The Governors State University Alumni Association presented its Donald Hansen Memorial Endowed Scholarship to Anisa Hussain of Homewood and Mary Clumpner of Hazel Crest. The scholarship is given in memory of the late Donald Hansen who served as president of the GSU Alumni Association. Student recipients must have an exemplary academic record and be involved in leadership positions. Each student receives a $1,200 cash award.

Anisa Hussain is a graduate psychology major with an emphasis in school psychology. Her grade point average is 3.96. She has served as president of the School Psychology Council and is an active member of the South Metropolitan School Psychologists Association. She is a student representative to the Illinois School Psychologists Association.

Hussain has received the All-American Scholar Award, the GSU Student Life Recognition Award and the GSU African American Staff Counsel Award. For five trimesters, Hussain was a graduate assistant in the GSU Division of Psychology and Counseling, and she received the Meritorious Academic Achievement Award from the division. Hussain is married and the mother of five-year-old twin boys. Clumpner is a senior majoring in business administration in the College of Business and Public Administration.

While Blackburn and Tommy Dascenzo were attending a convention and unable to attend the student union meeting, Hussain felt the system had several applications and that critics did not understand the system's level of sophistication. While some university officials were opposed to having static message boards placed around campus, Blackburn and Dascenzo felt the system had several applications and that critics did not understand the system's level of sophistication. Now that the system has been installed, other university departments have expressed interest in utilizing its unique technology.

Blackburn said several departments and offices within the university have been instrumental in getting the system on line, including Physical Plant Operations, the Center for Extended Learning and Communications Services and Information Services. The Office of Student Life is currently establishing the process by which organizations and groups can display their messages. Blackburn said a need to maintain quality control exists, so no faulty information is displayed. The process should be established sometime early next trimester.

Student Senate Elects New Executive Officers

By Steve Young
The Student Senate elected new executive officers at their regular meeting Nov. 25. After a lengthy discussion about parliamentary and election procedure, the candidates for President were given the opportunity to say a few words about their qualifications.

Lammur Broughton, who ran unopposed, said that experience was important in shaping the goals for the new senate. He said his prior terms on the senate gave him that experience. Streater won by a narrow margin.

Tom Williamson, candidate for Vice-President, said he led by example. The other candidate for Vice-President, Matthew Zarin, offered his two years experience on the senate as proof that he was committed to the body. After an initial tie vote, Williamson edged Zarin out in the second ballot.

Sue Carlson, who ran unopposed for Secretary, jokingly chided fellow senators for being "chickens" and not entering the race. She was handedly elected. Bob Hensle, who has kept books in past jobs, ended up running unopposed after fellow candidate Mathew Zarin removed himself from the ballot. Hensle also won easily.

Two candidates found themselves on the final ballot for Public Relations Officer. Debra Ford offered her experience in public relations as a reason to vote her in. Norm Pyles said her experience as a small business owner had also given her concrete experience in public relations. Pyles won by a slight margin.

After voting, the senate went right to work, debating the pros and cons of giving senate funds to the upcoming Civil Servants dinner.
Attention People Who Care: Join Circle K

Circle K - What is it? A convenience store, a dude ranch, perhaps a political club? At GSU, there is an actual club called Circle K International (CKI).

Why would anyone pick that name? Well, this club was formed over thirty years ago and is part of an international organization, so the name is quite fitting. The Circle K Club has divided several times, one part being the Circle K National Student Advertising Federation, the other the Circle K of America. The current Circle K Club that we have is the Circle K of America that changed its name to Circle K International only recently. What makes this club unique is the fact that they are all students, not just professors, who come together to complete projects and reach goals.

The main focus of the club is community service. They have been involved in projects ranging from nursing home bingo games, tree planting, and raising money for nursing homes to performing light chores at nursing homes and performing with the 4-H Club. Some members have helped coordinate projects and perform acts, while others have volunteered for over a year. Not only do the club recipients gain by every volunteer, but the volunteers actually gain.

So, what. They care. But what to they do? The club's main focus is on volunteer service to the community, on campus, and supporting national and international philanthropies.

Who picks which projects to do? Any member can bring ideas to the club meetings. Past projects include nursing home bingo games, tree planting, raising money for nursing homes, and performing with the 4-H Club. Some members have volunteered for over a year. Not only do the club recipients gain by every volunteer, but the volunteers actually gain.

