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Continued on page 8

Multicultural Shopping and Learning Comes to South Suburbs

by Barbara A Johnson

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GSU Professor Conducts AIDS Research

by Louis Schultz

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**Curriculum to be Implemented**

**UNIVERSITY PARK** — Governors State University faculty are reviewing a curriculum change that will offer students an in-depth bachelor's degree in communications.

With a merger of the undergraduate speech communications and media communications programs, the faculty are designing a merged curriculum that will offer students a range of options in their public speaking, writing, research and interpersonal communication skills. Faculty are also learning about mass communications, communication technology and production techniques.

 Included in the 27-hour core requirements are completing a senior project, as well as either a workshop or internship. "This gives students a strong foundation on which to go into either a media communications or communications studies emphasis for the bachelor's degree," Dr. Michael Purdy, chairperson of the GSU Division of Communications, said.

"The process to put this new curriculum in place has already begun. We want the community to know that we are working to better serve them in their needs for a sound and valuable education," he added.

The faculty's goal is to have the new curriculum in place for the Fall 1993 semester. The course is also designed to help students prepare for careers in advertising, public relations, management, production, human services, reporting, producing, teaching and research.

For information on the bachelor's degree courses, or other Division of Communications programs, call Dr. Purdy at GSU (708) 534-4081.

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**Family Fitness: Is it included as part of your family's values??**

You don't have to choose between Murphy Brown and Don Quixote for your family values. All of us want the best for our families, and what could be better for them than a happier, healthier way of life? One key to helping your family get the most out of life is to motivate them to get fit.

The American Heart Association of Metropolitan Chicago (AHA-MC) encourages people of all ages to develop a physically active lifestyle. When parents are active, children are more likely to be active and to remain active after they become adults. Regularly scheduled family fitness activities offer a wide range of benefits, from the health-giving physical aspects (strengthening your heart) to the emotionally supportive (combating the stresses of daily family life) to the purely practical ("Could somebody please run down to the store to get a couple of potatoes for dinner?")

There are three kinds of fitness that keep us in tip-top shape: flexibility, strength and endurance. Of these, endurance through aerobic exercise is the most important for improving your cardiovascular fitness level. Regular aerobic activity increases exercise capacity and plays a role in both primary and secondary prevention of cardiovascular disease. By moving a little faster and breathing a little harder, you strengthen both your heart and lungs. This kind of exercise is what physiologists call "a double push." Exercise at a level that is just "somewhat hard," for 20 to 30 minutes, but not so hard that "it's a week's work before you want to do it again!" The AHA-MC suggests adopting "a buddy system," where the entire family can enjoy, like brisk walking, bicycling, or cross-country skiing.

Finding time for family fitness is arguably the biggest challenge. Factors those who want a more active, enriching lifestyle. Registered Dietitian and AHA-MC volunteer Omeone Soule suggests the following for solving this challenge:

**SET A GOOD EXAMPLE**

Whatever your state, child, teen or grandparent, YOU can be the inspiration other family members are waiting for. Invite your family to share in your own fit adventure. Reward an after dinner walk instead of parking in front of the TV. Organize a Saturday outing to one of the Chicago area's numerous parks. Establish your own walking routine for 20 to 30 minutes three times a week and the majority of the members know they're welcome to come along. Good health is contagious; soon your entire family will want the same glow and sense of well-being you enjoy!

**BE A LITTLE SNEAKY**

Since time is at a premium in most households, sometimes you just have to fit in fitness wherever you can. At the supermarket park as far from the door as you can, and stride briskly to and from your shopping cart. Discuss regular breaks with your co-workers and negotiate TV-watching time during an after school walk instead of around the kitchen table. Set guidelines for using the car, and instead of the usual drive-down, walk a mile away.

**ASK FOR AND GIVE HEART-HEALTHY GIFTS**

Available in all price ranges, from colorful sport socks, glow-in-the-dark jump ropes and frisbees to roller blades, bicycles and ski equipment, give gifts that will encourage you and your family to think about putting fitness theory into action. How about a family "Y" fitness membership or t-shirts at the local park district?

