Fagin: ‘You’ve got to pick a pocket or two’

UNIVERSAL STUDIO PARK April 1 – Statewide budget axings have public colleges and universities throughout Illinois taking drastic measures to stilt themselves.

Governor Robin Dragosoft snubbed the Illinois Board of Higher Ed, and yanked in the purse strings, leaving corn-fed students throughout the state tilling their quads with medal detectors in search of lost coins, jewelry, nuts and bolts.

At Gov’nor State Universary, times have gotten so tough that President Stew Fagin has been forced back into the classroom to teach. Well!

“We need to dip into the taxpayer well,” said Fagin, outlining course objectives. “Students will learn to be highly resourceful when picking the deepest pockets of generous taxpayers.”

Gov’nor’s man of resources, Yugo Jolly-Dodger, suggested several plans for increasing revenue.

“We need to get the word out to the public that, here at Gov’nor’s, when the going gets tough, the tough get resourceful,” said Jolly-Dodger.

“We’re asking the students to shoulder the burden of the burden. To that end, tuition and fees will go up exorbitantly,” Jolly-Dodger continued. “I don’t know how much, but somebody’s gonna tell us sometime.”

Bored with the entire mess, Chairs Director Bumble Fry assured Jolly-Dodger, “Mark my words. It’s gonna be a dooie! You pay what you git for – er, the other way around. Anyway, it’s about time our learners stepped up to their part and pay up, or be nail you down.”

Speaking of plates, meanwhile in the Chow Hall, students had been chanting, “Food, glorious food…” It seems that in an extremely austere move, Gov’nor’s catering service, ErrorMac, halted production of all normal delicacies, turning the place into a soup kitchen.

A severe warning was issued by Provost Pauley “Slimjim” Lockpick that all pork fat products would be confiscated, and anyone caught in possession of pork rinds (aka chicharrones) would be beheaded.

“Please, sir. May I have just one more drop,” said a newly arrived International student. His meek request was met with a gruff belch, “Get your water from the fountain. We’re on the dole here!” It was the voice of Widow Corney-Gummer, who is never to be disturbed when she is counting the pennies and buttons in the till.

Meanwhile, at Collage Nor’westerly, students ate cake.

In an extraordinary burst of animation, the Aluminum Union of Guv’nor graduates began amassing thousands of cartons of Payday candy bars, which they hoped to sell for themselves to endow a rafter soaring boondoggle down Thorn Creek.

Shrewdly sizing up the potential candy capital, Dean Noland Bill Sikes staked out their little house, watching for signs of “nobody home,” and immediately snatched up the coveted bars. Then he called in a marker with a family friend in Cicero to muzzle Aluminum Union brass.

Soon students from the Art department were rounded up and incarcerated in the boiler room, tasked with designing colorful new sleeves for the candy bars, now called PayMyWay. They didn’t mind being penned, for the poor waifs had been so frequently orphaned, they considered themselves at home.

“This as a unique opportunity for all students to hone the marketing skills that they’ll need when begging for job interviews after graduation,” said Sikes.

A Stratagem Rascaplification Committee was mustered to fabricate the PayMyWay implementation scheme. Their dictum came from Fagin himself:

“We’ll have none of this ‘Buyer Beware’ nonsense,” declared Fagin. “You’ve got to pick a pocket or two.” He gave the Rascaplications four-and-a-half hours to come up with the treasurery.

A decision was made that all male students would be required to sell a certain quota of PayMyWay bars, while female students would sell fresh fruits. Fruits would be conveniently loaded into heavyweight baskets marked, GSUcfFruit.

Serendipitously, a new program, entitled “Farm Smart” had just been implemented at the Family Development Workshop.

“We are so proud of our little tykes, listening with aspiration under the hot, smilling sun,” beamed Warden Cheryl Poulossweethews. “They’re learning so much about how life begins here.

“And I’d like to announce that we have expanded our baby massage classes to include toddlers to teens. This will help parents know true bondage with all their children’s needs, particularly after a full day at the FDW.”

President – no, strike that – Professor in Charge Fagin congratulated Poulossweethews for her truly nefarious efforts to comply with President Blush’s stated education objective.

“You done good, Cheryl,” he said. “There will be No Child Left Unseathed here at Gov’nors!”

Stepping down from his platform high atop the Jungle Jim as the Jesse James gang arrived to rescind all playgear equipment, Fagin longed for his chum “Monka,” and the good ole days when money was ripe for any and all profligates. He scurried to Lockpick’s cubicle.