How do you find out more? This club currently meets on Thursdays at 7:00 p.m. on the first and third Thursdays of the month, and at 3:30 p.m. on the last Thursday. They meet in the Student Union Room 130. The club is active year-round, but some members may not participate at certain times of the year due to class pressures or other commitments. For more information, contact Lensie Tietjen at (815) 933-4658 or leave a note in the CKI mailbox in Student Union.

How can I change the name Circle K? Propose an amendment to the international bylaws and defend it at the next international convention in Nashville, Virginia, 1993.
Gouvernors State University President Paula Wolff has named four administrators to fill acting positions.

"I am excited and pleased with the effort these four highly competent people," Dr. Wolff said. "It is most beneficial for the university and for me during this early period to have people of such competence and commitment to the goals of GSU willing to serve."

Community College Scholarships Awarded

Gouvernors State University has awarded $10,000 in scholarships to 59 students for 1992-93.

Elizabeth Moore of Glenwood transferred to DePaul University, and she has been selected as a College of Arts, Letters, Learning Assistance, Office of Career Services and the Campus Community Center and its programs. Collins received a bachelor's degree in sociology from Langston University in Oklahoma, a master's degree in counseling from Governors State University, and is a doctoral candidate in higher education at Loyola University in Chicago.

Dr. Oden came to GSU as a professor of political science in 1979. He was named chairperson of the Division of Humanities and Social Sciences in 1979. He continued in that position until being named the acting dean for the college, which includes the Division of Science, the Division of Fine and Performing Arts, the Division of Communications, and the Division of Humanities and Social Sciences.

Dr. Oden received a bachelor's degree from North Carolina Central University, and master's and doctoral degrees from The University of Chicago. The four will serve until September when permanent vice presidents and deans are named.

UNIVERSITY PARK - Alice Moore Parker planned on an advertised summer job. "I only took a video class so I could produce commercials," she recalls. While working at a local video store, Gouvernors State University student had produced an award-winning video. "I found an internship as a production assist­ant at WBBM-TV in Chicago, and earned college credit as an assistant director for the Vermont summer stock musical "Romeo and Juliet.

"I love video," she says now. "I just have a knack for visualizing what a picture I'd want on video tape."

Parker says her master's thesis, a 45-minute musical called on the life of painter Norman Rockwell, allowed her to use all facets of her education. She wrote, videotaped, edited and narrated the program. In 45 minutes, documentary using skills she's acquired in classes in scriptwriting, camera work, video, television production, editing, audio techniques, music and graphics."

"Only at Governors State would I have had the opportunity to share my experiences with other students," Parker said. "I learned to use a video camera, there was no turning back."

She single out two of her professors for special accolades. "My greatest achievement, I believe in my talents and gave me the chance to perform on campus," Parker said. "When Gilbert was asked to serve as assistant director for "Rockwell," she recommended Parker for the assistant director and stage manager positions. "I have learned so much from her. Although her background is comparatively low cost. It's not a thought that I would have dropped out. Instead, he encouraged me, pushed me and inspired me to learn. He is always willing to share his knowledge with people, regardless, it's the only way to learn and complete a degree."

Dr. Oden, who initiated the audio program, admitted that more people, regardless, it's the only way to learn and complete a degree.

"Yes, you could say GSU was her only option for degree completion because of location, but I wanted the chance to learn and complete a degree."

"Yes, you could say GSU was my only option, but I tell people, regardless, it's the only place for me. My GSU experience was wonderful."
**New Energy Course Offered Environemental Focus Stressened**

The balance between the economic, social and political issues on the use of resources will be examined in a new course, "Energy, Resources and Society," offered by Governors State University. The program is so exclusive that only five students besides Richard are involved and all their classes are taught by one legendary professor. The professor not only teaches, but idealizes Greek language and culture. Four of the students take this idealization as an extreme when they perform an ancient ceremony to summon the god Dionysus. The ceremony is so much of a success, the students get whipped into a frenzy and murder an innocent bystander. The fifth student, Bunny, a boorish, greedy, yet subconsciously moral young man, who was not trusted to take part in the ceremony, learns of the killing and is gradually obsessed by it. The other four enlist Richard to help them deal with the threat. The group eventually decides they have to have a happy ending. For the rest of the book, Richard and his friends have to deal with the repercussions of murder and cover-up. In a way, it is a modern "Crime and Punishment" (several references are made to Dostoyevsky's classic), but it is also much more.