**MAKE FITNESS FUN**

"People" of all ages enjoy a "treasure hunt walk." Invent your own by collecting 10 or more different types of full leaves, or scoring the neighborhood dog cooier (the biggest liest is the winner). Try a "B-C Photo Walk," passing the camera around in turn until you've shot images representing all 26 letters of the alphabet. Or keep a Family Fitness Log so each family member can record his or her own physical activity each day and see their fitness endurance levels improve month by month.

**BAN RERADOM**

Ask for family suggestions to make a list of "Boredom Busters" for those times when nobody knows what to do with themselves or when the weeks are particularly long. You and your family will have to take time out to be together. Some ideas to get you started:

- attend an outdoor flea market
- wash the car
- clean the yard or basement
- play basketball or soccer along the lakeshore - go bowling or apple-picking
- go to an outdoor concert with a father-son or mother-daughter basketball team

**DEVELOP FRIENDSHIPS WITH ACTIVITY PEOPLE.**

Exercising regularly is an easy way to cope with stress and fatigue and can help to counter anxiety and depression. Enjoy exercising with family and friends, old and new, reinforces healthy habits and is a benefit in itself. You'll meet the most interesting people in a beginning kayak class; at squaredance, line-dance or folk-dance lessons; at walking-for-worse loss training sessions. If, after six or eight weeks, you find yourself hooked, try a different experience, but keep moving until you've established an aerobic activity you enjoy.

**REWARD YOURSELVES,** and be surprised when willpower. Promise everyone a low-fat frozen yogurt after a morning walk along a Cuyahoga County stream. Or, in May when new windbreakers or tulipbones are just the thing to put a smile on your face regardless of the weather.

**PLAN HOLIDAY AC-TIVITIES RATHER THAN HOLIDAY MEALS.** Features involving new traditions, like "Waddle-with-the-Neigh-bors" post-Thanksgiving dinner walk; or a Christmas caroling party; or a New Year's Eve Dance-a-Thon; or a Mother's Day "picnic on wheels." By taking the accent off the traditional holiday meal, you'll be giving your family the gift Or health your heart and body need for a lifetime of fitness enjoyment.

For more information about heart-healthy fitness for the entire family, contact the American Heart Association of Metropolitan Chicago at (312) 346-4675.
Body Politic

Jobs vs. the Environment

by Eric Crosby

In 1988, George Bush vowed that if he were elected President, he would combat the green-house effect. However, something went wrong. He changed. In June, President Bush went to the Rio earth summit and did nothing. In September, he visited the timber laden Pacific Northwest. Here he promised to lift a court-imposed ban on clear-cutting in federal owned ancient forests. In addition to this, Bush’s Interior Department is planning to open national forests to private strip mining. What happened to the environmental President?

However, White House officials say that Bush has done more for the environment than any other president since Teddy Roosevelt. And they are using this fact to not only run for re-election, but also to bash Bill Clinton’s environmental policy. The Bush campaign is trying to paint Clinton as a person who would sacrifice American jobs in favor of saving the environment.

Clinton and his running mate Al Gore, however, say that sound environmental policies can be attained without hurting the economy. In fact, they say it will help the economy grow so that America will be able to compete with countries like Japan. The argument between the two camps has boiled over into the vice-presidential arena. Al Gore and Dan Quayle are fighting it out. Al Gore in his book Earth in the Balance: Ecology and the Human Spirit, calls for Americans to take urgent action in the face of a global ecological crisis. He also states that during the next 25 years, America should develop a more energy efficient alternative to the internal combustion engine.

Quayle, on the other hand, argues that existing programs to improve the environment are more than adequate. The state of America’s air, water, and forests is getting better. He also says that further improvements will come at the expense of American jobs. He openly attacks Gore for supporting congressional efforts to reduce the amount of fuel economy standards from 27 to 40 m.p.g.. Quayle argues that this would cost 300,000 jobs nationwide.

However, Quayle and his data is slightly misleading. The figures he uses is taken from a study by the Motor Vehicle Manufacturers Association. It is based on the unrealistic assumption that everyone now making a car that gets less than 40 m.p.g. would be put out of work. In contrast, a study by the American Council for an Energy-Efficient Economy contends that improving fuel economy to 40 m.p.g. would lead to a net gain of 70,000 jobs by the year 2000.

