this fall. The program helps both parents and children.

The children are grouped according to age. Younger children will meet with the group leader and discuss any possible stress. To cope with the needs of children that are in response to the divorce and behavior that are usual for any child at that age may be more than they are able to handle. The group counseling program gives children something that is their very own. It is also designed to pay out more them deal with their feelings of helplessness, anger, and rejection.

Ms. Retzlaff continued. "In addition, the children will share feelings with their peers, a place where they may share many of the same feelings,

Because many card carriers who for many years have used their credit unwise, they have used their credit unnecessarily. Credit should only be used to buy large purchases, not for small things such as furniture, meals, cars, etc. Bank Americard and Mastercard are the prime reason for liabilities or for coupons overspending what they don't have.

Let us assume that these people's installment commitments are $100,000, they have $200,000 to work with. They are in the hole $100,000, and cannot make ends meet. They are really swamped and are under a pool of unpaid bills. In this case a Chapter 13 applies and is to be used most judiciously.

This is how a Chapter 13 works. They can spread that $200,000 over a three or four year period so that all their creditors can be paid. Not at the committed debt that was originally incurred, but at a lower rate. Creditors are agreeable to this 100% of the time. They feel that some of the cake is better than none at all. So a Chapter 13 reduces that persons commitment.

We hope to extend this program to other areas of the country. We have a couple, husband working, wife bringing up children. Take home pay is $600.00 (average) just enough to live on: rent, clothing, utilities, and food. These are their fixed expenses. Let us assume that these people's installment commitments are $100,000, they have $200,000 to work with. They are in the hole $100,000, and cannot make ends meet. They are really swamped and are under a pool of unpaid bills. In this case a Chapter 13 applies and is to be used most judiciously.

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We hope to extend this program to other areas of the country.
Until recently it was fashionable to discuss the concept of competency-based education in higher education classes. This was particularly true in the context of the discipline of Communication. Communication Theory became a fashionable area of specialization for scholars as well as students. The scholars, students, natal leaders, and others have now realized that a bunch of theory is not enough. We should apply practice to theory. This is very much true in the areas of communication. Theory that is developed on the basis of research should be applied to practice of communication. Teaching how to communicate is a way of life. Everyday life is what competency based education is all about.

Competency based education is being experimented in a few institutions of higher education in this country. I believe that the competency based system is one of the foremost experimenters. In this article I would like to talk about what it means to have a competency based system. Because my area is communication and I have experimented with intercultural communication, I will try to give examples from these areas.

For this discussion, “competency” is defined as that real skill or knowledge which is stated in terms of observable behaviour. Competency-based education has some distinct characteristics. Its learning objectives are defined in terms of what students can do. The competency-based model requires the student to demonstrate the competency to the expected level. Instructional methods are more student-centered and the selection of learning programs is more flexible.

Competency based system is not the same as the open university system. Open university system tends to be impersonal and formal while competency based systems tend to have an opportunity for plenty of personal contacts and information flows. In competency based systems, the student does not have to take a group of courses prescribed to him by the university. His advisor helps him plan his course of work at the university. In this system, the student has a greater possibility than his counterpart in a traditional system. However, the academic advisor should be knowledgeable in all the available courses at his university which his advisor should take.

Although the responsibility of the student is clear in the sense he/she makes a list of competencies he/she wants to achieve for the degree, the academic advisor who helps him plan his course of work at the university. In this system, the student has more responsibility than his counterpart in a traditional system. However, the academic advisor should be knowledgeable in all the available courses at his university which his advisor should take.

The student knows that he is responsible for the way he goes about getting the degree. The student will be required to attend a learning contract with his advisor during the first semester (term) of his work at the university. An elaborative contract is an elaborate description of everything the student wants to achieve at the university for the degree he is seeking. The contract explains his professional goals and how he would like to achieve those goals at the university. Granting of the degree depends upon whether or not he has achieved the contract. Although the contract is a legally binding contract, the student is expected to stick to the learning contract in the guide for his/ her work at the university. The purpose of each course is to help students achieve certain competencies in theoretical, research or skills aspect of an area. The course description clearly states the competencies a student is expected to achieve. The syllabus and activities of the course are clearly explained.