By Eric Crosby

The U.S. hasn't taken much interest in Europe over the past few years. Instead, we have been concentrating solely on the middle east and the far east. However, this is changing.

Bill Clinton will be the first president since Eisenhower whose foreign agenda will be dominated by European issues. This is because Europe is a mess, to say the least. There is a war in Yugoslavia and the newly formed democracies of the old Eastern Europe need lots of help. And, the New Economic Community is slated to start January 1, 1993, is a foreboding due to Danish voters and the British Parliament. And, anti-seminism is popping in up in places like Poland, Hungary, and the Soviet Union. It has become so bad in Eastern Europe that NATO voted the communists back into power! But why should America care?

American interests are directly affected by all these developments. Since 1989, when the Wall fell in Eastern Europe, America, its allies and former enemies have joined together in pursuit of a "new world order". This allowed the U.S. to pass the "Western Protector" torch, so to speak, to the European Economic Community.

However, Developments have not turned out quite the way they were planned. The former communist states have absorbed tens of billions of dollars of Western aid, but still remain economically and political basket cases. In September, high German interest rates led to the collapse of the European Monetary system.

Therefore, the U.S. must step in. But, before we can do this, we have to convince ourselves that Europe matters to our well-being. We have been wondering that we really don't need Western Europe as allies anymore for there is no real threat of war. But, not since the end of World War II, has the alliance been more necessary. Neither the U.S. nor Europe, alone, can deal with the economic mess in Eastern Europe. And, neither, alone, can revive the world trading system.

Clinton needs to make it plain that he recognizes the connection between the world's economies and democracies. He should propose a summit to re-work NATO. By doing this, it would give the European nations a larger voice in their own defense in return for a promise to pay for it. Clinton should also be specific on how many things he proposes to keep in Europe and for how long. In regards to trade, he should institute a balanced, fair reaching now accord like that in the GATT agreement. This could help to rekindle growth throughout the world.

On all these things are done, can we, the U.S. and our European allies, really concentrate on the issue at hand; making peace in Yugoslavia.

Only in a way is written in the form of Europe, and the fighting that is going on there.

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**Book Review**

by Steve Young

The Secret History by Donna Tartt

Knopf, 524 pages, $27.50

Anyone who pays attention to the literary world must have heard of Donna Tartt's debut novel "The Secret History". The 26 year old author reportedly received an advance of over $250,000 for the book, an unheard of sum for a first novel by a virtual unknown. Before the book was even published Tartt sold the rights to Hollywood, reportedly for another $400,000. This month the book was published, features about Tartt and her book were published in several high-profile national magazines, including Vanity Fair and Harper's.

The advance press suggested that Tartt was a very talented author with strong literary connections. (The novel is dedicated, in part, to Brett Easton Ellis, "of Less Than Zero" fame and "American Psycho" infamy, who attended college with Tartt.) I must admit, I was fascinated yet repelled. The superfine of a obviously commerical novel, Tartt's fascination with themes of mass-idealization and the disintegration of well-known Thelastics (of not-so-commercial, but definitely good books).

To my surprise, "The Secret History" deserved the hype it got, to the extent that any book deserves that kind of hype. It's the story of Richard and his four friends at Dartmouth College. The story begins when the four, under the influence of a new student, Bunny, who is a Greek tragedy. Tartt's story has a great deal to do with Nietzsche, especially the ideas explored in "The Birth of Tragedy". The young, Apostolian students' tragedy begins when they (very literally) encounter the Dorian sport.

The book also refers to the "cannibalistic" and "multiculturalism" currently raging in higher education. Interestingly, near the end of the book, the college's classics department is dismantled to make room for a new semiotic division.

Though some of the ideas are quite heady, they are kept subservient to the story, which is very readable. The author makes occasional references to obscure writers I didn't know, but that did not lessen my enjoyment of the book. "The Secret History" relates a fascinating story complemented with interesting ideas, making a good, maybe great book.

