New Provost ready to work for you

By Danyle A. Lucado
Editor

Dr. Terry Allison, GSU’s newly appointed Provost, says he’s ready to give GSU’s academic programs the attention they deserve. The selection of the former Dean of California State University, Los Angeles, College of Arts and Letters, was made public in early January.

He arrived at GSU in July and has already started assessing the school’s academic strengths and where there is opportunity for improvement.

“For a university of GSU's age, we don’t have very many programs here,” Allison said. With GSU going through several acting provosts in recent years, little attention has been focused on the development or expansion of academic programs. Dr. Allison will now take up the mantle in reviewing programs for effectiveness and quality. Part of this includes mapping out a 10-year master academic plan and establishing methods to evaluate current programming.

“Right now, we don’t really know what our students are learning,” he said. “We don’t have a way of measuring what students know when they leave our campus in comparison to when they first come in. How do we measure the sum of a student’s knowledge at the end of the degree?” posed Allison.

Kayla Nichols, who will be receiving her B.A. in Public Relations and Marketing at February’s commencement ceremony, says better assessments and ongoing improvements to programs is important. While she thoroughly enjoyed the PR program at GSU, she doesn’t feel it gave her an edge over students from other colleges.

“Marketing students at Columbia College (Chicago) participate in a 2-semester long class in which they compete with other colleges to develop a marketing plan that is actually presented to State Farm Insurance” said Nichols. “There’s no way I could walk into an interview and compete with those students.”

With Dr. Allison now on the case, GSU can focus on making sure all of its students are equipped to compete in today’s job market.

Allison will also be looking at ways to increase student opportunities such as athletic programs and housing. “Studies show that students living on campus are more likely to graduate because they’re more focused,” he said.

Dr. Allison is particularly interested in programs to improve college attendance and graduation rates among minority and underserved students.

“I believe we have to acknowledge the historic and current challenges that put some at a disadvantage that is not of their own doing,” said Allison. “In the area of science in particular, there is a low enrollment rate for minorities."

One way the university is planning to address the low enrollment issues is to partner with local junior colleges to offer their students dual enrollment.

“Often times students do well at community college but don’t move on to the university level,” Allison noted.

See ‘Provost’ page 3

GSU students make a national impact at conferences

By Kimberly Snapp
Contributing Writer

While most of us were having fun in the sun this summer, a number of top students in the College of Arts and Sciences were busy presenting studies and papers at regional and national conferences, making a name for themselves as well as Governors State University.

Dr. Patty Fu-Giles, an assistant professor of chemistry, said this is the first year GSU students were chosen to give oral presentations at the 240th American Chemical Society National Meeting and Exposition held Aug. 22 to 26 in Boston.

“This is a very prestigious honor for our students,” said Dr. Fu. “Usually the individuals who give oral presentations are either PhD students or professors, but GSU’s presenters are seeking their master’s degrees.”

The four students who presented in Boston are Rahul Kahanke, Sheetal Gangula, David Corcoran, and Diana Harms. They participated in a session on Preventing and Combating Disease. Kahanke and Gangula were invited to also give oral presentations.

Kahanke gave a presentation on photo dynamic therapy for skin carcinomas, while Gangula presented on novel lanthanide complexes as potential photodynamic therapeutic agents. “Both students were required to have an excessive amount of data to submit as an abstract to the American Chemical Society," Fu said.

Corcoran and Harms presented a poster on developing novel nano particle imaged using luminescence enhancement of Eu(III) and Tb(III) by single strand DNA.

Corcoran and Harms are partners who presented their poster and got accepted to the International Chemical Society Meeting in Honolulu, Hawaii this December. Dr. Fu said this upcoming international convention only occurs every five years and is hosted by The Canadian Chemistry Society, The American Chemical Society, The European Chemical Society, and The Asian Chemical Society.

“Dr. Fu was also invited to speak at the international meeting. After presenting at the international meeting the students may be eligible for prizes such as scholarships.

GSU students were also featured on the agenda of a two science conferences.

