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News and Events

Who's the Man?

GSU's Recreation and Fitness Center has partnered with St. James Hospital and Aunt Martha's Healthcare network to sponsor the *Who's the Man Men's Health Fair and Fitness Challenge*.

The health fair will be held on Saturday, July 26, from 9 a.m. to 1 p.m., at St. James Hospital's Stephanie Center, 30 E. 15th Street, Chicago Heights. The free event will feature blood pressure, blood sugar, body fat index, and cholesterol screenings along with a wealth of information about men's health issues and initiatives.

The *Who's the Man Fitness Challenge* also kicks off that day. Teams of six men will be chosen to participate in a six-week fitness challenge involving group training, nutritional counseling, and leadership from fitness professionals. Men will be assigned to teams after participating in a raffle for positions. Participating fitness clubs will include GSU's Recreation and Fitness Center, Cardinal Fitness, South Suburban College Fitness Center, and St. James Fitness Center.

VIP passes to the Chicago Bears Training Camp will be raffled to six lucky participants of the event. Food and other prizes will also be available.

For more information about the health fair or fitness challenge, call Ken Williams at 708.825.4800.

Adjunct Faculty Development

GSU's Adjunct Faculty Day will be held on Saturday, August 2, from 9 a.m. to 2 p.m. in the Cafeteria Annex. There is no charge for the event, which is open to all adjunct faculty teaching at GSU.

The day includes a series of workshops and information sessions on a variety of topics including the many roles of adjunct faculty; teaching online; support & success - student resources at GSU; and instructional techniques and learning tips. Materials are included and breakfast and lunch will be served.

Those planning to attend must contact Eric Wignall by July 28 to reserve a seat.

SUAA Meeting Rescheduled

The GSU-SUAA meeting originally scheduled for July 17, has been rescheduled to Thursday, July 24, at noon, in the cafeteria.

The State Universities Annuity Association is a not-for-profit organization created in 1971 to advocate a strong and secure public employee pension and health benefit system. SUAA is a voluntary member association of annuitants and active employees.

Visit the GSU chapter's [website/blog](#) today.

A Dynamite Event

The GSU Chemistry Club is hosting Nobel Laureates in Chemistry on Tuesday, July 24, from 5 to 7:30 p.m., in the E-Lounge. The event features presentations from GSU chemistry students on the work and research of chemists who have won Nobel prizes.

The free event is open to the entire university community and refreshments will be served.

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