Undergraduate competencies leading to a Bachelor’s Degree are designed to help the student learn more skills than theory. In other words, the teaching at this level is more prescriptive than descriptive. At the graduate level, the teaching is more exploratory. The graduate student working on a dissertation is expected to demonstrate independent thinking in doing research. However, in theory courses, at the undergraduate level, the competitiveness is decided in terms of the course by the instructor.

In the developing nations which cannot afford to spend money on exotic education systems that cannot help their pupils achieve the competencies they need for their profession. The guru knew the needs of each pupil and helped him acquire only those abilities he needed. Even before the guru agreed to teach, it was the responsibility of the guru to help his pupil acquire only those abilities he needed. Modesty was a great virtue that a real scholar taught his pupils. Perhaps modern society is no longer interested in the concept of advising time. The student and the professor design courses to help achieve competency. Another similarity is the concept of advising time. The student does not have to make an appointment with the teacher to seek advice. A third similarity is the absence of grade system in both. Both systems recognize that the ability of each person depends upon what he/she experienced before and can do during his/her education.

In a competency-based education system, each student learns something that is important for his/her profession. The graduate students in the university can be applied to real life situation. Such a system is greatly needed in the developing nations which cannot afford to spend money on exotic education systems that cannot help their pupils achieve the competencies they need for their profession. The guru knew the needs of each pupil and helped him acquire only those abilities he needed. Even before the guru agreed to teach, it was the responsibility of the guru to help his pupil acquire only those abilities he needed. Modesty was a great virtue that a real scholar taught his pupils. Perhaps modern society is no longer interested in the concept of advising time. The student does not have to make an appointment with the teacher to seek advice. A third similarity is the absence of grade system in both. Both systems recognize that the ability of each person depends upon what he/she experienced before and can do during his/her education.

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The Saga Of Little Henry Gandy And The Sovereign State of Mississippi

by A.D. Moore

In recent years there's been more and more rhetoric about the virtues of the so-called "New South," and how in the post-civil rights era conditions have drastically changed. How blacks have reaped the harvests of equality in jobs, housing, and in the due processes of the law.

It has also been contended that with the enforcement of the voting rights acts, which has initiated more political gains for blacks, and the recent election of a southerner for President, that the notion of "New South," and how in the post-civil rights era conditions have drastically changed. How blacks have reaped the harvests of equality in jobs, housing, and in the due processes of the law.

Little Henry Gandy, the youngest of the Gandy family, like Peck, is also a distant relative. An older brother of his and I went to grammar school together; and I can recall how Henry, a thin, quiet kid who never bothered anyone or got into any kind of trouble would always want to tag along with us.

One incident which I shall remember for as long as I live occurred in 1958 the pre-civil rights era or on what some would refer to as the old south. It involved the murder and castration of a distant cousin of mine named Peck. He was brutally murdered, castrated and his organs stuffed into his mouth! Afterwards, his body was dragged into the middle of the road where it was run over by a truck.

I learned of Henry's dilemma while visiting my grandparents during the Thanksgiving Holidays and decided to investigate the matter. Or at least learn as much as I could about it.

While inquiring around I found out that Henry had been lured out on a country road in Starkville, Mississippi, a town who's only claim to notoriety may be that it's the home of Mississippi State University and the football teams' buildings. From all accounts, Henry was parked along beside the road fixing a flat tire when he was attacked by two drunken white men.

They managed to get him down on the ground but, because of their state of inebriation were not able to subdue him, and broke away. The culprits gave chase and Henry raced down the road. He crosses a fence and doubles back to his truck where he remembers he has a double-edged axe.