Next day, the following notice was posted:

All faculty members will report immediately to the chemistry lab to have their salt measured.

(Tenured faculty may disregard.)
Warning: Psychiatry can be hazardous to mental health

By Nancy LaLuntas

A horse of a different color appeared in Sherman Music Recital Hall last week, and he drew the interest of a great many students from several departments here.

Internationally noted psychiatrist and theorist Dr. William Glasser visited GSU, in part, to recruit students of psychology, counseling, social work, addiction studies, and other helping professions into the ranks of his anti-traditional approach to mental health.

Glasser believes it's time to remove the "plague of old school psychiatry" guided by the medical model for determining and classifying mental illness, and canonized in the DSM-IV (The Diagnostic and Statistical Manual of Mental Disorders IV, developed by the American Psychiatric Association, sets forth diagnostic criteria, descriptions, and other information to "guide the classification and diagnosis of mental disorders").

"The DSM-IV is one of the most dangerous books ever published," says Glasser. "It has harmed many, many, many, caused loss of jobs and careers, and even suicides."

Glasser's latest publication, Treating Mental Health as a Public Health Problem: A New Leadership Role for the Helping Professions, came out just weeks ago. In it, Glasser explains why the helping professions need to stop focusing on mental illness and place their emphasis, instead, on delivering mental health.

On the one hand, doctors of physical medicine look for pathology and, if it exists, treat the pathology. If no pathology exists, the client is deemed to be in good health and sent on their way.

"So far, no pathology has been found in any of the psychiatric DSM-IV diagnoses," maintains Glasser. This is where he believes the medical model breaks down in regard to mental health.

"Because all medical treatment is based on finding specific pathology to explain the symptoms and specify their treatment, the medical model breaks down entirely."

Glasser maintains that almost all human unhappiness has to do with how we relate to the important people in our lives. His approach to mental health, thus, lies in counseling towards behaving in ways that support, encourage, and enhance our relationships with the important people in our lives.

"I have never once in my entire practice prescribed a mental health drug -- ever!" he told the Sherman Hall listeners.

And so Glasser talks about replacing the medical model in psychiatric and counseling practices, with the public health model.

"The first thing a public mental health education program led by counselors would do, is teach all the people they now see who are diagnosed as mentally ill that they have no pathology in their brains; they are not mentally ill.

"The unifying problem they all share is unhappiness, specifically being involved in unhappy relationships," he says.

And so the psychiatrist cum counselor advocates the use of what he calls his (continued on page 7)

Aggressive geese threaten students, faculty at entrances

Story and photo by Nancy LaLuntas

Campus police Officer Julian Marshall hails pedestrian traffic as Canadian goose couple heads back to their nest after diving out. The geese terrified students and faculty crossing between buildings when the pair believed the people were a threat to their unborns.

It may not have been quite as dramatic as what Tippi Hedren faced in the Hitchcock classic "The Birds," but several students and faculty members described their recent goose experience at entrances here as "terrifying." A couple (literally) of geese seemed to have gone berserk in the area between the new faculty office building and the E-wing entrance.

"They wouldn't let me leave the building one night after class," says Timika Nunley, an undergrad communications major. "I had to call security just to get out the door!"

Sgt. Debra Boyd confirms, "We had several complaints that the geese would run up to the doors, or block arriving people, arching their wings and hissing."

When faculty member Michele McMaster tried to exit, her companion "was utterly terrified of those geese," she said. "I told her, 'don't worry -- I'll put my rolling cart between them and us, and we'll get through this.'"

Officer Julian Marshall had to fetch a broom from the nearest gear closet to "kind of hold them back while people got out," he says.

Well, it seems that the "couple" were guarding three eggs that were laid in one of the two flower breaks that grace the passageway between buildings.

"The geese here are transients, according to Boyd. "They're monogamous for life, and always return to the same area to nest. With the changes in landscaping around the new building, they've been kind of disoriented, causing some unusually tense behavior."

So the simple, logical answer was to relocate the eggs, right? Well, logical, maybe, but not quite so simple.

Canadian Geese are an endangered species, you see. Just to move the eggs would take permission from the Feds.

Dr. William Glasser relationships with the important people in our lives.

Paperwork had to be filed with the Department of Conservation. And once granted, of course, the movers would need to wear surgical gloves so as not to taint the embryo with human scent.