Priyanka Kotha presented in the National Photobiology and Photochemistry Conference at Providence, RI on June 16th.


Science students weren’t the only ones working hard this summer. Several psychology students also gave presentations at conferences in their field.

In April, Matt Covic and E.J. Johnson were presenters at the Midwestern Psychological Association in Chicago. Covic and Johnson delivered an evaluation of supplemental learning modules designed for lecturers of psychology and counseling. Christine Carlson, Donelle Feld, E.J. Johnson, Cindy Fisher, Joshi Pooja, Nick Mack, and Erin Markase also gave a presentation on teaching undergraduate psychology from a graduate student perspective.

A presentation on “Getting into and Surviving Graduate School” was also given by Joshi Pooja, Erin Markase, Christine Carlson and Cindy Fisher at the 17th Annual Midwest Institute for Students and Teachers of Psychology on March 5th and 6th at the College of DuPage.

These students have taken their knowledge to a broader stage and represented themselves and our university brilliantly. We salute them all for their amazing work.

Chemistry never tasted so good! Page 3
Tips to save you money Page 5
Steve’s DVD Review Page 6
From the Editor's desk

By Danyale Lucado

Editor

New and returning students, welcome to another exciting term of academic opportunity and personal growth at GSU!

My name is Danyale Lucado, and I will be serving as your Editor-in-Chief for the 2010-2011 school year. I am an undergraduate student in the College of Arts and Sciences, majoring in Multimedia Communications. I will complete the B.A program at the conclusion of the fall semester, and will begin preparation for the Masters in Public Administration in the upcoming spring semester.

As the new Editor-in-Chief of the student newspaper, I look forward to representing your voice on the GSU campus.

Obtaining a college degree can be a rewarding experience that presents both challenges and triumphs. As a full-time employee, full-time student, ministry worker, wife, and mother of two young children, I definitely understand the struggle of BALANCE.

If you’re experiencing challenges in your pursuit of success, chances are, someone in a class with you is experiencing the same. If a classmate has a remarkable story that encourages you to push beyond your struggles, we want to hear it!

It is my goal with this year’s Phoenix to work with other student writers to deliver content that is informative, thought provoking, inspiring, and entertaining—as is the case with this issue’s “Chemistry of Cooking” by Jerome Hughes, “Storming the Gates” by Krista Dvorak, and “Steve’s Reviews” by our very own Steve Laviole.

We will also be offering a new feature entitled “What say U, GSU?” which will feature photos and comments directly from GSU’s student body. We have a wonderful team of writers this year, including our new Staff Writer, Kim Stabosz. Kim is a graduate student and a very talented writer with great reporting skills. She is a fantastic addition to the staff and will work hard to bring you the stories you want to read.

We welcome your contributions to the paper and look forward to your feedback, critiques and praises alike. To submit articles, story ideas, and feedback, please email us at phoenix@govst.edu.

I am grateful to serve our campus community in this capacity and hope that it will be a rewarding and fulfilling academic year for us all.
Easily Indian

By Jerome Hughes
Contributing Writer

If you came on campus one Saturday morning this summer and walked past the E-Wing Lounge area, you could smell wonderful aromas emanating from there. It was Anupy Singla preparing several Indian food dishes, mixing the many herbs and spices from India for the Chemistry of Cooking workshop presentation.

Marjorie Hummel, University Lecturer in Chemistry at GSU, asked Anupy Singla if she would participate in the Chemistry of Cooking workshop. Ms Singla was thrilled to be included in Ms. Hummels course curriculum and said, "My goal with my cooking is primarily to teach and reach out to all sorts of people across cultures and generations." The presentation "Easily Indian" was part of the workshop which allowed Ms Singla to do that.

Singla is known as one of the first Indian-American reporters/anchors in Chicago. She recalls from her beginnings, "I grew up loving and eating Indian food. It's what I believed kept me connected to my roots— as I was born there. I came to this country at 3 and learned English partially through watching Sesame Street."