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**Basic Biology Course Begins January 16**

UNIVERSITY PARK- Governors State University is offering a weekend class in basic biology, one of the most fundamental major during the winter trimester.

"Basic Science Foundations II" meets at 1 p.m. Saturdays, Jan. 16 through April 24. It focuses on plant life cycles and classification, the structure and operations of DNA, the biology of microorganisms and the fundamental principles of ecology and evolution. Tuition for this three credit-hour course is $231 for undergraduates and $243 for graduates. The auditing fee is $50.

Registration is being accepted on a first come, first served basis, from Jan. 11 through 16. For details, call Dominic Cancello in the Office of Conferences/Workshops and Weekend College at (708) 534-4098.
Letters To The Editor

Student Requests Increased Hours

GSU officials who made the decision to close GSU during the three days following Thanksgiving are showing no concern for GSU students. With the end of the trimester quickly approaching, students are in dire need of computer lab and library facilities. Without these resources, a student's ability to complete research papers and other assignments is halted. Closing the computer lab and library on Thanksgiving and the day following the holiday seems reasonable, but when did the weekend following Thanksgiving become a holiday? GSU students are reminded of the valuable resources afforded them, but what good are those resources if students can't use them when they need them most?

R. Gubitz
Student

Student Claims Coercion

EDITORS NOTE: The INNOVATOR received a copy of the following letter. The letter was written to the Registrars office in response to a letter sent to graduating students by the Registrar.

I am writing in response to the Student Opinion Survey that your office sent me recently. After reading your cover letter explaining the nature of this survey, I find that, frankly, I am NOT amused. I don't object to the survey itself, in fact something of this sort should have been implemented years ago. Hopefully, in light of all of the discussion concerning program cuts this past year, the Board of Gover-

nors will be able to put the information to good use. However, I am baffled by your statement that my application for graduation will not be complete until I have completed and returned the survey to your office, which in my mind implies that if I fail to do so, I will not be allowed to graduate.

I have gone over my study plan, the current and several past editions of the GSU Catalog, and every other piece of documentation that I have concerning the Bachelor of Arts in Public Administration program and, to the best of my knowledge, there is nothing stipulating that completing this survey is one of my graduation requirements! Surely you can understand my surprise in finding out several short weeks before the end of my final trimester as an undergraduate student, low and behold, after carefully completing all the paperwork and paying all the fees, there suddenly appears, from out of nowhere, yet another requirement for graduation that no one knew anything about.

Quite frankly, I am shocked and appalled by your actions. As I understand it, forcing someone to participate in a survey under duress (let's say by not processing graduation applications, for example) is HIGHLY UN-ETHICAL, totally invalidates the objectivity of the survey, and may raise a number of legal problems that I hope you would wish to avoid. It is also tacky, rude, and extremely insulting to threaten students in this manner and I will not stand for it.

I have worked too long and too hard to get to this point in my education and I will not let this cheap attempt at coercion (just to complete a survey) stand in the way of my graduating on time. Therefore, I am returning the survey to your office as requested by December 4th in the postage paid envelope. According to the instructions on the survey, I may omit information that I do not wish to provide. With the exception of my Social Security number (to prove that I did indeed return it), I do not wish to answer any of the survey questions.

The real irony here Ms. Hubbard, is that if you had asked politely, for, rather than demanded, my cooperation in this survey, I would have gladly done so. Instead, all you have succeeded in doing is annoying me to the point where I am forced to write into letters when I should be studying for finals. I am looking forward to your explanation of this matter with great interest.

Sincerely,

Jeffrey S. Clark
Student, CBPA

Student Feels Holiday Bash Successful

I and everyone I spoke with was very pleased with the Holiday Reception held on Wednesday, December 2 in the Hall of Governors. It was held at a time and place when students, faculty and staff could easily attend and I noticed that they did. People truly felt welcome to help themselves to the food and conversation.

The mood and the music was 'holiday', but not 'Christmas-y', an important quality on this multi-cultural campus. People knew they were invited through personal invitation. The physical layout of the reception (putting the band in the cafeteria and dressing the tables) made it clear that all were invited.