Realizing the severity of his defensive measure, Henry runs off to Cleveland in fear of losing his life. He learned later that he left his victim in critical condition and that he almost died.

If the story ended here a lot of us, myself included, would probably feel that justice had been served and the guy got what he deserved, but that is not the case.

What occurred next was an example of the diabolical shenanigans of the cracker mentality. The sheriff, among other good white folks, informed Henry's older brothers that if he would return they would prosecute the two white men for their unprovoked attack upon him. So after being away for over a year, and experiencing relative freedom, Henry returned home to receive his jist, due him under the laws of the sovereign state of Mississippi.

When he arrived back home Henry found a congenial welcoming committee waiting to greet him, prominent among the gathering was the sheriff.

He was arrested, taken to jail, given a double-bladed axe. Henry was served and the guy got what he deserved.

It was most unfortunate that I could possibly cause trouble and, if the story ended here a lot of us, myself included, would probably feel that justice had been served and the guy got what he deserved.

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The Freedom Hall exhibition and program will bring together the various media projects for the first time. Many of the materials have individually been broadcast on the world wide English language service of the Voice of America. A 30-minute color television program was the major media effort and will also be on display in Freedom Hall.

Portions of the television program have been broadcast in Chicago with complete broadcasts slated for Chicago and other areas in the next three months.

Project Guatemala was funded by various contributions including a small grant from the Village of Park Forest where the February 6 program will be held. The Freedom Hall "Guatemala Earthquake in Retrospect" program is intended to thank the Project's many contributors as well as to put the media works on public display. The initial project was designed to publicize the continuing relief needs, particularly in the highland areas of Guatemala.

CSA Goes To The Head Of The Class

By Steve Lemken

Despite last year's Senate Select Committee on Intelligence reporting that there was massive CIA influence in U.S. universities, the Central Intelligence Agency is still in the education business. The CIA is still funding research conducted on many of the nation's campuses, is still recruiting students and professors for extracurricular activities and is still helping foreign spy agencies keep tabs on dissident foreign students.

(All the full scope of CIA's involvement on campuses may never be known. According to the final report of the Committee, scores of professors, administrators and graduate students are actively engaged in "open" and "clandestine" CIA work. They recruit American and foreign students, write propaganda literature, conduct research and travel abroad using their cloak of academic status for cover.)

Issues of these operations were deleted by the CIA before the Committee released its final report, the names of whatever individuals and institutions that had been cooperating with the CIA. And due to a Presidential order given last year, the CIA will continue to enter into "contracts and arrangements" for "classified or unclassified research... with academic institutions." It is not yet known whether or not President Carter will continue this policy.

(However, an increasing number of students and faculty members throughout the country have become very vocal in their disapproval with the too-cozy relationship between the CIA and the textbooks.)

The unsavory flavor associated with a CIA involvement with academic institutions relating to the CIA recruitment drive of last year and all information about UC contracts. Gardel believes that the UC president, David Saxon, has not been entirely free with the information. Gardel explained "this is not to say he (Saxon) knows everything but he'd like to see what he does know. At present, the CIA is openly funding weather climate research at UC San Diego. Climate warfare was used by the CIA in Vietnam and Cuba.)

(More recently, an alleged CIA connection with a college professor at Brooklyn College in New York has stirred controversy to the point where several faculty members of the political science department have asked for their colleague's removal from the staff.)

(The professor, Michael I. Selzer, has been charged by several faculty members, one of them his brother-in-law, with being associated with the CIA. In a statement to the president of the college, the department members said that because of Selzer's "admitted agreement in covert intelligence activities for the CIA, he has violated... understood, accepted statements (by my governmental association and casts grave doubts of his credibility as a teacher, scholar and professional colleague... and that his actions as described warrant removal from the college.)"

(Selzer, according to one professor, first became involved with the CIA last spring. Selzer is quoted as saying "his work for the CIA was only confined to Europe." No other details are known.