Gore also says the jobs-vs-environment argument is based on the same flawed logic that caused America’s businesses to disregard W. Edwards Demming’s ideas on quality. All Demming did, in fact, was to make automobiles more reliable because timelier "on the face of it, the state of America’s forests is increasingly being cut down. Between 1980 and 1988, the amount of timber cut in the Western states has increased 19% while timber employment fell 14%. This leaves one question; Why authorize more forests to be destroyed when employment is dropping?

The Bush Administration’s hard line on the environment does not appear to be doing so well. And the more he hammers at the jobs-vs-environment issue, the more he seems to convince the voters that he never meant to carry out his environmental promise.

Cafeteria Menu

* WIEEK of November 9- November 13, 1992

MONDAY Turkey Barley Soup
ENTREE: Fried Chicken Platter
HOT SANDWICH: Bacon Cheeseburger
TUESDAY Chicken Combo Soup
ENTREE: Spaghetti with Meat Sauce, and garlic bread
HOT SANDWICH: Footlong Hot Dog
WEDNESDAY Beef Vegetable Soup
ENTREE: Roast Pork Loin Platter
HOT SANDWICH: Italian Sesame
THURSDAY Minestrone Soup
ENTREE: Baked Potato with Choice of Toppings
HOT SANDWICH: Chicken Breast Fillet
FRIDAY Cream of Tomato Soup
ENTREE: Fresh Fillet of Pork Platter
HOT SANDWICH: Tuna Melt

* WIEEK OF November 16 - November 20, 1992

MONDAY Chicken Vegetable Soup
ENTREE: Broasted Pork Cutlet Platter
HOT SANDWICH: Chicago Style Hot Dog
TUESDAY Beef Noodle Soup
ENTREE: Roast Turkey Breast Platter
HOT SANDWICH: Bro. B. Q. Pork
WEDNESDAY Turkey Noodle Soup
ENTREE: Two Choice London with Parmesan Bread
HOT SANDWICH: Italian Beef
THURSDAY Split Pea Soup
ENTREE: Chicken Fried Beef Steak with Country Gravy
HOT SANDWICH: Steppie Joe
FRIDAY New England Clam Chowder
ENTREE: Fried Pork Fillet Platter
HOT SANDWICH: Patty Melt

Governors State University
Opportunity '92/93
Focus on the Future

Interviews will start at 9am and continue until noon. Interested students need to dress as they would for an interview and bring copies of your resume. The Job Fair will be held in the Theater, directly across from Career Services, B1109

Job Fair Participants

1. Dean Witter Reynolds - Account Executive Trainees
2. The Signature Group - Telemarketing...no selling involved
3. Country Companies Insurance - Insurance Agents...no particular field of study
5. Becker CPA Review - Info only
6. Radio Shack - Retail manager trainee, Full/Part-time Retail Sales
7. Walgreens - Retail Management Trainees, Business Administration, Marketing Management
8. Social Security Administration - Contract Reps, Claims Reps. B.A. required - no degree preference - 3.5 higher GPA
9. Fortis - Branch Manager Trainees - All majors accepted
10. The Methodist Hospital - Computer Science/Data Processing, Accounting
11. Famous Footwear - Retail Store Managers, Assistant Store Managers, Management Entry-Level Degrees Preferred: Business, Management, Marketing, Communications, Liberal Arts
12. Oak Lawn Hilton - Cooks, Servers, Switchboard Operators
13. Calumet Council- Boy Scouts of America - Entry Level District Managers - No preferred degree
14. Trans-Apparel Group - Computer Science, Accounting, Industrial Engineering
15. Applied Systems Inc. - Programmers, Support (software/hardware) Programming Tech
16. Hinckley & Schmitt, Inc. - Commercial Accounts Representative - No degree preference
17. U.S. Probation - Probation Officers, Probation Officer Assistants
19. American Drugs - Management Trainee's
20. Richard D. Irwin, Inc. - Marketing, Journalism, Liberal Arts, English, Computer Science
21. Mary Kay Cosmetics
22. Prudential Insurance - Financial Services Representatives
23. Camardon, Inc. - Duplicator Sales, Facsimile Sales
24. Cook County Adult Probation Dept. - Interns- Volunteers Probation Appicants. Positions are in Cook County.
25. Ingalls Hospital - Mainly nursing positions...Other degree's as well.
26. Alpine Industries - Marketing and Sales - Will take any type of degree...Marketing degree helpful...
28. Primebecca - Teachers, Business, Marketing, Education, Accounting, and Administration Majors
29. Illinois State Police - Any majors
30. Cook County Presidents Office of Employment Training
31. Aunt Martha's Youth Service Center, Inc - Youth Care Case Managers, Counselors, Family Educators, Psychologists, Psychiatrists, Day Care workers
32. Internal Revenue Service (IRS) - Minimum of 15 hours accounting/9 hours other business courses
33. F.B.I. - Special Agent Positions
34. L.S. Domestic Services
35. Filene's Basement - No degree preference; Lead associates, Group managers
36. Metropolitan Life
37. Interventions - Counselor: Substance Abuse and Sr. Counselor: Substance Abuse
38. Naval Officer Programs -Prefers technical degree
39. Red Cross - Computer Science/Social Work
40. Franklin Life Marketing, Finance, Communication and Education Majors accepted. People seeking positions in Financial service.
41. Household Finance
The South Metropolitan Association (SMA) is a cooperative association of elementary and high schools that provides special education services for children with low incidence handicaps through age 21. SMA's Center for Adaptive Programming (CAP) offers the students training for maximum functional independence. This is the second year the CAP group of 18 to 21 year-olds is on the SMA campus, and Chapman thought computer training would be another way of integrating SMA's students into the university environment.