Only one minor flaw marked the event. Vegetarians were limited to egg salad and chocolate eclairs. Vegans had no choice from what I saw. Still, it was a wonderful success for a 'first try' and
Concert Review

Black Sabbath At The Star

by Karl Redemacher

Here's a metal quiz, kiddies:

What happens when you steal Slash's top hat and band the remaining mop a thrashed six stringer; give "Brenda" from 90210 ten pounds and a voice like Vince Neil; hand Gooey Lee of Rush a "Hodor Barbarian" bass guitar and a hit of acid; give Cousin It and intravenous supply of Jolt Cola and release him with a pair of drumsticks?

You get Skew Sisken!

Who dat, you say?

Same, they opened up for Exodus and Black Sabbath at the Star Plaza.

This was my second impression, mind you. They came on stage wearing black shirts that had a picture of a galaxy on the back. Even the guys who were drummers were wearing a cowboys hat and a bandana. This is not something I would have expected from a metal band. They also had a huge speaker that was emitting a very loud noise. I thought it was the beginning of the end for them, but they proved me wrong.

They continued with a song called "War of Man" and I have to admit that it was one of the best songs they did. The vocals were powerful and the music was intense. The crowd was really into it and they were all dancing and cheering. I was impressed.

Overall, the concert was a great experience. I enjoyed the music and the performance was excellent. I would definitely recommend attending a Black Sabbath concert if you are a fan of the band or metal music in general.

Music Reviews

by Steve Young

Neil Young - Harvest Moon

Reprise Records

David Geffen will probably never admit he made a mistake, but Harvest Moon proves he did. The media giant released this Neil Young from Geffen Records and reported because Young made a series of "blatantly uncommercial" records during the eighties.

Those early eighties records were different from anything else on the market at the time, and apparently they didn't make much money. Since his release from Geffen, however, Young has released a series of strong critically/commercially successful albums that return to his traditional style of thoughtful rock. Harvest Moon continues that series with a slight twist.

Young has released a quiet, but still infectious record. His sounds have been toned down considerably from the searing intensity of Ragged Glory and Arc-Weld, but they still grab the listener and leave him wanting more.

Young put together many of the same musicians he worked with on his most commercially successful record, 1971's Harvest. Much has been made of the similarity of title and band between the new record and the old Harvest, but I think this record sounds more like Comes A Time, without being so upbeat. Certainly the themes of reflection and reminiscence remind the listener of Harvest, but the sound is much slower and quieter. Most of the songs feature one or two acoustic guitars, a piano, a bass and drums.

The record opens with "Unknown Legend", a wistful reflection on a reclusive woman who has settled down to domesticity. "From Hank To Hendrix" seems to express the irony Young feels about being a survivor in a live-fast, die-young profession.

Young returns to reflective mode on "One of These Days", a song about friends lost and remembered. Perhaps the biggest surprise of the album is "Such a Woman", an intensely personal love song. It's the only song arranged (over-arranged?) by Jack Nitzsche, who makes it sound like virtually any bulb by Bob Seger. The song was powerful performed acoustically on piano in concert, but for this writer, the strings on the record pushed it a little too far.

"Old King", an ode to a departed dog, is the closest thing to a rocker on the record. Young's self-reflection continues on "Dreamin'"

The album closes with the ten minute epic "Natural Man", ruled to be skated on and an anonymous wall of digital sound. Young sings emotionally. Perhaps this is why Young has gotten away from the noise for a while.

Neil Young 1992; Relaxed But Not Tired

Neil Young, Nov. 19 at The Chicago Theatre

A few legendary performers from the 1960's still tour and play in concert. They occasionally thrill newer audiences with their very presence, but longtime fans know exactly what to expect: a few songs off the new album and a rebirth of the "classics". Veteran concert goers have to ask themselves, "Don't I want to shell out twenty-five bucks for something I know will be entertaining, even though I've seen it all before?"

Anyone who has witnessed a Neil Young concert or two doesn't have to ask that question. Young has toured each of his last four releases, and each concert has been as varied as the albums. The 1998 This Note's For You tour featured the Illusions, a sixteen piece blues band who created a "kick back, drink a few beers and swing" atmosphere. 1989's Freedom tour found Young and a few members of Crazy Horse playing hard-driving acoustic rock. It was a high energy, stand on your feet and cheer show, without the noise. Of course a few songs has always been an integral part of Young's work, and he reintroduced it with a vengeance on the 1991 Ragged Glory tour. It was a celebration of feedback, sounds amplified and distorted enough to make the audience's ears bleed, before they screamed for more.