(Selzer supposedly admitted his CIA connection at a recent departmental meeting. He is now in Israel on a leave of absence, but when contacted there by the governmental association and casts grave doubts of his credibility as a teacher, scholar and professional colleague... and that his actions as described warrant removal from the college.""

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GSU Women Unite For ERA

GSU's Women's Center and the South Suburban Chapter of NOW co-sponsored a bus to take men, women and a couple of children from the Park Forest area to march for ERA in Indianapolis on January 9.

The group met at the Park Forest Plaza with signs and banner in hand. They arrived in Indianapolis in time for the parade which marched around the Capitol.

The group then held a rally at the Indianapolis Convention Hall, across the street from the Capital. Approximately 800 people convened representing St. Louis, Louisville, Ky., Milwaukee, Pittsburgh and Chicago (just to name a few).

There were a number of speakers, but the main focus here was writing letters to the Indiana State Representatives. Time was allowed during the rally to write these letters, stationery was provided as well as envelopes and stamps. Emphasis was placed on the fact that the letters had to be written that very day because the State Representatives would meet on the 11th. It was an exciting afternoon and even 8 year old Susie Garhart wrote four letters.

A snowstorm left many buses stranded but they called in to voice their support. All that hard work was not in vain, however, Indiana did pass ERA!
In "WIZARDS," a film by Ralph Bakshi, a fantasy vision of the future, an evil sorcerer named Blackwolf discovers the ruins of an ancient European city. Buried in the rubble he finds a motion picture projector and a library of Nazi propaganda films. Excitedly, after his ragtag army of Goblins, wraiths and various creatures of the night respond to his call for armor.

On the other side of the planet in the peaceful splendor of Montana, the evil sorcerer's army of Nazi-indoctrinated Goblin soldiers equipped with German weapons and armor. As long as he retains control of the projector, Blackwolf's army is invincible. On the other side of the planet in the peaceful splendor of Montana, the evil sorcerer's army of Nazi-indoctrinated Goblin soldiers equipped with German weapons and armor. As long as he retains control of the projector, Blackwolf's army is invincible.

The South Suburban Chapter of the National Organization for Women will meet on February 1 at 7 p.m. in the Park Forest Library's Ringt-ring Room. This is a newly-formed group and new members are invited to attend. For further information contact Norma Pecora, GSU's Women's Resource Center, extension 2435.

``Non students see a poster at the GSU Women's Resource Center written on them and the students have no idea what it is. The Resource Center offers a large index file for medical and legal referrals. In addition, there is a book loan, pamphlets ranging on topics from ERA to working women, job referrals and publications. The Resource Center needs volunteers to stay open. If you can volunteer any time, see Ann Gearhart on Wednesdays between 10 a.m. and 2:30 p.m. At any rate, come in and browse, the Center may be able to help you.

Nearly 30 million persons visited Illinois State Parks and Historic Sites during 1976, setting a new record for attendance. The Conservation Department's annual report also shows that two new parks opened last year and that more than 4,000 acres of additional open space were acquired by the department for recreation in Illinois.

LESS UNEMPLOYMENT** Unemployment declined moderately in Illinois during December, going from 7.4 percent of the labor force to 7.1 percent according to figures released last week by the Illinois Labor Department. Most urban areas had less unemployment in December, but Springfield experienced an increase from 6.0 to 6.7 percent due to layoffs in manufacturing and construction.

Buck Owens To Perform Here

Country music's Buck Owens, one of the most popular of television stars whose live show is possibly the finest touring today, will appear in concerts at Governors State University Friday, March 4. Concerts will be at 8 and 10 p.m. in the university gymnasium.

Student tickets for $4 and general admission for $7 will be on sale soon at the university cashier's office. Additional information may be obtained from the university office of student activities at 312/534-5000, X2141.