Officer Atta Hunt, now affectionately known as "Officer Doolittle," responded to the task.

Unfortunately Dr. D. responded a little too well, moving the eggs WAY far away from the entrance. In fact he moved them SO far, the parent geese then went into a kind of semi-ballistic mode.

"They had no idea where in the heck their kids were," says Sgt. James McGee. "That's why they were in the mental condition they were in. I'd feel the same way if I couldn't find my kids."

Now the campus cops had to retrieve the eggs from their distant new digs, bring them back to mom and pop, and coach the parents to another location -- out of the walkway between buildings.

This time Officer Jason Miotke donned the latex gloves, while three other officers stood guard against any new problems. It was kind of a Pied Piper affair, with Miotke luring mom with eggs in hand to a better site under a tree away from the path.

The couple still wanders the area, but they don't seem to be bothering humans much anymore.

"It is just that time of year," says McGee. "If you run into a couple that seems to be challenging you, don't run. Just walk away," he advises. "After all, they're only protecting their young ones."

And the moral of the story? "Even Canadian Geese have U.S. Constitutional rights," according to University Police Chief Albert Chesser.
I have a 10-year-old daughter who would rather play on the computer than read. I’m torn by this, because, naturally, she is far more “IT-savy” than this old dinosaur. And “that’s a good thing,” as a newly un-incarcerated homemaking diva would say.

But I’m really concerned that if she doesn’t read enough, she won’t develop a love for the magic of words. More importantly, she won’t know how important it is to be able to write well.

Now granted, I’m biased. I consider myself to be somewhat of a “wordsmith” by trade. Actually, until I took this position as student editor of the Phoenix, I had forgotten how much I love to write.

Oh sure, I get intimidated when I have to sit down and put term papers together. It’s tough to sift through all the data and theory and opinion and evidence, to come up with a document that actually mine. And I could kick myself when I get a paper back, only to find that I have missed some minor grammatical error or typo. It may sound smutzy, but I really take great joy in re-reading things I have written, even though I re-write them in my mind each time.

When I help my daughter with her homework, we really concentrate on how well she is expressing herself on paper. It doesn’t matter if her assignment is English, social studies, science, math, or geography. We make sure that her written responses are clear, concise, and well thought out. And hopefully, she’s able to get some creativity into her answers, as well.

I can’t think of a single more important skill in any career endeavor than that of being able to write well. A poorly written resume is headed straight for the trash. An unclear memo to the boss will make you look inept. No matter how great a program or project you’ve put together, if you can’t present it in clear and concise terms, it will appear that you haven’t fully thought it out. And no boss wants to have to wade through five pages of poorly-organized “ramblings,” only to have to figure out the writer’s bottom line.

So now I’ll get straight to my point. The Phoenix is GSU’s student newspaper. Yet, only a handful of students are taking the time or the opportunity to exercise their writing skills here.

As stated in our masthead (below), “We welcome articles, suggestions, photos, commentary, cartoons, and letters to the editor on issues that concern the greater GSU population.”

Surely there are things each one of us finds fascinating, or irritating, or interesting, or downright repugnant in and around here. Just look around at the people you have met — or those you would like to know more about. What about things you’ve learned in classes that all of us could benefit from in our daily lives? What are some things you haven’t seen, but would like to see around here? And by the way, what’s your opinion on...

Our commitment is to the Phoenix as a vital communication tool which informs and connects the entire GSU community. We hope it can be a forum for the exchange of ideas, and interaction on our people. It is a student-produced newspaper, but it is intended to serve the entire community — including students, faculty, students, alumni, and administrators. We hope you will contribute.

Nancy LaLuntas and Larry Szulczewski had a Dickens of a time coming up with The Great PayMyWay escapade in this issue.

The Phoenix is Governor State University’s student newspaper. It is published twice monthly during the fall and winter terms, and monthly during spring/summer.

We welcome articles, suggestions, photos, commentary, cartoons, and letters to the editor on issues that concern the greater GSU population.

If you have a question about university policy or events, please send it to us, and we will attempt to obtain an answer for you. Literacy, and other artistic works are also considered.

We reserve the right to edit submissions for brevity, clarity, appropriateness, legality, and interest to our overall GSU readership.

All submissions should be signed, and include the student, faculty, or staff member’s name, ID number, department, and phone number.

