

Governors State University
OPUS Open Portal to University Scholarship

GSU View

University Newsletters

9-18-2018

GSU View, September 18, 2018

Office of Marketing and Communications

Follow this and additional works at: <https://opus.govst.edu/gsuview>

Recommended Citation

Office of Marketing and Communications, "GSU View, September 18, 2018" (2018). *GSU View*. 916.
<https://opus.govst.edu/gsuview/916>

This Newsletter is brought to you for free and open access by the University Newsletters at OPUS Open Portal to University Scholarship. It has been accepted for inclusion in GSU View by an authorized administrator of OPUS Open Portal to University Scholarship. For more information, please contact opus@govst.edu.

If you have problems reading this in your email browser, go to www.govst.edu/gsuview for a web version.

gsuview

A newsletter for students, faculty & staff



September 18, 2018

Vol. 58, Issue 3

News

#DoTheFAFSA Starting October 1



File your FAFSA as early as **October 1**—just two weeks away—for aid to pay tuition and fees for the upcoming academic year 2019-20 (including summer school).

Nominations Now Underway for the 2018 Student Lincoln Laureate



2017 GSU Student Lincoln Laureate Justin Smith

The 2018 Student Lincoln Laureate Award process is underway. Each year an outstanding senior from each of the four-year, degree-granting institutions of higher learning in Illinois is awarded the Abraham Lincoln Civic Engagement Award and thereby becomes the Student Laureate of the Lincoln Academy of Illinois. Student Laureates are honored for their leadership and service in the pursuit of the betterment of humanity and for overall excellence in curricular and extracurricular activities.

[Learn more, including details about the application process and awards.](#)

Seven Ways to Make the Grade



Welcome to Fall 2018! Outside temperatures are cooling down just in time for new and returning students to settle into classes and hunker down to meet the demands of a busy college schedule.

It's easy to get caught up with class activities and projects and roll right off the wellness track, so here are seven go-to strategies to help Jaguars feel better and do well this semester.

[Read more . . .](#)

GSU Turns 50!



Let the countdown begin! January 2019 opens GSU's kick off of its 18-month celebration of teaching, learning, and serving Chicago's Southland for 50 years. This is a unique opportunity to share the university's historic milestones, myriad achievements, and many innovative firsts since its founding in 1969. This is also an opportunity to build support for the future by re-engaging alumni, cultivating new and potential supporters, and making a powerful case for investing in the university's next 50 years.

Host a 50th Anniversary Event

The 18-month celebration will include lectures, galas, and much more! If you would like to host an event, activity, or initiative, we encourage you to [submit a proposal](#). Proposals may be eligible for partial funding, and should be crafted to showcase the anniversary's theme and outcomes (outlined on the proposal submission page). The deadline to submit is **November 5** at 11:59 p.m.

For more information on how we are communicating about the 50th anniversary, please visit the communications toolkit [here](#).

Save the Date: Fall All-Campus Symposium

Mark your calendar for GSU's Fall All-Campus Symposium to be held **Friday, October 19**. This semester's symposium theme is "The Adult Learner."

The day will begin with an 8:30 a.m. breakfast followed by the symposium at 9 a.m. Lunch will be served and the day's work will end mid-afternoon.

More information will be included in the coming weeks. In the meantime, if you have any questions, contact [Penny Perdue](#) (x4130).

Undergraduate and Graduate Open House



On **Saturday, October 13**, from 10 a.m. to 1 p.m. in the Hall of Governors, GSU will be hosting its first Open House event of the fall. Representatives from undergraduate and graduate programs as well as other departments and divisions at GSU will be attending. [Register to attend](#).

For more information, contact [Julie Anderson](#) (708.534.4086).