Country music's No. 1 artist five years in a row, Owens hosts "Hee Haw" in 200 markets and "Buck Owens Ranch Show" in 70 markets. Owens' first Warner Brothers album, "Buck Em," was released in the summer of 1976. Recorded in Nashville, "Buck Em" portrays Buck as one Country artist whose evolution and maturation are a vital, ongoing process; tunes from such diverse hands as the Eagles, Bob Jones and Lennon and McCartney shared space with some of the strongest Owens originals to date.

With 12 albums hitting number one and more than 30 consecutive number one hit recordings, his recordings "Act Naturally," "Love's Gonna Live Here," and "I've Got a Tiger by the Tail" topped the Country record charts three years.

Total commitment is the name of the game with Buck; total commitment to his career, to developing the careers of others, and, now, to his various humanitarian efforts. He brings the knowledge acquired through 20 years of hard work in the entertainment world, and tempers it with a lifetime of common sense and drive to bring out the best in any project he tackles.

**The Conservation Department's annual report also shows that two new parks opened last year and that more than 4,000 acres of additional open space were acquired by the department for recreation in Illinois.

Mutual interests and concerns were discussed, according to Dr. John E. Chambers, university professor of life science in EAS.

Atting students were:

Joilet Junior College—Ed Beltzhoover, biological sciences; advisor; Curtis Heggemejke, physical sciences; Ph.D.; Dan Krecenski, physical sciences; Ph.D.; Joe McLennan, biological sciences; Wilbur Miner, physical sciences; Mark Nelson; Arthur Wagner, chairman, biological sciences; Ph.D.; Bill Zales, biological sciences; Ph.D.

Moraine Valley Community College—David N. Downs, Mike Ehchart. Prairie State College—Glenn Schmitz, chairman, physical sciences; Glenn Stehr, biology.

Thornton Community College—Donald Sather, life science, Ph.D.; Eugene Wensel, life science.

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Due students drink more since the dorms allow liquor in students’ rooms? Should the University establish a shuttle service between the campus and student bars to decrease drunk driving? These are a few of the topics that were discussed.

Judie Pfeifer, who chairs the committee, appointed by Dean of Students Paul Glenn, works for the Drug Information Center here, says there are indications that drug drinking may be more common among college-age people.

"Drug use patterns are switching to depressants from the hallucinogens and sedatives," Pfeifer says the switch to depressants came about the same time as the energy crisis, the economic recession, and the end of the war in Vietnam. She says it has something to do with the changing mood of students. It's hard to say if social conditions caused more people to use depressants, but it does seem to be a connection between these more desperate times, hopeless times, and the use of depressants.

She said the Drug Information Center noticed an increase in the number of overdose cases due to mixing alcohol with other depressants, such as barbiturates, last spring.

The committee will attempt to determine how serious the alcohol abuse problem is at the University, if campus policy of not serving beer at athletic events doesn’t actually encourage people to bring in hard liquor, even though it is against the rules, she said.

Educational programs designed to teach young people how to drink without becoming alcoholic "Drunk slowly and eat something, Pfeifer advises" and to discourage drinking and driving will also be discussed.

"We don’t want to abolish drinking. We just want to eliminate some of the more dangerous effects of alcohol abuse."

The committee has gathered information from students, faculty, and other sources. The charges include legal drinking age, liquor in dormitories, existence of social drinking programs, and alcohol abuse at the university. The budget for the committee was $50.

The committee then answered a question about the committee’s budget. About an hour later the President finished his description of the university’s budget making process and the attitude of the administration toward it. He excused himself and left for a budget making session. The University, always made budgets. There were so many budgets no one knew which budget was the real budget. Only the President knew, and he had considered that privileged information.

Finally, someone on the Committee to Appoint a Committee suggested that there be a vote on whether to recommend a committee. There was no discussion and the vote was unanimously in favor of a new committee composed of all elements of the University and society at-large.

It was Spring before the President acted on the Committee to Appoint a Committee’s recommendation. The President mentioned it in a weekly Tuesday staff newsletter, "As you know, time is of the essence at U.U., therefore, I have decided to form a committee to study the name change question. Our Board will act, and the President of U.S. University.