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We are located in Room E-1500.

The Phoenix became a symbol of resurrection:
burning in the fires, yet arising newborn out of the ashes.
In our ever-changing world of uncertainty and fear, the Phoenix still burns brightly as a symbol of resurrection from the ashes, and of the indomitable strength of the human spirit.

The Great PayMyWay
Volunteers

By Loretta Jones

One of the goals of The Center for Performing Arts is to ensure that all who visit have a totally satisfying experience. This is only accomplished with the incredible assistance from the CPA Usher Corps. With more than 200 volunteers, the CPA Usher Corps has evolved with the theatre during its first decade. Twenty of their volunteers are celebrating ten seasons of service to the Center; many additional ushers have five or more seasons of notable service.

Referrals and newcomers to this group often have expected, because they see ushers as peons, expected to perform menial tasks, who are primarily invisible and easily replaced. This is a common misconception of ushers, especially in the role they play at the Center.

The Center recognizes the significant contributions of its volunteers, and is keenly aware that each individual brings a lifetime of experiences and his or her own unique appreciation for the Performing Arts. Members of the CPA Usher Corps will testify that they are welcomed into the usher kinship by fellow ushers, and staff immediately. They are presented with a multitude of opportunities to serve the public through supporting the Center.

Ushers swiftly experience a sense of purpose in fulfilling the mission of the Center and share in the success of each production. Regardless of what motivates an individual to become an usher at the Center; they stay because this is a place where they truly make a difference.

Ushers do perform typical duties as seating patrons, providing directions, protecting the facility, disseminating seating conflicts, special needs assistance and safety awareness.

The CPA Usher Corps also serve as facilitators of special events such as the annual holiday Sugar Plum Party and Opening Night festivities. The Ushers additionally serve as advocates of The Center at such events as The Tall Grass Arts Annual Festival in Park Forest.

Collectively, during a typical season the ushers provide over 190 hours of volunteer service; over the course of a season their contributions are immeasurable.

There is a unique camaraderie amongst the CPA Usher Corps members. Many have witnessed the tremendous growth of the Center in its ten years, and share both personal and professional memories of these experiences. Together they form a community that is self-sufficient and committed to each other and to The Center. Each usher provides an exemplary level of service knowing that the image of the corps as a whole is dependent on their performance.

The Center for Performing Arts is a host to many: an incredibly artistic array of entertainers, diverse audiences with high expectations, partners and guests utilizing the sophisticated resources of this facility, and generous benefactors supporting its mission.

The successful collaboration between the skilled and talented individuals who serve as staff and volunteers serving the community, ensure that the needs of all guests are met.

Matching the intimate atmosphere of the CPA, the ushers extend themselves and invite our guests to become part of the total theater experience. One might equate a CPA "usher encounter" as the gift wrapping on a sentimental present, the dedication page on a best-selling novel, or the perfect toast, celebrating a milestone event. An usher "welcome" affirms that our patrons have chosen the perfect arena for theatrical sustenance, expression or relief.

Call the CPA Usher Hotline at 708.235.2219 for more information.

Helping one another find our way At The Center for Performing Arts

West Suburbs, Chicago/and.

"During our ten years of ushering at GSU we have been privileged not only to experience a wide variety of excellent programs, but to get to know many fine people, our fellow goers find their seats and share their enthusiasm over the theater itself through all of the shows. We are the contact between the audience and the theatre. We become the theater's personality, we help make the evening a fun experience."

– Bo and Helen Lawrence

"After my husband passed away in 2001, I felt at loose ends. A friend asked if I'd be interested in ushering at Governors State. It was one the best 'yes' decisions I made. Ushering introduced me to a whole new theater community. Then I discovered the educational aspect of programming. Since I had been a teacher and was not 'retired' I found a new joy in ushering the children's shows every Saturday morning. The week when schools and individual classes would attend the performances, it was like being alive and teaching again without all of the responsibilities and grading of papers that teachers have to experience. I found my way back into the volunteer community. It had more than disappeared while I had been a care taker for my husband. It had simply vanished and I wasn't sure how to rekindle the flame. I truly enjoy ushering."

– Rita Walker

"It's a fun job! I enjoy being a part of this theatre organization. I have been an usher since the start and I'm proud to see it grow into a major theatre spot not only for the South Suburbs, but for all of Chicagoland."