In five lessons, Dr. Blood is teaching the basic commands to help the students learn to follow his directions, sequencing and moving the cursor directionally by degrees. "These are simple instructions, but the classes help build self-esteem in the students," Dr. Blood explained. The students also constructed pin wheels to help reinforce his lessons in moving the cursor 90-degrees, 180-degrees, etc.

The initial lessons were enough to get the students interested in what they could do. Chapman said during one break period she found a student in the computer room experimenting. Another shared his enthusiasm by writing a letter to his pen pal about the class.

"It means a lot to them to have a college professor work with them. A few of the students have relatives attending Governors State and they have had Dr. Blood as an instructor too. That helps strengthen the bond," Chapman added.

### Loan Defaults Risk Penalties

SPRINGFIELD, III., Oct. 28—Illinois student loan defaulters face possible loss of 1992 federal income tax refunds under Federal legislation that continues a very successful tax offset program.

The Illinois Student Assistance Commission (ISAC) has for the eighth consecutive year entered into an agreement with the U.S. Department of Education to assign certain defaulted federal loans for the potential offset of the borrowers' 1992 federal tax refunds.

Under the terms of the agreement with ED, ISAC will certify for offsets any loans on which there has been no payment for 90 days since December 4, 1992. Borrowers were notified by letter in mid-September that their loans had been assigned to the U.S. Department of Education. The Department will in turn assign the accounts to the Internal Revenue Service (IRS) for offset against any 1992 federal tax refunds that might be due the borrowers in question. If a debt or certified for offset responds to the letter by paying the loan in full or by entering into a satisfactory repayment schedule with ISAC, the assignment of the loan may be canceled.

Last year, ISAC assigned 74,630 accounts to ED. As of September 25, 1992, that assignment resulted in over $309.2 million of taxes collected by the IRS, claims ISAC. This continued increase indicates that many defaulted borrowers want to and are repaying their student loans.

"The offset program is an effective method to gain the attention of those borrowers who have continually ignored the efforts of the collections staff at ISAC," said Art Bilski, ISAC Director of Claims and Collections. Bilski urged borrowers who need assistance in repaying their loans to contact an account representative at (708) 945-7040, Monday through Friday, 8 a.m. to 8 p.m. For borrowers outside the 312 and 708 area codes, the telephone number is 1-800-WEHELP2 (1-800-934-3572), Monday through Friday from 8 a.m. to 6 p.m.