Singla got most of her cooking expertise from her mother, who first came across a slow cooker for "Governors State Chef's Cookbook: From Rocks in India," and cumin. The very tasty dishes she prepared were basmati rice, channa masala, kail dal, gound black-eyed peas, and rajmah (kidney beans). It was very zesty, spicy and hot; but not a burning hot-pepper taste, instead a rather mild taste. It was truly a demonstration of how the right herbs and spices can turn an ordinary meal into an extraordinary Indian treat.

Singla has also written her first cookbook, "The Indian Slow Cooker: 50 healthy, easy, authentic recipes," which was just released last week. Concerning any more food presentations and workshops, Marjorie Hummel said, "As far as a future food-related speaker/presentation, I would be happy to invite that person to my class to help explain a topic in chemistry if we could use food as an example."

For more information on Anupy Singla go to www.indianaspapplepie.com.

CAS Presents The Chemistry of Cooking — Easily Indian

By Krisa Dvorak
Contributing Writer

The student senate is gearing up for yet another school year, but this one in particular, could be a lot different than the past.

This year's elected senate is looking forward to student life that Governors State has always been hoping for: Vice President Lisa Wallace and treasurer, Michael Coglianese, said the recent implementation of athletic sports brings excitement to all.

But that's not all the senate is talking about. They are thinking much bigger. If we can do sports, why not Greek life? Or on-campus living? How about a Homecoming?

"Governors State athletics is something I would like to be a part of but it's also a wonderful opportunity to attract young students. We're all young at heart, but younger students are definitely something we would love to see here at GSU," Coglianese says. "Most of the student body is non-traditional students. We want to make this a school for not only taking classes, but also enjoying it."

And, of course, by attracting more students, we attract more diversity. One of GSU's most unique qualities is our extremely diverse students and faculty, and Wallace feels very strongly about this issue. While on the student senate, she is determined to help the school attract more students from different cultural and ethnic backgrounds.

The school's diversity is such a wonderful quality that we embrace, but there's never a diversity overload, Wallace said. Along with searching for more diversity, she is also determined to bring more student and family activities to the campus.

The student senate will be and has been working very hard to try and reach some of these goals. They are currently brainstorming ideas meeting after meeting in preparation for the fall. They have quite a lot to do, and are planning on tackling these issues full force.

"I am here to help the students, and I enjoy helping. I am going to do everything I can on the student senate to make everyone happy," Coglianese said.

To contact the student senate with any comments or suggestions call their office at 708-534-7056.

GSU Student Senate Thinks Bigger and Better

'Provost' cont. from page 1

"This program is designed to make for a smoother transition so more of those students make it to our campus."

In addition to dual enrollment, students will be able to lock in tuition rates effective on the date of enrollment into the junior college. "The longer a student takes in junior college, the less likely they are to continue on to a university," he said.

GSU President Elaine Malmon is among those eager to see Allison joining the university's administrative team.

"Dr. Allison brings a transparent and collegial leadership style to GSU, as well as innovative thinking and a history of creative strategic planning and program building in a wide variety of subject areas to serve working and underserved students.""The 54 year-old Allison, who is an accomplished author, editor, and grant writer, holds a B.A. in Economics and Political Science and Masters of Library and Information Science from the University of California, Berkeley, as well as an M.A. in Comparative Literature and Doctorate of Philosophy in Literature from the University of California, San Diego. His experience at California State universities spans over 19 years.

While working for California State University, San Marcos, Allison co-founded the Qinacceeners Project to encourage enrollment among 15-year-old Hispanic girls.

"The idea came from a college savings plan I started for my niece," he said. "I wondered what a program like this could do for a larger group such as the growing Latina population."

In the Hispanic culture, the Qinaceeners celebration marks a young woman's coming into womanhood and preparation for marriage. Allison thought it would be a great occasion to set the young woman on a path to higher education.

To date, the QInaceeners Project, which is funded by the Sally Mae Foundation, has awarded $1,500 scholarships to 45 Hispanic girls.