– Richard Rellis

"We love coming out here for all your wonderful shows. You also have the greatest and most pleasant staff in all of the Chicago area, and we usher at many theatres. We especially enjoy helping out with the wheelchairs, they and such nice appreciative people to care for."

– B.J. Nielsen and Kathie Archer

"We have been patrons for many years, ushering for shows that we would normally not buy tickets for in a way to give back to the Center some of what it has given to us."

– Michael and Shelia Shaykin

Photos by Nancy LaLuntas
The gift of life ... and promises to come

Story and photos by Julie Carlson

This fall, Ruth Merritt and Margaret Hoerner look forward to celebrating 20 years as Ingalls Memorial Hospital volunteers, a much-deserved milestone for two caring women who have helped make such an important difference in the lives of the communities they serve. There are stories and memories of Ingalls than giving of their time and energy to help others. Both were born at Ingalls, joined the Volunteer Services Department women who have helped make such an important difference in the lives of the communities they serve.

The two have much more in common with Ingalls than just their hometown. Margaret was born in 1925, just three years after it opened. And I've been a patient more times than I can remember when the volunteers were almost all men, and when we didn't even have a gift shop. They sold homemade pies in the main lobby, she recalls.

"I had my first three kids in the same room that my mother had me in," recalls Merritt, who was born at Ingalls in 1925, just three years after it opened. "Back then, the government paid for my first child. My second child cost just $54 for a 1-day stay." Merritt grew up in South Holland, where her father served as chief of police. She moved to Riverdale for a short time but returned to her roots in South Holland where she lives to this day. In addition to raising four children there, she did a lot of housework and cleaning at area businesses, including the South Holland Savings & Loan and White Castle restaurant.

Through the years, Merritt has maintained a special relationship with the 81-year-old Harvey hospital, choosing Ingalls for all of her family's healthcare needs. "All my physicians are here. My husband, daughter, and son have all been patients here. Two of my grandchildren were born here. And I've been a patient more times than I can mention. They should give me my own private suite," she laughs.

Merritt began volunteering when her husband was still living and she was bringing him to Ingalls for therapy on a regular basis. One of the volunteers asked her if she would consider volunteering at Ingalls.

"I love helping people, so I figured why not? I started in the gift shop, then went to Rehab Services, then the Cancer Care Center, and now I'm back in the gift shop," she said. "I really like it. I've made a lot of friends and so many of the nurses know me. It's the perfect way to give back to the community."

"After my husband died, my daughter was diagnosed with cancer, and I lost a grandson. I have to keep busy so I don't think about it," Merritt volunteers every Tuesday and Thursday. Although her 5-hour shift doesn't begin until 10 a.m., she arrives promptly at 8:30 to get things started. Her duties include a little bit of everything -- filing shelves with new merchandise, pricing, cashiering, cleaning, and the best part -- delivering flowers and other gifts to the patients.

"Ruth is a good representative of the gift shop," adds Linda Carlson, shop manager. "She'll fill in anytime we need her and she'll do anything I ask her. It's just amazing. She's such a dedicated person." Volunteer Services manager Julie DeYoung agrees. "Ruth continues to be committed to volunteering even though there has been so much turmoil in her personal life. She gives so unselfishly to others."

Merritt has watched Ingalls grow from "the little building" into a huge health system. "I remember when the volunteers were almost all men, and when we didn't even have a gift shop. They sold homemade pies in the main lobby," she recalls.

"It was neat to see the four-story west building go up in 1959, and even more exciting to watch them put up the north and east buildings. From there, it just kept growing and today Ingalls has facilities all over the South Suburbs. I think a better name for it is Mayo Clinic South."

Meet Ruth Merritt

Spunky 80-year-old Margaret Hoerner says, "Ingalls is like one big happy family. There's a warm feeling you get when people come into the gift shop. Everyone is so friendly. It makes you feel right at home."

Hoerner was born at Ingalls the second year it opened. Her father was the city of Harvey's commissioner for 23 years, and Margaret grew up right down the street from the hospital. She knows just about everything about its history, and welcomes the opportunity to talk about it.

"Harvey was a booming town back in the 1920s, with all its industrial growth. But what it didn't have was access to a nearby medical facility."

"Frederick Ingalls realized this, so he built a 50-bed hospital in 1923 so local residents did not have to travel far for their healthcare," Hoerner explained. "I'm fortunate to still remember its original doors, and to have witnessed the hospital's enormous growth."