Curious Campus: A Learning Community Project

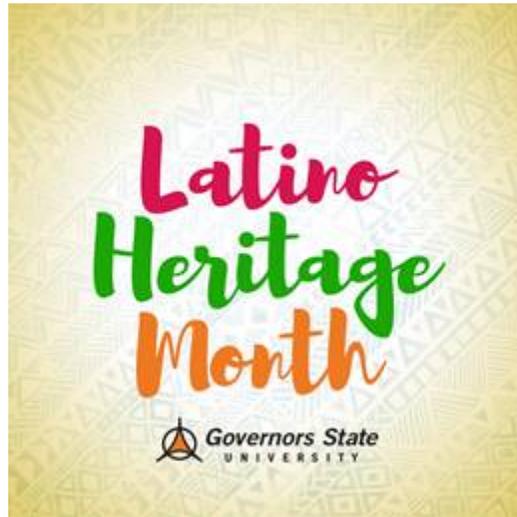


A first-year learning community is curious—and seeking your perspective. In a project modeled from NPR’s Curious City, the students will be in the cafeteria area on **Monday, October 8** from 12:30 – 1:30 p.m. seeking answers to the questions “Where on campus do you feel most anxious?” and “Where on campus do you feel most at peace?”

Students will create inquiry cards with the questions on either side that, once completed, will be displayed on the windows near the cafeteria. Common themes observed will be used to inspire a short video, written by the learning community students and produced by DLMD.

Students participating are enrolled in First Year Seminar, taught by Dr. Novia Pagone, and Writing Workshop 1, taught by Dr. Kerri Morris, within a learning community project sponsored by General Education and a part of a Media Across the Curriculum (MAC) pilot.

Latino Heritage Month 2018



Latino Heritage Month, a nationally recognized celebration of Latino culture, takes place annually from September 15 – October 15. This year's program highlights include, learning about policies impacting the Latino community, a visit to the Mexican American History Museum, and more.

[View a listing of Latino Heritage Month events.](#) For more information email diversity@govst.edu.

Weekly Mindfulness Practices in the GSU Library



This semester, Drs. Tim Pedigo and Maristela Zell are hosting meditation sessions and mindfulness practice for students, faculty, and staff in the GSU Library every Thursday afternoon from 3:30 – 4:30 p.m. Come to the library, follow the signs to the mindfulness practice location beyond the balcony and the quiet study area.

“When we operate from a mindful perspective, we take in our values, thoughts, and emotions as important information that help us to respond, not to react, to the challenges in life. As a consequence, we learn to be in the present moment while managing our thoughts, behaviors, and moods,” offered Dr. Zell.

Questions? Contact GSULibraryinfo@govst.edu.

Great American Bagel Pop-Up Pantry



Every Monday, Thursday, and Friday, the GSUXpress delivers students to the University Park bagel store, where they collect an assortment of donated bagels – cinnamon raisin to jalapeno to poppy seed – left over at the end of the day. On Monday and Thursday, the “pantry” springs up in the Hall of Governors about 3:30 p.m. On Fridays, it’s at Prairie Place.

The Great American Bagel Pop-up Pantry is part of a broader student resource initiative, GSU4U, run by the Office of Student Life to address the issue of hunger on campus. The need came to the forefront last year, and a recent study of 43,000 students found more than half the 76 GSU students surveyed reported being homeless or hungry some degree.

For more information, contact [Civic Engagement](#) (x7454).

Announcements and Events

GSU Bookstore Sale



Clothing, gifts, supplies and more will be 25% off in the GSU Bookstore on **today, September 18** and **tomorrow, September 19**. Stop in the bookstore for more details!

GSU Model United Nations Team



In preparation for the upcoming American Model United Nations Conference **November 17 – November 20** in Chicago, GSU's Model United Nations Team will host its first meeting on **Tuesday, September 18**, from 7:30 to 8:30 p.m. in the College of Arts and Sciences Conference Room, E2590.

In addition to providing a great opportunity to spend time in downtown Chicago having fun with fellow students from GSU and other universities, participation in Model United Nations provides an exceptional opportunity for students to learn about:

- Different cultures/countries/subjects/positions
- Efficient research techniques
- Complex problems and solutions
- Coalition building and networking
- The art of compromise
- Public speaking (extemporaneous, prepared remarks, networking, etc.)

For more information, contact [Luke Helm](#).

Teacher Panel Hosted by Student Education Association and Kappa Delta Pi

Are you nervous about student teaching and edTPA? Do you have questions about being a teacher or about working in the schools? Do you want information about how to get a job? Join SEA & KDP for an informative panel **Tuesday, September 18** from 4 – 6 p.m. in the Hall of Honors. This event is open to anyone who is interested in working in schools or educational centers.