### NJCOTINE PATCH SMOKING CESSATION LECTURE

**BLOOD PRESSURE SCREENING**

If you and/or the "significant other smoker" in your life really want to quit smoking, there is help available. Leonard Robinson, M.D., will explain the nicotine patch and other smoking cessation methods and discuss smoking as a cancer risk factor along with high blood pressure, cholesterol and overweight. Also, blood pressure screenings will be provided, no appointment necessary.

**DATE:** Wednesday, November 18, 1992 6:00 - 7:00pm

**PLACE:** Homewood-Flossmoor Racquet & Fitness Club 2920 W. 183rd Street Homewood, Illinois

**AGE:** 14 and up

**FEE:** FREE

Call 1-800-221-2199 to register for the lecture.

In addition, Dr. Robinson is offering a free 15-minute consultation in his office, a sample patch, and a how-to booklet. Lung capacity tests will also be conducted with the results available immediately for discussion with the doctor.

**DATE:** Friday, November 20, 1992 3:30 - 5:30pm

**PLACE:** Ingalls Family Care Center 4647 W. Lincoln Highway On Route 30 just east of Cicero next to Lincoln Mall Matteson, Illinois

**AGE:** Adults

**FEE:** FREE

Call 747-7720 for an appointment.

### CPA Review Course at GSU

**UNIVERSITY PARK—Students eligible to take the Certified Public Accountant (CPA) exam in May 1993 are invited to enroll in a "Comprehensive CPA Review Course" at Governors State University.**

The 10-week review course meets Saturdays Feb. 13 through April 24. The course offers faculty instruction augmented by computerized CPA review materials.

Course materials emphasize concepts, procedures and exam-taking techniques as they apply to the multiple choice questions, problems and essays covered in the CPA exam.

Students taking the review course and CPA exam must have completed college, university and/or high school acceptable to the University of Illinois.

"The fee for the "Comprehensive CPA Review Course" is $825.

For further information on the course or on registration procedures, call Dr. Sheldon Malm at GSU at (708) 534-4936.
Economic Director addresses High School Issues

UNIVERSITY PARK—John Morton, director of the Office of Economics and Elementary Education at Governors State University, shared his expertise with 25 teachers participating in a three-week training workshop funded by the National Science Foundation.

Morton was the lead teacher for each of the three-week workshops conducted this summer at Clemson University in South Carolina, the University of California at Los Angeles (UCLA), the University of Minnesota and Purdue University-West Lafayette.

The teachers, who teach advance placement economics at high schools throughout the country, spent their mornings learning economic theories and their afternoons learning new teaching techniques.

Morton planned the curriculum and wrote the proposal for the National Science Foundation grant under the auspices of the National Council of Economic Education. He taught with economics professors from each of the four universities.

“Our goal was really three-fold,” he explained. “We wanted to improve the teachers’ knowledge of economics so that they would be not only better advanced placement economics teachers, but also better economics teachers in general. We also wanted to establish a network of teachers, and we wanted to encourage networking among the high school teachers and the college professors so that they can set up their own local workshops on economics.

Morton, who has been teaching economics at Homewood-Flossmoor High School since 1969, has been networking with Illinois economics teachers for years. Today the GSU Office of Economic Education coordinates a state network of 150 high school teachers, and is the national center for high school economics courses. Morton wrote the two workbooks and teachers’ guide used nationally in advanced placement courses.

The GSU Office of Economic Education also has focused on coordinating economics programs for kindergarten through high school so that the subject is introduced in the early grades.

The College Board asked me to serve on its test development committee three years ago to look at two tests — in macro and micro economics,” he said. High school students who scored well on the tests can receive college credits. Today nearly 15,000 students nationally take the advanced placement test.

Morton also is the chairman of the College Board’s advisory board for the "Walt Street Journal" on its student "classroom remediation." The monthly newsletter of the board focuses on specific topics suggested by the advisory board.

Economics not only teaches students about supply and demand, the United States monetary system and consumer purchasing power, but it teaches a unique way of thinking. It’s a system of logic and higher order skills. Students learn to think differently on economics issues. Morton believes, "They try to memorize economics and then they find they are not sure of the secondary effects, so then students begin to think things through."

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Letter to the Editor

University Student Center Praised

I would like to take this opportunity to let the faculty and students be aware of the wonderful student Life Center that is available at GSU.