Non-minority students need not feel left out of Dr. Allison's agenda. He says that non-minority students will also receive academic support from up to $2 million in funding from the U.S. Department of Education to improve the writing skills of all students attending low cost colleges with high levels of students receiving financial aid.

Allison, who was originally interested in becoming a diplomat, says it was his own teachers and their passion for learning that sparked his interest in education. Taking smaller programs with little funding and developing strategies to increase program quality and enrollment is what Dr. Allison says he enjoys most, and it is the reason he left sunny California for the windy city.

He is looking forward to learning more about the heartland and the local arts scene. "Chicago also has a wonderful theater district," he said. Live theater is one of Allison's favorite pastimes. So much so, that he actually took a theatrical tour of sorts, visiting theaters of every university in the state of California. A true fan of the arts, Allison launched a new Masters in Fine Arts in Television, Theater, and Film program before leaving his post at the California State University in Los Angeles.

Dr. Allison is single and resides in south suburban Flossmoor. We welcome him and all that he brings to make our university a more dynamic institution of unlimited opportunity.
New to GSU?

Here's info for wandering minds

By Carolyn King

Today there are familiar buzz words like multi-tasking and placing movies back on the shelf that don't appeal to their palette of sensibilities. The titles can be deceiving as well.

Once after choosing a period piece about Ancient Rome called Caligula, which for certainty had been replaced on the shelf, the shocker came after getting home. After a few of the reenacts (you now need five or six to operate the audio-visual equipment), and made preparation to "kick back" for the evening the DVD box was opened, the title "Caligula" was very, very noticeable.

But then emotions were quelled, because--really how bad can the movie be? For Pete's sake, it was a period piece after all.

Shocked is the word. The oreg secures were reminiscent of a documentary which had been shown on the Wildlife channel about a ball of Python's sexual writhing during mating season.

When it comes to something as simple as going to a restaurant or renting a movie, inadequate information regarding education can be costly.

Because usually one cannot experience the curriculum beforehand in which they intend to study, they often spend many years of trial and error and then later remorse that if they could have been oriented to a chosen field of academia, they probably wouldn't have chosen that discipline in the first place.

The GSU catalog-handbook prevents one from encountering many of the aforementioned surprises regarding the institution. It will prove to be most advantageous and will familiarize the incoming population with many helpful features about GSU.

The GSU catalog-handbook is well written and contains much worthwhile information as to what each student can expect. No trial and error here. They provide information regarding financial resources and a list of financial programs and explain what is offered by each of them.

The school made accommodations for such things as religious observances and concurrent registration and dual enrollment.

If students have underage children and decide to remain at GSU, the Family Development Center offers help to them for childcare. The school offers state licensed childcare for children 6 weeks to 12 years of age; and after school enrollment for children ages 5 to 12 years of age.

The catalog-handbook describes a service called Quick Start/ESCORT services. This service provides students, staff, and visitor's safe conduct to their cars. They also help with battery problems, frozen locks, empty gas tanks and flat tires.

If the attendants are unable to fix the problem, they will refer the vehicle owner to other services. They are not left alone. The Department of Public Safety operates a shuttle to the Metru train station for the late afternoon and evening classes.

As with many schools, many students don't like to attend classes in person. They would rather take online courses through WebCL. GSU offers WebCL. WebCL is an interactive computer program. It allows for communication and assignments between the instructor and students. It also allows communication between students.

The computerized registration can prove to be a time saving event. How, if a person likes camaraderie, nothing outweighs registering in person. The food and information that is provided in the GSU cafeteria is worth the visit.

The State Police Department's provision for checking blood pressure for hypertension lends a personal touch.

They offer printed safety information for various vehicles, such as motorcycle safety and The Rules of the Road manual. The Rules of the Road is very helpful because oftentimes rules of the road change and unsuspecting motorists have no idea until they encounter a low enforcement agent.

The GSU catalog-handbook offers a plethora of courses. It is very easy to become inundated and find oneself engrossed in a quagmire of information. To preclude this catastrophe, individual counseling sessions are offered and the catalog is user friendly.