First-year teachers, recent student teachers/GSU graduates, edTPA experts, veteran teachers, and NEA retired teachers will be on hand to discuss and answers questions about student teaching, the first year of teaching, the job search, and more. (Pizza is provided by IEA for students who have submitted an RSVP, as well as joined or renewed their membership before **September 17** at 5 p.m.)

To RSVP, contact [Aimee York](#) with your name, email, program, and SEA membership status in the body of the email by **September 17** at 6 p.m. This event is organized by Jessica White and Dr. Katy Hisrich.

Celebrating National Recovery Month with “Cupcakes for Recovery”



Every September, National Recovery Month is celebrated nationwide to increase awareness and understanding of mental and substance use issues and, most importantly, to celebrate the people who recover. For the third consecutive year, the Students of Addictions Studies Club (SASC) is contributing to those efforts by bringing Recovery Month to GSU. Join SASC on **Thursday, September 20** from 4 – 6 p.m. in the Hall of Governors to enjoy a free cupcake and help celebrate the sweetness of recovery.

The bitterness of addiction continues to affect millions of individuals and families—but contrary to popular thought, individuals *can* and *do* recover.

Faculty: Don't Miss "A Taste of the Library"

The GSU librarians cordially invite all GSU faculty to "A Taste of the Library" this **Thursday, September 20** from 3 – 5 p.m. in Engbretson Hall. Whether you can stay for a few moments or a few hours, please stop in and find out what's new in the library for both you and your students.

Refreshments will be served. Also on the menu, librarians will be presenting information about eBooks and eTextbooks, streaming video collections, eJournals & ePublications, and the GSU OPUS Repository. If you haven't had the time, you will also have the opportunity to meet your liaison librarian.

Questions? Contact GSULibraryInfo@govst.edu.

GRE and LSAT Exam Prep Courses



Hosted by the School of Extended Learning, GRE and LSAT Preparation Courses will begin on **Saturday, September 22** from 9 a.m. – noon. Registrations are still being accepted.

Register [here](#) for the GRE Preparation Course.
Register [here](#) for the LSAT Preparation Course.

For more information, please contact [Dr. Felicia L. Townsend](#), Director of Corporate and Community Education (708.534.3044).

Actuarial Career Presentation and Panel Discussion

Join the Division of Science, Mathematics, and Technology for “An Informative Lecture about the Lives and Roles of Actuaries and Related Positions, and the Steps Students should be Taking Right Now to get into the Actuarial Field” on **Monday, September 24** from 4:30 – 7 p.m. in Engbretson Hall (B1200).

This panel discussion will be presented by three GSU alumni: Laura Finley, Senior Calculations Test Engineer for Northwestern Mutual; Matthew Brady, Actuarial Analyst II for Anthem, Inc.; and James Clark, Actuarial Analyst for Anthem, Inc.

Accreditation Commission for Education in Nursing Accreditation Visit

From **Tuesday, October 2 – Thursday, October 4**, the Department of Nursing will undergo its assessment for renewal of the Department’s baccalaureate, master’s and post-master’s nursing programs. A three-member team of distinguished nursing professionals from the Accreditation Commission for Education in Nursing (ACEN) will visit. The ACEN team will be meeting with a variety of groups as part of this important, informative, and uniquely exciting process.

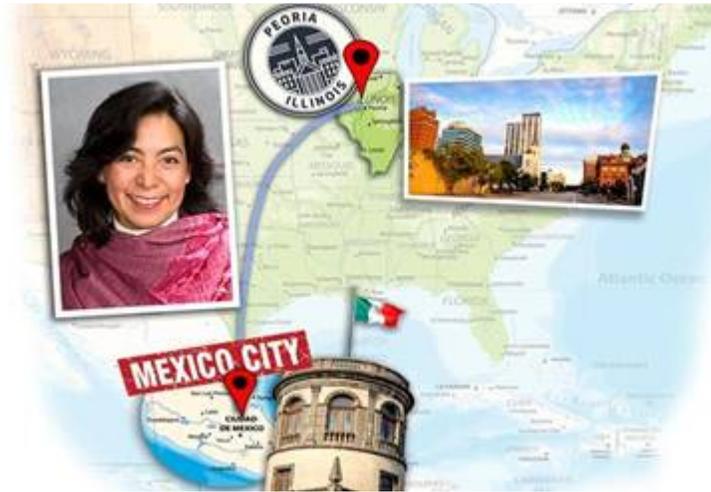
- On **Tuesday, October 2** from 4 – 5 p.m. in the Nursing Basic Skills classroom (F1503), nursing students are invited to meet with the panel to have discussions and make observations, suggestions, comments, etc., with respect to their experience in their individual program, the college, and the university. Students who want to be part of this event but are unable to physically be present may connect via FreeConferenceCall.com. To dial in, call 515.604.9629 and use access code 591899.
- The public is invited to share comments about the programs to the site visit team by attending a meeting on **Wednesday, October 3** from 2:30 – 3:30 p.m. in the Nursing Department Lab/Classroom, F-Wing (F1503). Written comments regarding GSU’s nursing programs can be submitted to:

Marsal P. Stoll, Ed.D., MSN, Chief Executive Officer
Accreditation Commission for Education in Nursing
3343 Peachtree Road NE, Suite 850, Atlanta, GA 30326

Emails with public comments can be sent to mstoll@acenursing.org. The Accreditation Commission for Education in Nursing (ACEN) must receive all written comments by **Tuesday, September 25**.

For more information, contact [Debra Sbalchiero](#).

Latinx Identity in America



Alcohol consumption, popular culture, power, and resistance in Mexico. These are the topics that Dr. Áurea Toxqui explores to understand cultural identity. In her talk *From Mexico City to Peoria: A Scholar's View* on **Wednesday, October 3** from 3 – 4:15 p.m. in Room F1622, Dr. Toxqui will share how her personal and professional experiences in the U.S. led her to discover and develop her Latinx identity.

Attend the Premiere of Banana Season



GSU Professor of Film Sanghoon Lee invites members of the GSU community to attend [the Chicago premiere of his recently written and directed film *Banana Season*](#) at the Gene Siskel Film Center on **Friday, October 5** at 8 p.m. or **Sunday, October 7** at 5 p.m.

Banana Season was completed in the spring and is now in its festival circuit, including its world premiere at Bentonville Film Festival in May and the Lighthouse International Film Festival in June. Both festivals are recognized by MovieMaker Magazine in articles such as [50 Film Festivals Worth the Entry Fee in 2018](#) and [The 25 Coolest Film Festivals in the World, 2018](#).

[Watch the *Banana Season* trailer.](#)

The Second City Returns to GSU



Legendary [sketch comedy and improv troupe The Second City](#) returns to the Center on **Saturday, October 6!** Just in time for election season, don't miss tomorrow's biggest comedy stars poking fun at our great, big dysfunctional nation! (Program includes mature content.)

A certified American comedy institution since 1959, The Second City alumni include Dan Aykroyd, Steve Carell, John Colbert, Tina Fey, Julia Louis-Dreyfus, Mike Meyers, Bill Murray, Amy Poehler, Gilda Radner, and many more!

Discounted tickets for GSU students (\$10) and faculty and staff (\$25) are available through the box office only and not offered online. Visit the box office Monday – Friday, 10 a.m. – 4 p.m. (open until 6 p.m. on Thursdays). Call 708.235.2222 for more info.

Careers in Technology: Expert Panel Discussion and Networking Reception



Tech leaders from different walks of life will present diverse points of view and career insights. Come listen, learn, and ask questions. Networking reception immediately following panel discussion. All GSU students and alumni who are interested in tech careers are welcome to attend.

The panel discussion will take place **Monday, October 8** from 6 – 8:30 p.m. [RSVP by October 4.](#)

Questions? Call 708.534.4977.

CPR for the Community and Workplace



The School of Extended Learning presents the CPR for the Community and Workplace workshop on **Saturday, October 13** from 1:30 – 4 p.m. After successful completion of the 2.5 hour workshop, participants will earn their CPR-AED card. GSU students, staff, and faculty will receive a \$10 discount. Enter promo code **CPR10** during check out.

Register [here](#).

For more information, please contact [Dr. Felicia L. Townsend](#), Director of Corporate and Community Education (708.534.3044).

Save the Date: 2018 Men's Leadership Summit



The 2018 Men's Leadership Summit will take place **Friday, November 16** in Engbretson Hall starting at 9 a.m. This year's theme is C.R.E.E.D.: "Creating Rules of Engagement to Excel Daily." Using the backdrop of the forthcoming movie *Creed*, the theme speaks to the importance of leaders maintaining a posture of confidence and assurance to overcome unforeseen challenges and circumstances. [Submit your proposals for the 2018 Men's Leadership Summit](#) by **Friday, October 5**.