Later, when the President was asked how U.S. University received its name, he said, "Our Board named it after the University of Wisconsin.

In U.S. University, a free standing utopian university, became Utopian State University, a contradiction in terms. After the decision came from the Board, it did understand until day parking meters were installed.

Students More Down than Up!

Singles Share Feelings

Sometimes I feel like a failure because I'm single. With the thought of being happily married—friends and— even those who have been divorced—I wonder if there’s something wrong with me because I never married.

Tulsi Saral, professor of communication science at Governors State University in Park Forest South, knows that singles face self-doubt, loneliness and other emotional problems because of their marital status. So for the last year, the 48-year-old psychologist has been conducting "Single Experience" workshops in his Richton Park home to help unmarried adults realize their self-worth.

Saral says he conducts his intensive weekend workshops to help singles "develop effective communication skills, turn on how to talk, maintain and continue to enriching interpersonal relationships." His next session meets from 9:30 a.m. to 10:30 p.m. this Saturday and Sunday.

"In the workshops, we use a set of personality exercises," Saral says. "We ask everyone to take a personal inventory—to define themselves. Each person puts, "Who am I? What are my expectations? To what extent am I meeting those goals?"

"When seeking approval from others, we sometimes forget who we are," he adds. "It's good for singles to know they are not alone. Others feel the same way. Ultimately, through these workshops, I want an interpersonal network may evolve, so people gain support and social and emotional sharing.

During a recent segment ranging in age from 20 to 60 engage in choosing partners, examining the selection process, group feedback and some nonverbal exercises.

"There's not much touchiness," Saral says. "We're careful not to promote an atmosphere of constant unfriendliness. We want people to express self-management, clarify self-direction and learn to trust their own feelings."

Randy Jackson, director of the audiovisual and television department at Roosevelt University and a part-time instructor at his workshops last spring and fall, he says he would "definitely" recommend the experience for singles of all ages.

"The workshops have helped my outlook immensely," said Jackson, a 45-year-old Chicagoan.

"Other people have noticed the change in me, too."

"Before I went to the workshops, I was highly skeptical," he adds. "I didn't know what to expect. I was fully prepared to feel uncomfortable. The pressures come from within. I wouldn't say the experience was enjoyable. Everything was worthwhile.

Although Saral doesn't consider what he does a matchmaking service, couples who met at the workshop have married. But those who never marry need not feel ashamed. In fact, it's almost a superior trait. Simply being a single person, he adds, is a vote for a better, more diverse life.

Saral, who was married when he lived in India, has been single for 15 years. About once a year, he returns to India for a "Single Experience" weekend with his sister. Men also pay off to spend a weekend with him and the single women. Many go away feeling better, Saral says. He has to do something right.

(Reprint from Suburban Weekly)
Rest Simply By Thinking About It

It happens every morning. One hundred GSU students wake up, sit comfortably in their rooms, and spend 30 minutes getting rest twice as deep as they've just had during sleep.

Before dinner it happens again: 30 minutes of the deepest possible rest in the body, while the mind experiences even greater alertness than it did during the day.

These students and a large number of the south suburban community practice the Transcendental Meditation technique. An amazingly simple procedure, easy to learn and effortless to do, TM appears to produce a unique psychophysiological response that is being hailed by a major scientific discovery.

Since its introduction at UCLA in 1963, the Transcendental Meditation program has been America's fastest growing movement, quietly spreading by word of mouth. Now the International Meditation Society (SIMS), which presents TM in 500 college campuses worldwide, is becoming an increasingly active campus group at GSU.

To appreciate the widespread enthusiasm for such a simple technique, let's examine the extraordinary value that the TM technique has for the mind. We know that happiness or fulfillment is more than a mere mental attitude toward life. Real satisfaction comes from living life as fully as we are able. Unfortunately, most people draw on only a fraction of their inner potential to meet life's countless situations. The fast pace of life today places enormous demands on the body's machines. The body is just not resilient enough to bounce back. Inherently, the delicate neurological and biochemical balance is disrupted.