The fall semester will be my last one here at the school. To GSU personnel and faculty, it has been a most auspicious occasion on a personal and academic level.

To the current and incoming student body, we outgoing students wish you well and we hope that you take every advantage of all of the resources that the GSU has to offer on every occasion.
SAVING MONEY 101

Going to college may be the most exciting experience of your life, but it may also be the most expensive.

Fortunately, there are many ways to save money while earning your degree without a full-ride scholarship and you will find most of them in this article.

Probably the most inexpensive way of obtaining higher education is attending a community college. You may pay less than half the price of obtaining an associate degree in a community college than attending a university. But what if you want a bachelor's or master's degree? What if you want to be a doctor? No problem as long as your grades are good you can transfer to almost every college in your home state. Not to mention some colleges may also offer some bachelor degrees of their own. However, whether you attend a community college or a university, you will have many other expenses to worry about.

Usually, around 25% of all college expenses are used on room and board. If saving money is big on your mind, you may want to attend a college that is close to you or your parent's home. Living close to your college means you may be able to drive there every school day while living at home.

Depending on the economy, paying for gas is usually a lot cheaper than paying for a college's room and board. The only thing as bad as paying for gas or room and board is purchasing textbooks.

First thing to do when purchasing textbooks is searching college hallway advertisements and internet sites such as Amazon for cheap prices on used books. However, if you must buy a brand new textbook be sure to take very good care of it so you can sell it once you are done using it. Most college's stores will have purchasing used books in order to resell them in the store. However, the store will only pay you approximately 20% of the book's original price, so it would be a better idea to try to sell the book directly to another student who needs it in this way you can get more money back for it.

When selling a book directly to a person, you can advertise on such websites as eBay and Craigslist; or you can make flyers by printing them from your computer or simply writing the advertisement on a piece of paper and putting up in the college's hallways. Be sure to put your phone number and/or email address so the potential buyers may contact you.

Almost all colleges have cafeteria, but you will probably find that their foods are too overpriced for their quality. Try to avoid eating in the school lunch room and bring your own meal from home or a grocery store. Not only will you save money this way, but you will also be healthier since cafeteria food is notorious for being sold old!

One last tip for saving money in college is tickets and membership discounts. It's not unusual for businesses such as buses, movie theaters, and gyms to give college students discounts for their services. If you are attending a university then you should be able to pay less for a sports game ticket than a non-student.

As stated at the beginning of this article, most money saving techniques are mentioned in this article but there are probably many more possible ways of saving money while in college, you just have to look for them!

Article courtesy of Daniel Kovac, www.didarticles.com

Quick Tips
Some more money saving quick tips:

1. Don't use a credit card irresponsibly.

2. Save all your change - everyday dump your leftover change in a jar then take it to a bank with a coin machine.

3. Get college student discounts on computers and other cool stuff.

4. Don't buy a textbook if you can share with someone.

5. Shop at outlets - outlets allow you get significant discounts on name brands.
Students Must Prove That They Should Be Hired

By Bob Roth
The "College & Career Success" Coach

As students go through college, they should be aware of one important fact. Employers expect college students to "prove" that they should be hired. Wise students keep this fact in mind and make certain that they can provide the proof that employers seek.

Employers are interested in five things:
1. **What You Know** - It should be obvious that employers will want to find out what students know. Grades are only part of that proof. Students learn by observing, reading, listening, doing and teaching. The best employers will ask about these five areas. Savvy students make certain that potential employers obtain the information they seek by showing them what they have learned, experienced and taught.

2. **What You Can Do** - Employers want to learn about student capabilities. They understand that knowing what to do is quite different from actually doing it successfully.

3. **Who You Are** - There is another factor in which employers have an interest. The best employers prefer students with a great attitude and personality. They look for candidates whose personal values closely align with their corporate values. Additionally, these employers value candidates who regularly demonstrate a high degree of integrity. They seek students who are responsible, honest, hard working and trustworthy.