Learn more about this year's Men's Leadership Summit [Keynote Speaker Dr. Calvin Mackie](#).

[Registration](#) for the Men's Leadership Summit is open through **Friday, November 2**. This event is free to GSU students and \$25 for non-GSU students. For more information, please email diversity@govst.edu.

GSU's School of Extended Learning Welcomes the Workforce Services Division of Will County for a Workshop Innovation & Opportunity Act Information Session



Please join the School of Extended Learning on **Tuesday, October 16** from 10 – 11 a.m. (location TBD) for an information and Q&A session on [WIOA](#). GSU's School of Extended Learning will discuss continuing education opportunities that are WIOA approved (which may lead to unique funding opportunities to continue your education), as well as WIOA-approved degree programming. GSU's Veteran's Resource Center and Office of Career Services also will be present for questions.

All are welcome, and refreshments will be served at this free event.

For more information, visit the [Workforce Innovation & Opportunity Act at GSU](#), [Workforce Services Division of Will County](#), or contact [Michelle Sebasco](#) (708.235.3983).

Juicing 101: Juicing for Life



Adding juicing to your lifestyle is a healthy practice, delicious, and life changing. Dawn Haley, Nutritional Health Coach, will share her own juicy story about her determination to nourish her body back to better health after a cancer diagnosis.

Dawn manages her health and speaks on the benefits of juicing and healthier eating. [In this course](#), you will learn how to juice, why you should, and what benefits you can expect, as well as sample refreshing, freshly squeezed juices, including orange, leafy green, carrot, and carrot apple juices.

[Join us](#) on **Wednesday, October 24** from 6:30 – 7:30 p.m. Fee is \$10. For more information, please contact [Michelle Sebasco](#), 708.235.3983.

Nursing Student Town Hall and Professional Forum

On **Tuesday, November 13** from 4:30 – 6 p.m. in Engbretson Hall (B1200), members of the Department of Nursing faculty and advising team will host a professional forum to meet and converse with students. This gathering will allow students from all nursing programs (undergraduate, graduate, and doctoral) to meet the director, clinical coordinators, and instructors.

Highlights

Humans of GSU: Brittain Avant



“When I left Central State, I thought I had lost my chance for an education. I just worked for awhile, but then I remembered my grandmother worked at Governors State so I knew I could come here and get what I needed. It’s a second chance for me. I want to be a hospital administrator like my aunt to help people. But my passion is singing, and I’ve already met so many cool people and, now I’m in the Trans4mation Gospel Choir.”

Brittain Avant, freshman, Health Administration major

First Annual Chicago Southland Film Festival



Two hundred and fifty student filmmakers, friends, family members, and film buffs were on hand for the first annual [Chicago Southland International Film Festival](#) (CSIFF) held in the [Center for Performing Arts](#) over the weekend.

“CSIFF was an example of how more than nine GSU departments came together to offer our community an outstanding array of student produced films in a variety of categories,” offered Josh Young, festival co-chair.

[Read more . . .](#)

Honors Pinning Ceremony



Seventeen new students were welcomed into the [GSU Honors Program](#) at the Honors Pinning Ceremony last Friday, September 14. Seven returning Honors Program students pinned the incoming members.

Library Scavenger Hunt Winners Announced



Congratulations to Natasha Hilentzaris and Danielle Hill, winners of this semester's GSU Library Scavenger Hunt!

Seventh Annual Walk for Recovery Awareness



GSU's Addiction Studies Alumni Club hosted its seventh annual "Walk for Recovery Awareness" 3K at Governors State on Saturday, September 15.

Workshops & Trainings

A list of workshops for students, faculty, and staff, including Career Services drop-in hours, CMS Web Editor training sessions, Faculty Profile updating sessions, Workzone training sessions, and more can be found [here](#).

Faculty: If you have not already done so, it's time to have a new headshot photograph taken. Please refer to the [schedule](#) to find a convenient time.

Do you have a story or event you want to submit for the GSU View?
[Click here to learn about our submission guidelines.](#)



Governors State University
1 University Parkway,
University Park, Illinois 60484-0975
+1 (708) 534.5000|Copyright © 2016