

**ADDICTIONS COUNSELING:
A MULTICULTURAL PERSPECTIVE**

GSU ARCHIVES
5/19/97
ADDS 501 S

BROADCAST TITLE: Addictions Counseling: A Multicultural Perspective

COURSE NUMBER: ADDS 501 S

REFERENCE NUMBER: 300228

CREDIT HOURS: 3 Undergraduate or Graduate Credit Hours

DESCRIPTION: Prepares addictions specialists to work in a metropolitan area with persons from various cultures. Examines culturally determined values, life styles, and expectations underlying the behavior of clients.

INSTRUCTOR: Dr. Arthur Durant & Dr. Judy Lewis
Office Location: F-1606 ("F" Wing/First Floor)
Office Phone: (708) 534-4918

TUITION AND FEES: Undergraduate: \$283.50
Graduate: \$297.00

ORIENTATION: GSU Friday, May 16, 1997, 4:30 p.m. or
Saturday, May 17, 1997, 10 a.m.

EXAM SCHEDULE: Final Exam: Friday, August 8, 1997, 5:30 p.m.
Portfolios are due on or before August 8, 1997.

TEXTS: Cultural Pain and African-Americans, by P. Bell.
Chemical Dependency and the African-American: Counseling Strategies and Community Issues, by P. Bell.
Teleclass Study Guide for Addictions Counseling: A Multicultural Perspective, by J.A. Lewis.

VIDEOTAPES: 23 one-hour tapes

VIEWING: GSU Library
Orland Park Public Library
Follett's GSU Bookstore
Lansing Public Library
Jones Intercable of Southern Suburbs - Channel 29

**GOVERNORS STATE UNIVERSITY
COLLEGE OF HEALTH PROFESSIONS
Alcoholism & Drug Abuse Sciences (Addictions Studies)**

SYLLABUS

COURSE TITLE: Addictions Counseling: A Multicultural Perspective

COURSE NUMBER: ADDS 501

INSTRUCTOR: Dr. Arthur Durant and Dr. Judy Lewis

CREDIT HOURS: 3 Credit Hours

TRIMESTER: Spring/Summer 1997

REQUIRED TEXT AND MATERIALS:

Videotaped class sessions. (Twelve class sessions: 23 hours of videotape. Available for purchase through the bookstore on the GSU campus.)

Teleclass Study Guide for Addictions Counseling: A Multicultural Perspective, by J.A. Lewis.

Cultural Pain and African-Americans, by P. Bell.

Chemical Dependency and the African-American: Counseling Strategies and Community Issues, by P. Bell.

DESCRIPTION

Prepares addictions specialists to work in a metropolitan area with persons from various cultures. Examines culturally determined values, life styles, and expectations underlying the behavior of clients.

COURSE OBJECTIVES

After viewing the videotapes and completing assignments you will be able to:

1. Recognize the many cultural factors that affect each client.
2. Develop an awareness of how your own world view affects your perception of other people.
3. Design counseling strategies that are appropriate for clients with a variety of cultural identities.
4. Delineate ways in which treatment settings can become more responsive to the cultural heritage of their clients.

COURSE STRUCTURE

The teleclass format allows you to achieve the course objectives without attending regularly-scheduled, formal classes on campus. This format makes learning very flexible and accessible but it also requires that you have very structured study habits. Because you will have a short time to complete a great deal of work you will need to maintain a regular study schedule.

The Study Guide contains detailed information about each of the 12 classes that make up this course. The information provided in the study guide for each class includes the following:

- * Introduction.
- * What you will learn in the class.
- * What you will see in the videotapes for that class.
- * Reading assignments for that class.
- * Writing assignment for that class.

Each of the 12 classes has a writing assignment for you to complete. These assignments are to be included in a portfolio that is turned in at the end of the trimester.

COURSE REQUIREMENTS

1. Portfolio

Use a soft-covered binder with dividers. The portfolio should include one section for each of the 12 class assignments and one section for the final examination.

Place the completed writing assignment for each class in the portfolio. The absolute deadline date for turning in the portfolio is Friday, August 8, 1997. The portfolio must be **received** in the instructor's office by that date. If you complete the portfolio early, you may drop it off or mail it to the instructor at the following address:

Dr. Judith Lewis
 College of Health Professions
 Governors State University
 University Park, IL 60466

Otherwise, bring the portfolio with you on the day of the final examination. Be sure to keep a copy of any material that you send in. If you want your portfolio returned, include a stamped, self-addressed envelope of sufficient size.

2. Final Examination

The final examination will take place on Friday, August 8, 1997 at 5:30 p.m.

If you have any questions or concerns, you may reach the instructor's voice mail at (708) 534-4915.

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