Every day, then, along with normal surface fatigue, the nervous system accumulates more and more abnormalities, deepening stress, on its material and structural levels. This stress progressively lessens physiological flexibility, so that cumulative stress, and raise the quality of being alive to its ultimate value. They have discovered a technique of fulfillment.

Back in 1964, a UCLA researcher, Keith Wallace, began to investigate meditators' claims that they could alter body functions merely by practicing an effortless mental technique. After discussions with a Harvard Medical School professor, he found these reports to be true. From its initial appearance in Scientific American and other established journals, the study began raising eyebrows in the scientific community. Then the Science News reported that oxygen consumption by the body's level of rest decreased by an average of 16 percent in the first five minutes of Transcendental Meditation. This finding is remarkable when compared with sleep. During sleep, oxygen consumption decreases only 1 percent. And it takes six to seven hours for the body to regain this degree of restfulness. So, while practicing the TM technique, one experiences deeper sleep in a fraction of the time.

But the meditators weren't asleep. On the contrary, brain wave studies showed that the mind was in fact more alert than during normal waking consciousness, exhibiting a unique configuration of orderly, coherent patterns throughout the entire brain.

The indications were clear. A new major state of consciousness had been discovered—a fourth state as normal and natural to human experience as waking, dreaming and sleeping. A state of restful alertness.

Scientists are especially concerned about the TM movement having no monopoly on restful alertness. Philosophical, literary, and religious traditions are filled with descriptions of such a state of human awareness. But there was one difficulty: how to experience it? Even the most ardent seeker of wisdom is hardly able to attend Plato's Academy, or sit on the banks of the river Wye with Wordsworth.

For the first time, Transcendental Meditation appeared to offer a systematic, effortless means for anyone, seeker or no, to join the ranks of a hitherto privileged few who can experience the lively, nonactive state of Being.

Now just six years after Wallace's pilot research on the technique, 300 studies performed in 25 countries leave little doubt that TM works.

To doctors, this state of restful alertness and its consequent benefits make perfect sense. If the body has the automatic capacity to accumulate deep restful sleep, then why wouldn't it just as automatically be able to get rid of it? The research shows that, given the right conditions, it can.

The Transcendental Meditation procedure sets up these conditions. TM gives the mind an opportunity to temporarily quiet the directed activity characteristic of the waking state, the body correspondingly attains the hypometabolic state of restful alertness.

In this calm quietness, the body can carry out with excess efficiency the repairs and adjustments not possible during activity, yet which are also not accomplished during sleep, a duller and less profound form of rest that TM.

This spontaneous physiological response seems to be the exact opposite of the well-known "fight or flight" response that produces stress in the first place.

In the daily experience of a million meditators, the conclusion is self-evident. As stress dissolves through deep rest, consciousness expands. Creativity is enhanced, energy multiplies, love grows. Living 80 percent of one's mental potential becomes not only conceivable, but real. Fulfillment starts to be a living, day-to-day reality.

The TM technique is taught in a systematic 27 step course of instruction. The first step in learning TM is an introductory lecture to be offered to all GSU students on Tuesday, February 15, at 6:30 p.m. The lectures will be held in the William E. Engbretson Community conference center. Further information may be obtained by telephoning 312-534-5000, X2427 or 242.

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mildred D. Johnson
SUBJECT: Job Mart

Former Peace Corps volunteer, Paula McNamara, who served for three years in Morocco, will visit the Governors State campus on February 7, 1977, in an effort to talk with students interested in applying their skills overseas as a Peace Corps volunteer or as a VISTA (Volunteers in Service to America) volunteer stationed in the United States.

The Peace Corps is specifically seeking persons with a background in Business, Nursing and Health fields, Math, and Science teaching. Vista is specifically seeking liberal arts, social science, health, and business students.