In January 1990, I was released from the Rehabilitation Institute of Chicago where I had been rehabilitating from two spinal surgeries in 10 months I needed to continue my exercise program and lose weight. I had a lot of hard work ahead of me.

Today October 1992, after two years at the Student Center, I’ve reached my goal and lost 54 lbs.

The staff here was extremely friendly, supportive and always available during this time. If losing weight or getting in to physical shape is one of your goals, then the staff and equipment is available at the Student Life Center.

I’m sure weight getting and shaping into shape is never easy, but here at the Student Life Center, it can be a reality. I know! So come to the Student Life Center, have some fun and some new friends.

Donna Reilly
Student Life Center Member

Grant Will Help

Comm. College Transfer Students

UNIVERSITY PARK—Governors State University has been awarded a $27,000 grant to help improve its transfer services. According to Judith Gustawson, coordinator of academic advising, the Illinois Board of Higher Education HICRA grant allows GSU to hire an advisor to coordinate transfer programs and services in the community colleges directly linked to GSU – Prairie State College, South Suburban College, Moraine Valley Community College and Kankakee Community College.

Special emphasis will be placed on minority assistance while GSU works to increase its visibility on the campuses.

A GSU advisor has been serving Moraine Valley Community College since 1985, and it added South Suburban College in 1988 and Prairie State College in 1989. An advisor has been on the campuses on a rotating schedule.

The grant gives the GSU the opportunity to expand its advising to all five campuses on a regular basis. The advisor will offer one-on-one student services, Gustawson explained.
GSU Student Alice Moore-Parker

Dubbed "Student Success Story"

By Barbara A Johnson

UNIVERSITY PARK — The Midwest Regional Conference of Financial Aid Administrators recognized Alice Moore-Parker of Governors State University as the "Student Success Story." The graduate student earlier was selected the Illinois student best representing the success of students receiving financial aid. Moore-Parker’s story was considered an outstanding example of how financial aid can be used to help students meet their academic goals. The Manteno resident began work on a college degree at Kankakee Community College in 1985. Divorced and with two children, Moore-Parker had to overcome not only a financial burden but also serious health problems in meeting her educational goals. Her ambition, courage and academic success earned her the 1990 Pacesetter Award from the Illinois Community College Trustee Association. She was one of 12 students in the state to win the award.

The scholarship covered her tuition for a bachelor’s degree.

Homework Hotline Gets Push from GSU Professor Suzanne Prescott

UNIVERSITY PARK — "How much homework do you have?" That question will be answered with the push of a button thanks to a collaborative effort by Hickory School Office and the Governor from Governors State University to create a "homework hotline." Several years ago, Hickory School Principal John Rodgers read a story about an elementary school installing a hotline. When he became principal this year, Rodgers took the idea to parents who agreed a homework hotline would give them the chance to learn what the teachers had assigned that day.

"As a former classroom teacher, I know kids say they have no homework, even though parents know that teachers generally give homework daily," Rodgers said.

Through candy sales, the University Park parents raised $7,000 surpassing their $3,000 goal for equipment and computer programs. It was during that time that GSU Professor Suzanne Prescott learned of the project and volunteered to help. She has designed and implemented voice mail programs for educational uses.

"I was talking with a Hickory parent whose wife is a student at GSU," she explained. "He was telling me about the hotline project, and I thought I could help."

GSU INNOVATOR

November 5, 1992

Sovereign Furniture Manufacturing

Has been making upholstered sofas and chairs at this location in Thornton for 45 years.

This recession has cut our sales to retailers. So we are opening our factory to the public.

You will get REAL FACTORY DIRECT PRICES from us. Come on in and SAVE on:

Sofas, Sleepers, Loveseats, Chairs, Benches etc.

A wide selection of styles and fabrics for you to choose from.

BRING GSU STUDENT, STAFF OR FACULTY I.D. & SAVE 10% MORE!

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Cooperative Computer Center
Prepares For Move to New Building

Construction of the new CCC/ECN building on the Governors State University campus is proceeding with completion expected in December 1992 or January 1993. The new building, CCC will move its offices and operations from Elmhurst to the new building.

