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GSU View

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## News and Events

### **Commencement Approaching - Submit Your Forms**

As Spring 2011 Commencement week nears, participants need to order regalia for the Commencement and Doctoral Hooding ceremonies. Faculty, professional staff, and administrators need to submit participation and regalia order forms by Friday, April 8.

Commencement will take place Saturday, June 4, at 11 a.m. at the Tinley Park Convention Center. The Doctoral Hooding ceremony is slated for Thursday, June 2, at 6:30 p.m. in GSU's Center for the Performing Arts.

Faculty, professional staff and administrators play an important role in the success of our graduates, and a successful Commencement. All are invited and welcomed to participate in Commencement Week activities. GSU will provide academic attire for faculty, professional staff and administrators who do not have their own cap, gown, and hood.

A Regalia Order Form is attached for use by those of you who did not previously submit one. If you are not sure of your height or cap size, contact Karen Caesar-Smith, Commencement Coordinator, at 708.534.6360 to make an appointment to be measured.

Please complete the [Participation Form](#) and if needed, the [Regalia Order Form](#), electronically or hard copy, and submit to the Advancement Office, Room G325, by Friday, April 8 to ensure timely shipping and delivery from Oak Hall Cap and Gowns, Inc.

If you are participating in the Doctoral Hooding ceremony, regalia attire will be available for pickup in the Center for Performing Arts. If you are participating in Commencement, regalia attire will be available for pickup at the Tinley Park Convention Center on the day of the ceremony. Specific robing rooms for faculty, professional staff, and administrators at both events will be announced at a later date.

Participating faculty, professional staff and administrators will be given one ticket for a guest, if requested.

### **Eat Healthy at GSU Cafeteria**

GSU Dining Services is introducing more options that fit in with healthy lifestyles for busy people.

Starting next week, the Cafeteria will include nutritional information on most entrees. Nutritional information will list calories, calories from fat, total fat and saturated fat, cholesterol, sodium, carbohydrates, dietary fiber, and protein. Labels for all Grab and Go items will also list pricing, calories, fat, and other nutritional information.

Dining Services is introducing new healthy options entrees that change daily to keep customers fit and satisfied.

New signage will alert diners to foods that are heart healthy or vegetarian/vegan items. Foods with a heart-

shaped icon will indicate that they meet the American Heart Association's guidelines for fat intake, with less than 30 percent of overall calories coming from fat. An icon with a V-shaped symbol on a yellow background will indicate a vegetarian or vegan item, or that it can be "Made Fresh for You."

New "Fresh for You" items are being added to the menu: pad thai, piping hot pitas, sizzling salads, and new twists on old favorites like pesto and sun-dried tomatoes at the macaroni and cheese station.

In the coming weeks, Dining Services plans to expand its menu on special occasions with recipes from the guest chefs and GSU staff.

## **Spring Commencement Student Speaker**

Recognize a worthy, exemplary, soon-to-be graduating student! Nominations are now being accepted for the Student Speaker for the Spring Commencement ceremony, to be held on Saturday, June 4.

Nomination forms are available at the [Student Life website](#). Both nomination forms must be completed and sent to [Sheree Sanderson](#) no later than Friday, April 15. Students must be available for an interview on April 29, from noon to 5 p.m.

## **39 Steps of Thrills and Laughter**

GSU's Center for Performing Arts is offering a special deal for Saturday's one-night-only performance of *Alfred Hitchcock's The 39 Steps*.

Buy one, get one free tickets for the Tony Award-winning play will be available from 10 a.m. Friday, March 25 to 7 p.m. Saturday, March 26. You can visit The Center's box office or call 708.235.2222 to take advantage of the offer.

This play, presented at 8 p.m. Saturday, is a comic, suspenseful retelling of Hitchcock's classic film *The 39 Steps*. The play is sponsored by First Midwest Bank.

Hitchcock's film version of *The 39 Steps* will be shown at a free screening – complete with popcorn – on Friday, March 25, at 7 p.m., in Hall of Honors. Following the film, a panel will discuss the film's comedic and thrilling aspects, and the hidden meanings in Hitchcock's work. Admission is free, but call the box office for reservations.

Panelists include GSU Assistant Professor Rosemary Johnson, GSU instructor Tinker Parker, and The Center for Performing Arts Director Burt Dikelsky. This event is sponsored by the GSU Intellectual Life Committee.

## **Register Today for Summer Classes**

Registration for summer session is open through May 28. Classes begin on May 23 and end on August 7. Applications for admission are currently being accepted.

Students may take classes during the shorter summer term at convenient times to fit busy schedules. Classes are generally offered Monday through Thursday leaving the long weekend open for summertime activities. A full range of courses at both the undergraduate and graduate levels is scheduled.

GSU's summer term is ideal for student continuing a GSU degree program. It is also the perfect time for students attending other universities to take classes and fill requirements while they are home for the summer.

For more information, call 708.534.4490 or visit the GSU [registration](#) website.



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