4. **What You've Already Done** - Employers believe what students have done in the past is the best indicator of what they will do in the future. Therefore, employers will be interested in the student's earlier accomplishments and positive results. Grades, work performance, participation in student activities and community involvement can be reliable indicators of future performance.

5. **Compelling Proof** - Unfortunately, employers have learned that they can't always trust the information they receive from students. Employers want the kind of proof that they can check out and verify. Student successes can be supported by numbers, examples, stories, demonstrations, references, recommendations, testimonials, awards, commendations, newspaper articles and other forms of recognition. At work, successes can also be revealed in job descriptions, performance reviews, promotions and salary increases.

All of these things require students to be actively involved in the college experience, as they move from semester to semester. Few students will impress the best employers with grades alone. That's because employers are looking for well rounded students who have previously demonstrated their personal traits, knowledge and capabilities in a way that has helped other people, organizations and employers. They hire students who can quickly contribute to the success of the organization.

When students anticipate the needs, wants and expectations of the best employers and aggressively pursue and accumulate job-related knowledge and experiences during the college years, they greatly increase their chances for employment success. It's that knowledge and those experiences that will enable students to provide the kind of proof that the best employers expect.

Meningitis Notice
Meningitis is the inflammation of the lining around the brain and spinal cord and is caused by bacteria or a virus. This extremely serious illness can be deadly and appears in several different forms including spinal, bacterial, viral, and fungal meningitis.
Preventative vaccines are available. Contact your healthcare provider for additional information or visit [www.cdc.gov/meningitis](http://www.cdc.gov/meningitis).

GSU Drug and Alcohol Policy
Governors State University students must adhere to the university’s Drug and Alcohol Abuse/Drug-Free Schools and Communities Act. Copies of the act are included in the Student Handbook, available from the Information Booth in the Hall of Governors.
Counselors in the Academic Resource Center provide referrals for students needing assistance with drug and/or alcohol issues. The Academic Resource Center is located in Room B1215 and can be reached at 708.235.2228.
Crossword & Sudoku: solutions on page 7

Across
1. Intense adverse criticism
5. Skewer
9. Stitches
13. Racing sled
14. Overwhelming fear and anxiety
16. Ellipse
17. Assist in wrongdoing
19. Assuage
20. Trials
22. Trader
24. Record of events on a voyage
26. Story
27. Incantations
30. Conundrum
35. Actor's prompt
36. Dig
39. Worthless material
40. Deficiency
42. Mythological water nymph
44. Stable gear joining two draft animals
45. Be of use to
47. Virtue
49. Annoy
50. Relating to the mind
52. Not moving as quickly
54. Taxis
57. Prevarication
58. Preside over
62. Young animals
66. Mature
67. Pal
69. Stolen goods
70. Orchard
71. Vast multitude
73. Group of three musicians

Down
1. Musical notation
2. Part of the ear
3. Historic periods
4. Large hemispherical drum
5. Health resort
6. Part of the hand
7. Recess
8. Jewelled headdress
9. Soft drink
10. Tied
11. Have need of
12. Cuning
13. Oscillation
14. Exchanged for money
15. Chickens
16. Narrow secluded valley
17. Smooth in manner
18. Smooth brown oval nut
19. Close violently
20. Frozen
21. Orchard
22. Manufacturer
23. Peak
24. Stable gear joining two draft animals
25. Marine mollusk
26. Compete for something
27. Corn spikes
28. Tools for a specified purpose
29. Aromatic herb
30. Decorative fabric
31. Work hard
32. Nobleman
33. Keep aside for future use
34. Morass
35. Opaque gem
36. Small wooded hollow
37. Concludes
38. To a greater extent
39. Painful sore
40. Halt
41. Halt
42. Up to the present time
43. Gulfstream
44. Civil Service Town Hall Meeting With President Malmon
45. To advertise in the Phoenix, please call 708-534-3068, or e-mail at phoenixad@govst.edu