The following is a listing of a portion of the positions available with the Peace Corps:

1. Watershed Management BS Degree-Position in the Philippines
2. Forest Research Officer BS Degree-Position in Ghana
3. Wildlife Biologist BS Degree-position in El Salvador
4. Rural Health Agent BS Degree-position in Central African Republic
5. Communications Specialist BS Degree-Position in Paraguay
6. Physical Education Instructor BS Degree-Position in Brazil
7. Basketball Coach BS Degree-position in Honduras

These and many other diverse positions requiring many types of skill are available. Come by the Placement Office and check it out, because I think what is happening with the Peace Corps and Vista will be an eye opener.

HS-SW-BC-10

Executive Director of housing program to promote equal housing opportunities in 34 suburbs-MA degree $10,000 to $13,000.

HS-SW-BC-11

Center Director and Assistant. Teen Center in South suburbs.

B-Mgmt-BC-20

Management Trainee. Retail operations 6 month training program. BA degree required.

E-EL-BC-29

Teacher Trainer. Five years of teaching experience with at least three years in the elementary school.

B-Mgmt-BC-21

Manufacturing Management Trainee. Management training program in container manufacturing for food and beverage processing companies. 2 to 3 month training program in glass plant operations.

E-HE-BC-76

Asst Director. Office for State Colleges. MA and three years experience responsible for coordination of academic programs, budget planning and review for nine state colleges.

E-Sec-BC-13


E-HE-BC-78

Coordinator of the Uptown Center. Develop an educational program to identify and solve problems of the inner-city community. BA degree and prior experience in community service type work.

E-Sec-BC-11


T-BC-17

Drafting. Must have mechanical electrical or architectural drafting training.

B-Acc-BC-9

Municipal Finance Circuit Rider. Five-county Planning Commission needs a person to aid small communities by giving advisory technical assistance in fiscal management and capital improvements budgeting. Annual salary $13,623.

E-HE-BC-68

Director of Criminal Justice Program. Direct an undergraduate degree program. Develop a graduate and research program. Teach one three-hour class each semester and a five-week summer session. Deadline for application-February 15, 1977.

E-EL-BC-28

Title I Reading Teacher. Illinois elementary certificate.

E-HE-BC-70

Placement Counselor. Should have experience in counseling college students. Job development and psychometrics. MA in Behavioral Sciences or Business.

E-ML-BC-14

Multiple listing of positions available with Metra YMCA.

PS-LO-BC-11

Pollution Control Officer. Entry position engaged in supervising field inspections of industries, institutions, private treatment plants as possible sources of pollution to streams and waterways.

E-Other-BC-18


E-HE-BC-31

Senior Designer. Two years experience in print design.

E-Other-BC-19

Teaching assistant in the City College of Chicago. 9 month contract. MA degree required.

E-HE-BC-91

Field Representative. 1 year experience in public relations.

E-HE-BC-92

Instructional Aides. 9 month contract. 2 year experience in special education.

E-HE-BC-93

Technical Writer. 3 year experience in technical writing.

E-HE-BC-94

Director of Finance. 3 year experience in financial management.

E-HE-BC-95

Assistant Program Director. 4 year experience in community service type work.

E-HE-BC-96

Attorney. 3 year experience in Pace representation.

E-HE-BC-97

National Park Ranger. 1 year experience in park service.

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GSU students will benefit from a job bank provided by the Illinois State Employment Office of Metropolitan Chicago, according to Burton Collins of GSU's Placement Office.

The bank microfile listing, a supplemental resource to regularly posted job vacancies, is distributed daily.

Employers can now place job orders for any type of worker, except day laborers and house wives, for a $25.00 fee to be paid by the employer.

When employers phone the job bank, an order taker charts all pertinent information regarding the position, then feeds it into a computer.

The computer arranges the jobs in occupational sequence according to the Dictionary of Occupational Titles.

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Classifieds

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ADDRESS ___________________________ ___________________________
SIGNATURE ______________________ DATE __________________

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