Now with the release of Harvest Moon, Young returned with a quiet, introspective, solo acoustic show. He sat alone at center stage, surrounded only by six guitars, two pianos, a banjo, a pedal-driven organ and a few harmonicas.

Kicked the tone right away, with a slow, almost mournful "The Old Laughing Lady". From there he went straight into three songs from the new album, highlighted by "From Hank To Hendrix". He picked up the pace a little with "Heart of Gold", which sounded fresh despite its being almost run into the ground on "classic rock" radio. Young's beautiful "Helpless" was complemented by church-like organ strains.

Some over-enthusiastic audience members almost ruined what might have been the highlight of the show when Young took to the piano for "Tonight's The Night". Young tried to turn the anthem back Have Yourself A Noisy Little Christmas

Okay, I’ll admit it, even though I’m far beyond the age when it’s fashionable to do so) I’m volume junk. I’m rarely happier than when I’m sitting in front of a stereo with the knob turned to ten (eleven, if you’ve got it).

I know there are others out there who feel the same way I do, but hide with their Walkman headphones pressed tight against their heads, so none of the precious noise escapes. Or maybe you don’t appreciate loudness, but you know someone who does.

If you’re looking for a Christmas gift to satisfy your own or a loved one’s volume habit, I’ve got some suggestions. A few albums came out this year that satisfy the even the most sophisticated cacophontist.

For example like me, simple heavy metal will not do the trick, since so much of it sounds the same. I’d prefer something with a little more of an edge. Three records were released last year that fit the bill.

First was Spooky by Lush. The band got a big commercial boost by being invited to participate in the Lollapalooza tour. I didn’t see the show, but I heard the band was great. That doesn’t surprise me, since their CD is great. Spooky is filled with eerie melodies and distorted instruments.

Vocalist Lizzy Anderson and Miki Berenyi build a solid foundation for the heavy noises around them. For "Love" was picked up by WXR and played heavily all year. That song is good, but it is a little softer than the rest of the album. Especially pertinent to noise lovers is Superlastic!, a sonic journey through some haunting melodies.

Continued on page 8
Sour Grapes
By Karl Rademacher

Tickets. Everybody’s got them. Guys and gals of all shapes, sizes and persuasions have seen the flashing red lights to the rear view mirror at one time or another. My youngest mother even showed me one or another. She got last week. I couldn’t help but laugh, especially after she gloated over her near perfect driving record when I got a mover (that’s moving violation for those of you who scored drivers ed.) last month. My experiences in the field of citation practice, however, are to say. They run from "Give me a $50 & BUST" to "Only 847" (spoken in a relieved tone to "Let’s blame Elvis and call it a day, okay?"

An example of the last occurred last year when, one by one, my tail lights blinked their final blink and quietly disappeared. Of course, this had to occur while I was receiving a written warning for a bad license plate light. The trooper suggested a new car. I agreed.

If you’re wondering, yes, I do have actual examples of the "Only 847" experiences. I’ve always wondered how the cop would react if I said his radar needed adjustment, because I’m sure I was doing 95, maybe 100. Most likely, his jaw would drop open, like a frog expecting dinner in the near future. But how does one complain about an unjust ticket (yes, they do exist) without coming off as a whining baby? Got me. I’ve only got two falls under that category. This puts me nowhere near the lofty position of "endless persecution" that some individuals attain in life (those who rack up several tickets a year, all of "em ‘bullsh*t”). I know which tickets I had coming and which I didn’t.

My first unjustified mover was the result of an illegal turn at 2 a.m. in Chicago. When the officer started word citations from the vast sections of the Illinois Motor Vehicle Code I’d so rudely trampled on, I knew I was sunk. My eyes instantly glazed over and the song "For Whom The Bell Tolls" began playing aloofly in my mind. Combine this with the impression that the officer was recently denied service at Dunkin’ Donuts, and you’ve got a perfect grasp of the situation. I figure he must be going through withdrawal. When his timidity petered out, I wiped the spit off my window and asked, “Where’s the sign?” Whereby he thrust an angry finger towards a large cluster of signs some thirty yards distant (BIG intersection) and said, “That one.”