Margaret Hoerner's story

For more than 50 years, area residents have volunteered at Ingalls. Currently, Ingalls has 229 active volunteers who, in 2004 alone, donated more than 45,000 hours of their time in a wide range of activities, such as filing, answering phones, and clerical duties; talking with families and patients, working in the gift shop, delivering mail and flowers, distributing magazines to waiting areas, staffing information desks and the surgery waiting room, assisting at health fairs and community activities, and working in the Infant Hearing Program.

Volunteers are appreciated

These two volunteers, and so many others like them, play an essential role in Ingalls' community of care. They provide a "special touch" as they lend a helping hand to patients, visitors and employees.

"I always thought of Ingalls as a good hospital," says Hoerner. "I even considered being a nurse. I enjoy volunteering and interacting with the people. So the gift shop's perfect for me. There's so much to do with people really appreciate what we do."

Every Thursday, Hoerner works a six-hour shift. She has difficulty walking long distances, so she gets an escort to and from her car by Security. "When I pull into the parking garage, I just lean out the window and whistle, and they know to pick me up."

"Margaret is a great asset for the 3 to 11 p.m. shift employees," says DeYoung. "She loves working with people and it shows."

Volunteering is only a part of what Hoerner finds rewarding about Ingalls. There's even her brief claim to fame. In 1997, her face was featured high atop the nearby tollway on an Ingalls billboard. "I had a lot of fun with that for several months. My friends would call and ask for my autograph. My son-in-law drove past it every morning on his way to work, shaking his head in disbelief that his mother-in-law was the poster girl for Ingalls," she said.

"Margaret's got such a sense of humor. She's just a hoot."

Carlson says with a big smile. "She never complains, but I know when she's pushed to the limit. She starts whistling and says 'how are you fixed for spit?'"

"When she's not volunteering, Hoerner finds plenty to do to 'keep her circulation going.' She looks forward to weekly Thornton Township social luncheons, being active in her church, and spending time with her six grandchildren. She also loves animals, reading books, and going to the gambling boats.

Julie Carlson is an undergraduate Media Communications major. This article was prepared for a class in feature and review writing.
Shelter needs volunteers to help in new program

South Suburban PADS (Public Action to Deliver Shelter) is researching the possibility of providing temporary housing in Chicago Heights for homeless individuals/families from mid April to October.

Volunteers to this type of Interim Housing Program have found it to be even more rewarding than other PADS programs, because all of the guests are committed to finding employment/housing and participate in the program's operation.

However, the program needs volunteers to begin operations. Please call us if you are interested in this rewarding opportunity.

Contact South Suburban PADS at 708-481-0952 for this or other programs.

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Don't miss out on our summer undergraduate tuition discount. Register early at www.roosevelt.edu/summer.

Phoenix April 4, 2005

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Roosevelt Summer 2005

<table>
<thead>
<tr>
<th>SESSION</th>
<th>REQUIRED</th>
<th>PREREQ</th>
<th>DATES</th>
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<tbody>
<tr>
<td>A</td>
<td>6 weeks</td>
<td>None</td>
<td>May 21–July 1</td>
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<tr>
<td>B</td>
<td>6 weeks</td>
<td>None</td>
<td>July 5–August 15</td>
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<tr>
<td>C</td>
<td>8 weeks</td>
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<td>June 4–August 1</td>
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<td>D</td>
<td>12 weeks</td>
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<td>May 21–August 15</td>
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<tr>
<td>X</td>
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<td>April 29</td>
<td>May 16–20</td>
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<td>XI</td>
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<td>June 3, 10, 17, 24, July 1</td>
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<td>XXI</td>
<td>5 Saturdays</td>
<td>May 21</td>
<td>June 4, 11, 18, 25, July 9</td>
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Don't miss out on our summer undergraduate tuition discount. Register early at www.roosevelt.edu/summer.
Counseling for mental health; not treatment of mental illness

(continued from April 4th front page)

"choice theory."

Glasser points to "seven deadly habits" in unhappy relationships: criticizing, blaming, complaining, nagging, threatening, punishing, and bribing.

"All of these are behaviors that tear you apart from other people," says Glasser. He suggests replacing the seven deadly habits with seven caring ones: supporting, encouraging, listening, accepting, trusting, respecting, and negotiating differences.

"As long as mental health professionals continue to use the medical model to deliver what they call mental health, they will never be able to embrace the concept that mental health is an entity completely separate from mental illness," he states.