Two committees have been established at CCC to prepare detailed plans for the move. Their objective is to ensure that the move proceeds as smoothly as possible with minimal disruptions in services to CCC users. Their plans are based on completing the move during a three day week end.

The first committee, headed by CCC Director, Paul Grassman, is responsible for the office move. The second committee, headed by CCC Associate Director, Gary Emery, is responsible for the data center move. Both committees are meeting regularly to identify and plan all move related tasks.

A very important part of the data center move plan includes contingency plans to ensure that there is minimal disruption in services. The Committee is identifying all possible problems that could occur during the move and preparing detailed plans to resolve potential problems, should they occur.

Paul Grassman, CCC Director stated, "The key to a successful move is careful and detailed planning. The process is in place to do this, and our staff is committed to making the move as trouble free to our users as possible."

Alumni Association
Awards Students for Academic Achievement

UNIVERSITY PARK - The Governors State University Alumni Association has awarded Alumni Academic Awards to 55 students. To be selected, these students maintain a 3.75 grade point average on a 4.0 scale, and are now enrolled for at least nine credit hours. The 55 recipients receive a $200 award stipend during the fall trimester and receive a $200 stipend during the winter trimester if they continue to meet all qualifications.

College of Health Professions recipients are undergraduate student George Enborn of Crest, and graduate students Angela Evangelopulos of Orland Park, Catherine Jordan of Country Club Hills, Janice M. Lawrey Martin of the 7200 block of Triunfa Avenue in Chicago, Karin Noffinger of New Lenox and Desiree Sana of the 600 block of West Wellington Avenue in Chicago.

College of Arts and Sciences recipients are undergraduate students Betty Burghard of Flossmoor, Frederick Dobrinski of Park Forest, David Garcia of Burbank, Lynn Hill of Orland Park, Barbara Johnson of Steger, Judy Kocisz of Country Club Hills, Patricia Leonard of Lockport, and Bonnie J. Porrier of Calumet City. Also, graduate students Mary Delong of Lansing, Patricia McQuarrie of Joliet and Donald Pratt Jr. of Chicago Ridge.

College of Business and Public Administration recipients are undergraduates Cathy Asher of Tinley Park, Ellen Carpenter of Lansing, Jacqueline Cooper of Frankfort, Diane Jo Gresnay of East Hazel Crest, Thomas R. Inzunzakis of Lockport, Ralph Ising of Homewood, John J. Joza of Homewood, Tracey Langelli of St. Anne, Britt Modell of Crest, Pamela Pfitzer of Tinley Park, Scott Rodin of Tinley Park, and Toby Lee Toth of St. Anne, and graduate student Catherine Cox of Park Forest.

College of Education recipients are undergraduates Dorothy Bass of Homewood, Theresa Carlson of Park Forest, Cheryl Cole of Lansing, Susan Pedersen of Bridgeview, Mary Quinn of Lansing, Kathleen Rose of Palos Park, Sandra Warren of Steger, Virginia Warren of Bourbonnais, Kathleen Weiser of Country Club Hills.


Recipients from the Board of Governors Bachelor of Arts degree program are Tom Corless of the 5500 block of Wayne Avenue in Chicago, and John P. Vickery of Orland Park.

Computing Workshops Offered

UNIVERSITY PARK - Introductory, intermediate and advanced computer workshops will be offered during November at Governors State University.

"Harvard Graphics - Introduction (DOS version)" will be offered from 9 a.m. to noon Saturdays - Nov. 7 and 14. The program is considered one of the outstanding business graphics packages that allows for inclusion of graphics in word-processed documents. The fee is $115.

A class that's great for beginners, "Introduction to the Macintosh," will meet from 5 to 8 p.m. Friday, Nov. 20. This hands-on class gives the basics of this program. The fee is $50.

A five-session course, "Introduction to Personal Computers," will meet from 1 to 4 p.m. Fridays, Nov. 6, 13, 20, and Dec. 11 and 18. Students will learn the basics of word processing, spreadsheet creation, file creation and graphics. The fee for this course is $150.

"Lotus 1-2-3 Release 2.X - Introduction (DOS version)" is offered from 4 to 8 p.m. Fridays, Nov. 6, 13, 20 and Dec. 4 and 11. The course includes instruction in creating, saving and printing financial statements, sales reports and inventory sheets. The fee is $295.