Oh, I see.

The judge saw too. It was the only time I’ve seen a justice laugh in court (well, he snickered actually, then ripped the ticket in half and told me to have a nice day). As a general observation, have you noticed that no one, and I mean NO ONE, has a sense of humor in court these days? Last I saw a judge in Park Forest whose opening statement was, "Look at all of you, rushing through a beautiful town like Park Forest. I’m amazed. Please! Slow down, take in the sights, smells, watch a softball game or two. We have so much to offer."

Back to the subject at hand. There are other dangers for the motorist besides nit-picky paddy wagon pilots. Witness the fishing expedi... um, road blocks that seem the rage nowadays. Speed traps, too. Once caught for one horse towns in the boondocks, these petty sucker’s are popping up all over suburbs. In particular, our bugs, and seems to catch loads of those evil speeders. I speak of none other than the infamous Sauk Trail, west of Central, quite possibly the most heavily protected piece of rural land outside the Stealth Fighter base in Tonopah, Nevada. I fell victim to this revenue munching monster last month.

Bitching does no good. I’ve seen it tried. I’ve seen the bitches become blubbering messes of goo at Spooner’s Anonymous meetings (nor the reactionary splinter group ...ящих Devious Deputies, or SADD). The response to these poor fellows outside the protected environs of SADD was often indifference, bordering on hostility.

My reaction? I just stopped patronizing businesses in Richston Park. I know... who cares? Right,

Well, the owner of Primo’s might. $300 worth of his business will migrate across enemy lines to Perros Gyros in Oly Fields. Liang’s II may very well have to bump an extra cook over to Liang’s III Matteson. The soldering iron industry will witness a drastic shift of sales to the Radio Shack in Chicago Heights. Eagle lossmen nearly $400 in lucrative ice cream sales to Jewel in Park Forest. My grunging Chevvy mosquito fogger will be skaking its $1500 annual thirst in University Park form now on. Oh, the inconveniences to well over $200 in lost revenue for just one year. It’s all because of one lone cowboy’s shift from “Protect and Serve” to “Pillage and Aliente.”

I can live with that.

But that’s not all. I got to meet new and interesting people, with the money saved in gas I could easily afford that extra pint of Ben & Jerry’s I’ve been eyeing at the grocery store. It sure beats footin’ the bill for RP Day celebrations at the sixth circuit court. Sour grapes, you say? Hell yea, and they taste good, too.

How Many Nuclear Engineers Does It Take To Change A Light Bulb?

The following is listed as the procedure for changing a light bulb within a U.S. Nuclear Plant. It is taken from an A.E.

Civil Service bul-
letin for main-
tenance workers. It was submitted to the Innovator by Evan Wallace.

I. Notify shift-su-
pervisor.
II. Fill in form
#15133R-16-0BB.
III. Shift-supervi-

sor will signal for

Nuclear Safety
Director (NSD).
IV. NSD per-
sonnel will signal for Maintenance Coordinator.
V. Maintenance Coordinator will notify Shift Job Evaluator to
appear at burn-out light bulb site, after O.K. from NSD. Maintenance coordinator will then operate computer to:

A. Stock of light bulbs on hand.
B. Type ‘C’ electricians available.
C. Closest lad-
der to site.
D. Nearest fire extinguisher/ala
E. ‘C’ electrician will

wait for:
A. O.K. from NSD.
B. O.K. from maintenance coordinator.
C. O.K. from shift supervisor.
D. Clearance to enter area with assigned ladder and one new light bulb.

To Your Health by Leonard Robinson, M.D.

Q: I am a recently diagnosed diabetic. Is it okay to exercise?

A: There are three things people with non-insulin dependent diabetes mellitus (NIDDM) should do: 1) eat a healthy diet; 2) exercise regularly; 3) take insulin or oral diabetes medication as prescribed by your physician. Exercise can help to maintain a more constant level of blood glucose, lose weight, use fewer medications and reduce risk of heart disease.