In addition to addressing and meeting with students during his two day visit to GSU, Glasser worked with Professor Jon Carlson, Psychology and Counseling. The two men recorded tape in the GSU production studio on how counselors and educators could apply Glasser's theories in school counseling and practices.

Seven deadly habits
or seven caring habits?

Dr. William Glasser's "Choice Theory"

criticizing
blaming
complaining
nagging
threatening
punishing
bribing

supporting
encouraging
listening
accepting
trusting
respecting
negotiating differences

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WHAT’S HAPPENING

Thru April 11
Poema Graduate Art exhibition
Digital collage photography by master’s candidate Catherine M. Ciosek is on display in the University Art Gallery off the E-lounge.

Thru April 22
South Suburban College “African Art and Initiation”
A collection of ethnic art from the Yaka of South Holland through April 22. GSU’s Dr. The gallery is open 9 a.m. to 4 p.m. Monday thru Friday.

Monday April 4
U.S. Army Field Band & Soldiers’ Chorus
Enjoy an evening of pop, Broadway, folk and classical favorites as the premier touring musical representatives of the United States Army comes to The Center at 7:30 p.m. This world-renowned ensemble performs as part of an international goodwill tour. FREE, but tickets are required.

Tuesday April 5
Bake & Fruit Sale
Sweet treats don’t always have to be sinful; they can be sinful-ly delicious, as members of the Black Student Union clearly show 11 a.m. to 2 p.m. in the Hall of Governors. They’re also be music mixed by DJ Chill when they offer baked goods and fresh fruits. Proceeds offset costs of BSU’s end-of-trimester Stress Buster Party.

Wednesday April 6
The Chinese Garden
Asian art historian Stanley Murashige discusses the art of the Chinese garden at 6 p.m. in the E-lounge as part of the Distinguished Lecture Series. Murashige heads the Art History Department at the Chicago Art Institute.

Wednesday April 6
The Masters of Public Administration Club
Correspondences. The workshop is open to students and alumni. Door prizes, refreshments, etc.

Wednesday April 6
Job Search Workshop
The Office of Career Services will discuss “How to Conduct a Job Search” at 5 p.m. in B-1215. The workshop is open to students and alumni. 708-235-3974.

Wednesday April 6
The Illinois Philharmonic Orchestra is hosting Chicago Southland’s largest annual fanfare dinner and gala event 6:30 to midnight Saturday April 9 at the Idlewild Country Club in Flossmoor. Hundreds of fabulous auction items: getaway trip packages, sports and entertainment tickets, jewelry, and furs. Tickets $150. 708-481-7774.

Thursday April 7
Chicago Shakespeare Theatre
A Comedy of Errors
Pandemonium ensues when two sets of twins, separated in a shipwreck when babies, meet up twenty-five years later. Mistaken identities create farcical confusion in one of Shakespeare’s most hysterical comedies. 10 a.m. performance of the Center for Performing Arts’ Arts in Education program. All seats $9.

Thursday April 7
“How to Write Resumes”
The Office of Career Services will present “How to Write Resumes and Job Search Correspondences.” The workshop is open to students and alumni in Room B-1215 from 9:30 a.m. to noon. The workshop is open to students and alumni. Continental 708-235-3974.

Thursday April 7
“A Musical Tribute to the Great American Canteen USO shows, Glenn Miller and the legendary Andrews Sisters featuring unforgettable favorites like Boogie Woogie Bugle Boy, Mr. Sandman, Jeeps Creepers, Don’t Sit Under the Apple Tree, and more! 8 p.m. at The Center for Performing Arts. Tickets $29-34.

Saturday April 9
Career Toolbox
The Office of Career Services will present “All-In-One Career Toolbox” at noon in B-1215. The workshop is open to students and alumni.

Saturday May 7
The Second City
“The Second City’s 45th Anniversary Tour” provides a look back at our favorite comedians of the last 45 years, while providing a look forward at the next generation of comedy's best and brightest stars. 45 years worth of famous spots from such comedic masterminds as John Belushi, Bill Murray, Mike Myers and many more. 8 p.m. at The Center. Tickets are $26 - $35.

Plan ahead for Tee time in May
The Masters of Public Administration Club hosts an outing May 25 at the University Golf Club. Contact Paul Burrus, Golf Committee chair, at 815-693-9658.