One of the best-known word processing programs is "Microsoft Word." The basic course for the Macintosh includes the specialty features of editing, footnoteing, document standardization and more. The course meets from 1 to 5 p.m. Saturdays, Nov. 7, 14 and 21. The fee is $195.

The DOS version of "WordPerfect - Introduction," will meet from 9 a.m. to 4.30 p.m. Mondays, Nov. 23 and 30. Participating students will type, save, print and edit documents quickly and easily. The fee is $195.

For those with WordPerfect skills, the advanced DOS version course will be offered from 9 a.m. to 4.30 p.m. Saturdays, Nov. 21 and Dec. 5. The fee is $195.

For information on these courses, or to register, call the GSU Extension Center at Orland Park Land at (708) 403-3623.
AIDS-Continued from front page

years after becoming infected by HIV.
It is these seemingly healthy people, Matteson notes, "who may disclose this to others. People feel safe when in fact they are not."

Rather than waiting for a cure, Matteson recommends resources be allocated to preventing further spread of the virus through AIDS education, with an emphasis on safe sex and cohabitation.

Unlike other viruses, in which antibodies are developed to combat viruses; with AIDS, each time a person produces antibodies, the mechanisms allow subtypes that have mutated. It is these seemingly healthy people that are infected during the period between two humans who are infected and still test negative if he/she had contacted the virus in a time period less than six weeks.

"In a worst case scenario, if a woman was raped from a person who you late learned was HIV positive, then if you tested negative in six weeks, you may want to get tested in six months," said Matteson.

Matteson concluded that safe sex and the use of condoms remain the best way to protect against the spread of the AIDS virus.

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GSU Innovator
November 5, 1992

President Wolff Gives Pay Raise to GSU foundation

UNIVERSITY PARK — Governor State University President Paul Wolff has given GSU a $3,900 raise to programs benefiting students and faculty.
The decision was approved by the Board of Governors Universities at its meeting today.
Said President Wolff: "The raise will be given to the GSU Foundation to be returned to the university for academic enhancement directed by agreement of the deans, division chairs and provost in consultation with the faculty."
"This is not a general raise. The money raised by GSU is teaching and I want this money to be used to benefit the students," he said.
"The division chairs, deans and provost will have the best ideas how to support our already strong programs here at GSU."

AIDS-Continued from front page

GSU History-Continued from front page

"Out of the corner of their mouths they'd ask if I was really working for a black university, in sort of conspiratorial tones. "They'd remain unconvinced and I think for the longest time in the south suburbs that kind of representation prevailed along with a reputation of not being too academically stringent," he says. President Goodman-Malamuth took on the challenge of changing attitudes about GSU. "In the first 5 or 6 years, I did more speaking on the outside than I'd done in the last 4 or 6 years," he said, "and that was really to create relationships with communities, with Rotary, with Kiwanis and in meeting people at cultural affairs...the one thing that helped us change was about 5 years into it we went into curriculum realignment. We redid all the curriculum...it was the most massive reorganization of the curriculum...in the State of Illinois. That was good, positive press for us, and it created a new identity for us."

A change to a graded, rather than a competency-based education system, also gave the university more credibility. Today GSU isn't looked at as just one of the major employers of the area. It is a quality institution of learning.

Some say that quality is downplayed. Catherine Taylor, dean of Student Affairs and Services, disagrees with the notion that GSU is too new to be competitive in the realm of higher education.

"We have access to education that is unparalleled by most institutions," she argues. "We are serving a clientele that will become the major client of the community."

The tree seedlings are mainly made up of Serviceberry or Juneberry, Chinapin Oak, Shingle Oak, Swamp White Oak and some Bar Oak. Most of the seedlings were planted in the existing "wind rows" (rows of trees and shrubs planted to cut the prairie wind) where the shrub border looked weak.

Also included in this donation were 25 trees. These have been planted on the west side of the Stunken Road entrance and the east side of the lake. Varieties in this group include Kentucky Coffeetree, Shingle Oak, Swamp White Oak, and some Bar Oak.

The donation of these plantings makes for a more diverse spring and more colorful fall on the GSU campus for years to come.