A thorough medical examination is needed before beginning an exercise program. Proper equipment is especially important in diabetics. For example, diabetes often reduces circulation and sensation in the feet; so proper foot wear is needed and diabetics should inspect their feet after exercising.

Exercise programs are advised to work out at regular intervals, and to increase the length and intensity of the sessions gradually. One must be careful not to exercise when the blood sugar level is too high or too low. If the blood sugar level is greater than 300 mg/dl, exercise can make it even higher. When the level has been low, exercise may cause the level to become dangerously low, which can lead to unconsciousness and coma.

Here are a few suggestions to prevent low blood sugars:

• Test blood sugar before and after exercise to determine exercise effect.
• During and after exercise, note any signs of low blood sugar glucose, e.g., dizziness, rapid heart beat, increased sweating, confusion.
• While exercising, carry hard candies or glucose tablets.
• Take extra fluids or skip exercise on particularly warm days.
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Mango Chutney

John Barleycorn on Lincoln, where the nights are always young and beer flows like the Ganges, exudes a glow of home liberating souls to speak the truth, and order mango chutney, the pungent sauce "An 'stirring memory with desire.'"

Born, again, in the USA

1. MANGO CHUTNEY AT JOHN BARLEYCORN

John Barleycorn on Lincoln, where the nights are always young and beer flows like the Ganges, liberating souls to speak the truth, exudes a glow of home liberating souls to speak the truth, and order mango chutney, the pungent sauce "An 'stirring memory with desire.'" And order mango chutney on a sandwich breasting chicken...

Mango Chutney!

"An East-Indian side dish made with a sweet - sour tropical fruit..."

I stare at and taste an alien jelly, like mass - Chutney? The Blatting Enemy.

There is a twinkle in my eye, I am a killer as I sit cross on my side. Strawberry blonde, pretty woman, here’s a question for you, "Is this mango chutney?"

She smiles like a virtuoso and twinkles back, "You should know, you are Indian!"

Killed, licked, chutneyed... .

Light shows at the end of the tunnel and wraps around my heart, my step is not heavy as I tread softly on my dreams and step out into the gentle night, the flurries are glow-worms in the warm light, and I am cold no more.

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(The general public is hereby given notice that this is the first series of "Born again" poems.). RAMESH S PAI
It took Galileo 16 years to master the universe. You have one night.

It seems unfair. The genius had all that time. While you have a few short hours to learn your sun spots from your satellites before the dreaded astronomy exam.

On the other hand, Vivarin gives you the definite advantage. It helps you awake and mentally alert for hours. Safely and conveniently. So even when the subject matters dull, your mind will stay razor sharp.

If Galileo had used Vivarin, maybe he could have mastered the solar system faster, too.

Revive with Vivarin.

Music Reviews- Continued from page 6

Lush might frustrate some listeners with their cryptic lyrics, which are not printed out in the CD packaging. But I think the words are not as important the sounds they make.

Ride does print out their lyrics for Going Blank Again. Similar to Lush, Ride creates densely layered sound walls out of basically melodic volume lover. This album is a little more pop oriented than their last offering. Nonetheless, it still satisfies the hardcore volume lover.

Check out the sonic swirl of the last three minutes of “Leave Them All Behind” and you’ll know what I’m talking about. Ride songs generally open with a simple tune that eventually gets built into an ocean of sounds that wash over the listener, leaving him without the desire to come up for air.

Of course, both bands (and any band that dares to break the metal noise stereotype) owe a debt to Bob Mould. Mould was the singer/songwriter for the legendary Hunker Du. They were loud, but they had an emotional side. They released the best (if not the only) punk concept album, Zen Arcade. After the band broke up, Mould released two well received solo albums.

Now he’s back in a band context with Sugar. Copper Blue is like Hunker Du, but with higher production values. Like Lush and Ride, Sugar understands that noise can be intelligent. “If I Can’t Change Your Mind” has become a WXRT staple, but it is simpler and popier than the rest of the record.

Sugar doesn’t really swirl like Lush or Ride, but they do layer their sounds, so repeated listening is necessary and enjoyable. Tunes like “Hoover Dam” and “Man in The Moon” are especially seductive. I found myself putting those songs on the replay function of my CD player over and over.

So, there you have it. If the last thing you want is a quiet little Christmas, you know where to look.